THE OXFORD PAPER

Thursday, March 2, 2017 No.29 theoxfordpaper.co.uk 40p

7 day TV guide

NEWS Hol... lot of misery for village

WIN a family ticket LEGOLAND WINDSOR RESORT

LEISURE Page 34

Weekly leisure guide for in & around Oxford

Young achievers honoured

These Oxfordshire youngsters had plenty to smile about after their contributions to life in the county were rewarded – see pages 14&15

COUNCILS SPLIT OVER PLAN TO BECOME ONE

County, Vale and South in favour vs City, Cherwell and West against

Eva Astremidou & Samantha McGregor, *Reporters*

COUNCILS opposed to a single unitary authority have launched petitions and are requesting a meeting with the Secretary of State further emphasising the division between Oxfordshire authorities and the plans to merge into one 'super council'.

In a series of developments since the launch of proposals in January, petitions and a war of words have broken out, with Oxfordshire County Council winning the backing of South Oxfordshire District Council and Vale of the White Horse District Council, while Cherwell, Oxford City and West Oxfordshire councils strongly oppose the move to one unitary authority.

On Tuesday, Cherwell announced that the leaders of the council along with Oxford City and West Oxfordshire District councils have written to Sajid Javid, Secretary of State for Communities and Local Government to request a meeting to discuss the opposition to the One Oxfordshire proposals.

Cherwell's petition is urging residents to "make their voices heard," garnering support from people across Banbury, Bicester, Kidlington and surrounding villages.

Barry Wood, leader of Cherwell District Council, said: "Cherwell is a strong and financially sound council

Continues on page 2

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THE OXFORD PAPER

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Letters to The Editor
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Regional Weather

THURSDAY Winds slowly easing with further showers possible and some bright or sunny spells Increasingly cloudy later in the day, with rain in some places Maximum Temperature 11 °C

OUTLOOK FOR FRIDAY TO SUNDAY Friday and the weekend will generally be cloudy, and remaining unsettled with spells of rain and showers, perhaps heavy at times Temperatures close to average

WEEKEND SUMMARY

FRIDAY	SATURDAY	SUNDAY
DAY 9°C NIGHT 6°C	DAY 9°C NIGHT 4°C	DAY 9°C NIGHT 3°C

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Police leave site of explosion at flats at Osney

POLICE officers have left the explosion scene in west Oxford after completing on site investigations

Thames Valley Police confirmed on Thursday last week that it had completed its work at Gibbs Crescent as investigations move away from the site of destruction where a three storey block of flats was flattened.

At around 4 45pm on February 14, emergency services were called to Gibbs Crescent, following an explosion and fire.

Following the Valentine s Day blast, a multi agency operation was launched to make the area safe and to carry out investigation work.

A post mortem examination into human remains found in the rubble of the collapsed block of flats has proved inconclusive police have said.

Emergency crews have scoured the rubble near the marina and the remains are believed to be that of 'missing' man Guido Schuette.

The force issued a public appeal for the 48 year old, who officially remains missing on February 9

Mr Schuette s family has been informed and are continuing to be offered support from officers

Thames Valley Police neighbourhood officers have been patrolling Gibbs Crescent to offer support to residents

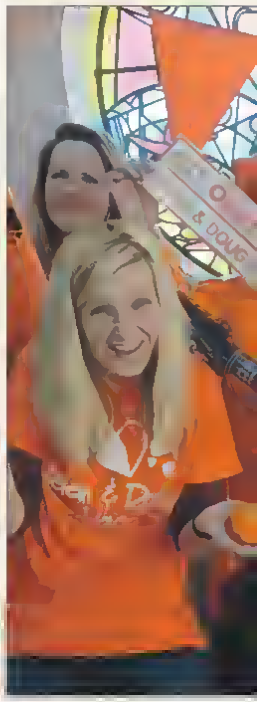
The force last week launched a recovery co-ordination group which will be headed up by Oxford City Council and the site has been handed over to Oxford City Council and housing association A2Dominion.

A2Dominion has a site office and support officers to assist residents who have remained at Gibbs Crescent, and ongoing support is being given by A2D to those who have been displaced by this incident.

Tim Sadler city council's executive director for community services who is chairing the recovery co-ordination group, said, "The group will include representatives from the police A2D social care, the NHS and other agencies if and when necessary

"Its role is to oversee and co-ordinate the return of the area to a state of normality as quickly and safely as possible, and to coordinate responses to the needs of residents who have been affected by the emergency"

The explosion on February 14
Picture *Alexander Hammonds*



Councils split over unitary plan

Continued from front page

which has protected all frontline services without increasing its share of council tax for the past eight years

"The decision on the future of Cherwell should be made by people in Cherwell and if they are opposed to this model they need to make their voices known now by signing this petition."

Scores of residents and local councillors had signed the petition just hours after it was set up

Oxford City Council have also launched a petition called 'Hands off Oxford City' which has collected more than 5 700 signatures

On Tuesday Bob Price, leader of Oxford City, said, "There have been thousands of positive messages about the city council and its services.

"It is heartening that so many residents agree that a unitary county council would be hugely damaging to the city – Oxford would no longer be governing itself and would no longer be able to control its future and set its own priorities"

James Mills leader of West Oxfordshire District Council, said, "The One Oxfordshire proposal may sound attractive on the surface, but digging a little deeper we soon see the adverse impacts it will have on our residents and how it is likely to change our district."

South Oxfordshire and Vale of White Horse councils put in a bid in support of the plans in early February Their statement said "Having looked at all the evidence, we are convinced that a single unitary council for Oxfordshire provides the best prospect for maintaining high quality services and securing badly needed investment in infrastructure."

Oxfordshire County Council claim £400,000 a week is spent running the six councils

A spokesman said, "Our One Oxfordshire proposal would save £100m over five years That s £400 000 a week that's being wasted on running six councils when having one council would be a simpler better way to provide and fund frontline services."

Oxfordshire County Council was criticised last week after the council confirmed it had hired Welsh social research company Opinion Research Services to the tune of £50 000 to canvass residents

The county council said the survey is necessary "to reach out to and listen to the views of people who will be directly affected, not just campaigners"

A formal consultation is expected to take place if the Government backs the unitary authority plan.

Council leaders – James Mills of West Oxfordshire Barry Wood of Cherwell, Bob Price of City - are all opposed to the plan
Picture: *Cherwell District Council*

Brighten up March with a splash of ORANGE

HELP Oxfordshire go orange this month and raise funds for Helen & Douglas House

The charity which helps terminally ill young people and their families, is asking individuals, groups, schools, colleges and businesses from across the county to Go Orange #hdhorange and to do something fun and eye-catching to raise vital funds for the charity

It could be anything from orange dress-down days to hair dying, orange-themed suppers and decorated cupcakes the more imaginative bigger and brighter the idea the better!

Currently 50 small to medium businesses are getting behind Go Orange including businesses in Magdalen Road where the hospice is located

For more information about the charity and Go Orange visit hdh.org.uk or email fundraising@helenanddouglas.org.uk or call 01865 799150

To donate £5 Text Jack to 70500 and help young people and their families

Bus drivers to strike for 2 days

OXFORD Bus company has announced two days of strike action after disputes over Christmas pay

The company said that passengers are likely to face significant disruption to their travel today and Monday as a result of industrial action by Unite, but say they will make every effort to minimise inconvenience and continue to seek a swift resolution.

Unite has called its members out on strike in a dispute over pay arrangements for drivers over the Christmas 2016 period.

Some of the services that will either be highly restricted or cancelled include the city2, city3, city4B, the airline (only affecting the route to Birmingham airport) and park&ride500. Stagecoach will operate equivalent services for most of the routes affected.

School services 3B and 35A will operate as normal.

The bus company have said that in line with industry standards, drivers were paid premium rates for three bank holidays over the Christmas and New Year period.

Unite, however, has asked for bank holiday pay over five days.

Average salary for drivers range from yearly earnings of £29,000 within the city and £34,000 on long distance routes.

Oxford Bus Company have said that the demand for two extra bank holidays pay would be likely to mean an increase in fares for its passengers.

Passengers are advised to check the website oxfordbus.co.uk for details of routes affected and timetables.

Man dies after fire in shed

A MAN has died after a fire at a Henley workshop.

The incident happened on Monday afternoon when the 43-year-old man was trapped in a building off Gravel Hill.

A 39 year-old woman who was also trapped and suffered serious burns was taken to Stoke Mandeville Hospital in Aylesbury for treatment. She is in a stable condition.

A spokesman for South Central Ambulance Service said, "We sent an ambulance and air ambulance to the scene and two of our officers went in rapid response vehicles.

"Unfortunately for the patient inside the outbuilding, nothing could be done."

Thames Valley Police said the death is currently being treated as unexplained.

Motorcyclist injured in crash

A 25 YEAR OLD motorcyclist has been taken to hospital after a collision with a van on the A417.

The incident took place on Tuesday morning just before 9am at Faringdon Road, Stamford in the Vale, where the man was found sustaining life threatening injuries.

South Central Ambulance Service was called just after 8.35am to a reported collision and sent an ambulance and two officers in a rapid response vehicle.

The man was taken to the major trauma unit at John Radcliffe Hospital.

Call 101 if you have any information.

Crash driver's sorrow at causing man's death

Adam Flinn, Reporter

"I'VE ruined a lot of people's lives happiness and I deserve everything I get whatever comes now."

Those are the words of Lewis Stratford, who is due to be sentenced tomorrow for causing the death of 28 year-old Gavin Roberts by dangerous driving after a crash near Compton on the A34 last June.

He was speaking to Mr Roberts' girlfriend Meg Williamson in a meeting between the two broadcast on the BBC's Inside Out programme on Monday evening.

Miss Williamson arranged the meeting to "get some questions answered" about what happened on June 11 last year.

Stratford of Field Avenue, Oxford, said during the exchange: "I know I caused a lot of pain for a lot of people, I know what I've done.

"I am sorry but I can't keep saying sorry because I know people don't want to hear it. Sorry's not going to make things better, ever."

Talking about the crash, Stratford, 24, said: "[My girlfriend] was on the phone as the crash happened and she just said she heard screaming and brakes screeching and obviously the impact was quite loud.

"He (Mr Roberts) was just minding his own business that night and that's what I think about all the time. He was just going to work, it makes me feel horrible."

Mr Roberts, an Australian who was living in Swindon, died four days after the crash.

Stratford appeared at Reading Crown Court on January 24 charged with causing death by dangerous driving, to which he pleaded guilty.

During the meeting, Stratford said he had been making an emotional call to his girlfriend at the time of the crash.

Miss Williamson said: "You start to feel that life feels normal, then you feel guilty because you're still here, and I've been suffering really badly with my anxiety.

'Getting onto that road is really difficult but I have sisters who travel on it, friends that travel on it every single day so it probably adds to my worry.

"I'm more conscious when I'm driving when I see other drivers on the road now, and if they're on their phone, I just think that they don't realise, and a lot of people just don't care because they don't think it's going to happen to them.

"I don't want to hate you forever, I'm not that type of person and eventually I'll probably be able to forgive you, but I just needed some questions answering first."

It comes after a change in the law that took effect yesterday which sees the punishment for being caught driving while using a mobile phone increase to six penalty points and a £200 fine.

This is double the current fixed penalty of a £100 fine and three points.

The crash was one of a number of high-profile incidents on the A34 over the past year that included the deaths of four people in August caused by a driver who was distracted by his phone. He was jailed for 10 years in October.

MPs debated improving safety on the A34 in Parliament in October, leading to measures being announced such as CCTV cameras, electronic signs, and vehicle detection loops that detect traffic levels.

The full interview is available to watch on Inside Out South on BBC iPlayer.

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NEWS

Centre's work to be celebrated

ABINGDON An event to celebrate the work of the South Abingdon Children s Centre is being held later this month.

The event at Caldecott Chase on Saturday March 18 from 1pm to 3pm will reflect on all that the centre has achieved, beginning as a family centre before controversially being taken over by PACT in 2006

Just recently the centre has been faced with the threat of closure after funding was cut by Oxfordshire County Council.

However earlier this month Abingdon Town Council pledged to provide £30 000 a year to the centre for the next three years

The town council originally turned down the proposal to support the centre with a £60 000 a year grant but recently performed a U-turn.

The children's centre has provided support for families and children over the last decade.

As well as providing family services it has also been used for resident and community group meetings

Museum fans needed to help

WANTAGE Friends of the Vale & Downland Museum and Visitor Centre is looking for people to join their group

The Friends organise events to raise funds for the museum that go towards research and design of new museum displays and exhibitions, the purchase of important artefacts and equipment to help maintain the museum.

Friends get to learn more about the local area, make new friends, buy discounted tickets for trips and events and have the chance to access photographic and library collections for research

An annual subscription is £6.50 for individuals and £10 for families.

Visit friendsofthevdm.org.uk.

Join DIY for dummies

WANTAGE: The Mix is holding sessions for DIY beginners

The sessions will be held on March 23, March 30 and April 6 from 6pm to 9pm.

It is £80 per person to join, but there are part funded places at £30 thanks to support from Skills Funding Agency Abingdon & Witney College, and the European Union structural and investment funds

Pre-booking is essential. To book your place contact Jo on 07768 767737 or email joharvey100@gmail.com.

Apprentice tips for businesses

DIDCOT Milton Park will be holding an event to help businesses understand the benefit of apprenticeships

As part of National Apprenticeship week, the Vale4Business team will be co-hosting a free event to answer any questions surrounding the process of taking on apprentices.

The Making Sense of Apprenticeships will be held at Milton Park's Innovation Centre on March 7 between 8.30am and 10am

To register visit making-sense-of apprenticeships eventbrite.co uk.

Take pictures of potholes to speed up the repair process

Candidate's advice to villagers

Eva Astreinidou Reporter

A CANDIDATE hoping to earn votes for the county council seat in May is vowing to carry out a six-point plan that includes improving the system around reporting and fixing potholes.

Liam Walker, the Conservative county council candidate for Minster and Hanborough, visited Church Hanborough on Saturday to discuss potholes and raise awareness about how to report a problem and prevent any further damage in good time

He spoke to residents about the app called 'Fix My Street' where users can report the potholes

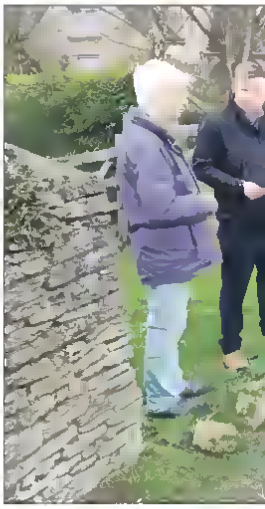
He said after the potholes are reported, they are marked white to represent lower priority and red to mark them as high priority

Walking around country lanes in the area, it was evident that potholes forming and causing potential damage was a major concern for the group

Rosemary Lewis, a nearby resident who got in touch with Mr Walker to discuss the problem of potholes and arrange the meeting, said: "These small lanes around the village unfortunately become low priority, a double carriageway would be higher up on the priority list."

Pat Atweo, one of the residents who joined the meeting, pointed out a sizeable pothole outside her house She said: "I am getting worried that it is going to collapse and we will be stuck at home."

Anthony Thompson, another resident, said: "I am not fussed about the cars but I am more worried about the cyclists. Hitting your suspension is one thing, coming off your bike is another. As a cyclist, we have to look forward, not down."



His wife Sally said: "Potholes appear overnight and so we can't predict it. I have hit some of them though and thought 'I don't like the sound of that'."

She added: "As more people come to live here the more cars and the more traffic we get. Also modern cars are heavier and bigger. We also have a lot of delivery cars that come through as their sat navs take them through these country lanes."

Mr Walker encouraged the group to take pictures and upload them—he

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High Street rat run fears if homes built

A GROUP campaigning against the controversial plan to build 3 000 houses on an airfield is warning a vital bypass would become obsolete if the controversial plans were to go ahead.

Chalgrove Airfield Action Group is warning that as part of the South Oxfordshire District Council (SODC) proposals for a new strategic town, the existing B480 would be turned into a cycle path, diverting all traffic through the centre of the new town.

The plans which have been formed in partnership with the Homes and Communities Agency (HCA) and consultants GVA Bilfinger and Paul Murraun Ltd, reveal that the bypass would be replaced.

The existing B480 carries around 600 cars per hour at peak times and it is estimated by the consultants that another 1 400 car movements will take place between 8pm and 9pm once the new town is built, meaning that up to 2 000 cars per hour including HGVs, vans, school buses and cyclists will be travelling through a town centre.

The group said: "Residents fear that Chalgrove High Street will become a new rat run to avoid inevitable congestion."

The group also said that the HCA plan to fund bypasses with public money for some of the larger surrounding villages but have no clear plans for dealing with areas such as Cuxham

The group added: "We believe that the location of the airfield is incompatible with the location of a new town, due to the very limited road infrastructure and poor public transport links. Vast sums of public money would need to be diverted to make this location sustainable."

David Turner, a member of the SODC planning committee, said the changes "wouldn't be very kind to the people living there."

A spokesperson for South Oxfordshire District Council said: "We will be consulting on the development at the end of the month. An important part of this consultation will be the appropriate infrastructure."

Celebrate international women's day

EVENTS are being held at Oxford University to mark International Women's day next week.

A range of exhibitions will celebrate gender equality starting on Wednesday with "How Far Have We Come?", a roundtable discussion which will include media mogul, Rupert Murdoch on the panel.

The humanities division is also getting involved and will stage two exhibitions, which will focus on women in the university while Somerville College Library will look at the work and connections of philosophers Philipa Foot and Iris Murdoch.

It will also showcase publications by women faculty members in philosophy

The Museum of History of Science will host a celebration of chemistry Nobel Prize winner Dorothy Crowfoot Hodgkin.

The museum has also teamed up with Oxford Neuroscience to present an exhibition about the brain.

Diary of events

Gender Equality at Oxford: How Far Have We Come— Wednesday, March 8, 5 30pm-6.45pm, Oxford Martin School

Exhibition Women in the Bureaucracies—Wednesday March 8—Friday March 10, Lobby of the Radcliffe Humanities building

Crystal, Careers, Penicillin—Thursday March 9, 7pm, Museum of History of Science

Oxford International Women's Festival. Brain Spotlight—Friday March 10 2 30pm-3 30pm, Museum of Natural History

said. "It's as simple as that. If you take a photo it speeds up to the process and helps the county council track progress of the roads."

He added that if a pothole is reported, it should hopefully take up to four weeks to fix, depending on the level of priority.

In December the Department for Transport (DfT) announced a £70m fund to fix potholes across the country and revealed Oxfordshire would benefit from £1 315 000 – enough to fix almost 25 000 potholes.

"The potholes appear overnight and so we can't predict them. I have hit some of them and thought I don't like the sound of that"

Villager Sally Thompson

At the time, West Oxfordshire District councillor for Witney, Duncan Enright, said the provision is not enough.

In response to being told the figure, the Labour candidate in Witney's October by-election said: "Is that all – [that] doesn't sound like enough."

He added: "It is important that people keep reporting pot holes and remind councillors to do their duty."

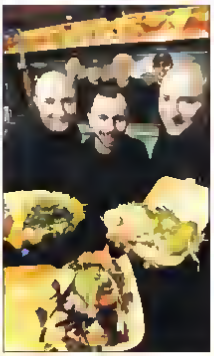
Van-tastic kebab named the best

THAME-BASED Atalay Kebab has beaten the competition to win a top prize at the British Kebab Awards on Sunday.

The event hosted at a swanky ceremony in London awarded Turkish-born Russel Atalay with the prestigious Kebab Van of the Year.

The High Street van was founded by Russel in 1988 with the business now being run by his two sons and was nominated by fast food enthusiast Dom Stanway-Williams, who decided to travel around the world in search for a taste better than his hometown doner kebab.

After being nominated the van received huge praise from users of the Kebab Awards website who were blown away by Atalay's lamb kebab.



Paedophile found with 360,000 child images

George Scotland *Reporter*

A PAEDOPHILE has been jailed after he was found with more than 360 000 images of child pornography on his computer.

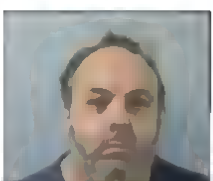
Adrian Sinnott, 51, of Lake Street, Oxford was sentenced on Thursday last week to 16 months imprisonment for making illegal images of children and 12 months for prohibited images and extreme images totalling two years and four months in jail.

He had previously pleaded guilty at a magistrates hearing on January 5 to making indecent images of children, possessing extreme porn images and distributing pictures of children.

Officers attended Sinnott's property at 6.35am on December 3, 2015 to execute a search warrant.

He was arrested later that morning.

Police seized a number of items including his computer and upon forensic examination these items were found to contain indecent images and videos of children.



Adrian Sinnott has been jailed

More than 360 000 child images were found on Sinnott's computer including 316 000 Category C type images, as well as 22 388 Category A type and 22 123 Category B type.

There were also 46 images of extreme pornography.

It is believed that the number of images overall exceeded a million.

The offences took place between August 27, 2011 and December 3, 2015.

Investigating officer Detective Constable Jeffrey Wheble from the Paedophile Online Investigation Team, said: "I am pleased with this conviction.

"We never lose sight of the fact that each individual image depicts a child being abused.

"Looking for the image, storing it and sharing it is part of the abuse of these children."

He added: "Our messages to those people engaged in this activity is simple – we will trace you and bring you to justice."

Man arrested after armed robbery at petrol station

A 26-YEAR-OLD man has been arrested in connection with a robbery in Yarnton.

The offender armed with a revolver-style gun, walked into a Budgens store and petrol station on the A44 at 11pm on February 13, demanding money from members of staff.

The cash was put in a drawstring bag which the offender took and then left on foot. No one was hurt during the robbery. The man has been released on police bail until March 30.

THE HOLLY BUSH

WEEKDAY LUNCH SET MENU

2 COURSES £12.50 3 COURSES £15.50

STARTERS

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Duck Liver Parfait
Fig & Apple Chutney, Radish & Watercress Salad, Toast GF

Scottish Smoked Salmon
Homemade Irish Soda Bread & Butter, Watercress & Radish Salad GF

MAINS

Confit Merryfield Duck Leg
Braised Red cabbage & Mash

Salt Baked Beetroot & Stilton Risotto V GF

Aubrey Allan Onglet Steak
Skin on Fries, Radish & Watercress Salad, Garlic Butter GF
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Fish & Chips
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DESSERTS

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Montgomery Cheddar, Chutney & Crackers GF

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Syrian families to be offered help to settle in Cherwell

Samantha McGregor
Reporter

COMMUNITY groups across Cherwell are being urged to help settle Syrian families in the district.

Cherwell District Council will host a community group meeting on Wednesday March 15, at its Bodicote headquarters as part of the Government's Vulnerable Persons Relocation Scheme.

Anyone with an interest in helping families fleeing the civil war is invited to attend.

It comes as the council launched an appeal for private landlords to offer accommodation for six families.

This is part of a wider national programme to offer sanctuary to 20,000 refugees from camps in Jordan, Lebanon, Turkey, Egypt and Iraq.

Hundreds of thousands of people have been killed since the conflict started in 2011.

Cllr John Donaldson, lead member for housing, said: "The plight of the families fleeing the Syrian civil war has moved a great many of us in the district.

"We are now inviting local people to come and talk to us about how they may be able to help these families to settle in successfully.

"We are working hard with private sector landlords to find homes for the refugees, but as well as bricks and mortar, the families will need to feel welcomed into the community.

"Part of this can be achieved through the support with language translation and settling in that will be provided as part of the Government's package of support.

"But we are also very keen to establish strong links with the local community to make the refugees' lives in Cherwell as fulfilling as possible.

"I invite anyone with an interest in helping welcome Syrian families to Cherwell to attend this meeting and to discuss how we can work together to welcome them."

A meeting will be held at Cherwell District Council's offices at Bodicote House on March 15

Cherwell's pledge to accept six families during this timeframe will see the first arrivals in the coming months, once suitable accommodation is identified.

The resettlement programme is funded by the Home Office for a five-year period.

The community group meeting will be held in the council chamber at 6pm on Wednesday March 15 at Bodicote House, Bodicote, Banbury.

There will be a series of short presentations from 6pm and council officers will remain in the council chamber until 7pm to answer questions.

For more information and to pledge support, email James.Tay@cherwellandsouthnorthants.gov.uk.

Details needed to discuss Horton plan

HEALTHWATCH Oxfordshire is calling for the draft plan for Horton General to be made public, after initial proposals for changes to the hospital were dismissed for lacking information and long-term planning.

On Monday the organisation asked the Oxfordshire Clinical Commissioning Group (OCCG) and Oxford University Hospitals NHS Foundation Trust to publish detailed draft plans for the future of the Horton Hospital in Banbury to be made public.

Healthwatch Oxfordshire says that ongoing consultation should be postponed if the authorities decline to publish the plans.

The move follows the announcement on February 21 by Oxfordshire County Council's cabinet that it could not support the sustainability and Transformation plan (STP) drawn up by the OCCG.

Rosalind Pearce, executive director of Healthwatch Oxfordshire, said: "We do not believe you can have a meaningful consultation on proposed changes at Banbury General Hospital until the detail is known, so that people can consider all of the options available.

"Those who use the Banbury hospital feel strongly that the proposals published so far are too generalised."

Healthwatch Oxfordshire has voiced concerns at the consultation being conducted in two parts, and believes that people should have the full proposals concerning changes to the county's health services available to them in order for the consultation process to be meaningful.

The updated version of the OCCG proposals is due to be presented to the County Council on 21 March to gather further comment.

Man missing for two weeks

BANBURY Police are asking for help in tracing a man who has been missing for two weeks.

Keith Michael Jervis, 53, was last seen on February 16 at the caravan park, Corner Meadow Farnborough Road, near Banbury.

Keith is described as white, 5ft 6ins tall and of medium build with brown hair.

Keith was last seen leaving the caravan park in a Silver Toyota Hilux index BJ65 EFT.

The car has now been located at a local retail park, with his two mobile phones inside the vehicle.

The police believe he visited Newport Pagnell Services on Wednesday last week as money was withdrawn from his bank account.

Det Sgt Mark Personius leading the search said: "We urge anyone who knows where he might be to contact us as a matter of urgency."

Please call 101 if you can help.

The group of squatters and their supporters moved out of the derelict garage in Iffley Road into the old power station at Osney – but have now been told they must move again as the building is deemed unsafe

Squatters told to move out of unsafe old power station

Eva Astreinidour *Reporter*

A GROUP of about 20 squatters have had to temporarily move from an empty Oxford University building onto another unused property and are asking for help in finding another safe place to stay before they are evicted.

The group of rough sleepers, who go by the name Iffley Open House, entered a derelict Volkswagen garage in Iffley Road to take shelter on New Year's Eve but left the site on Sunday after receiving a final eviction notice from Wadham College, which is looking to build student accommodation there.

The group of about 20 took up residence in the old power station at Osney, which is now owned by the Oxford University's Said Business School, at around 4pm on Sunday.

The building has stood empty for about seven years.

The group posted on their Facebook group on Monday saying, "This is only a temporary solution to our problem, and we will still need your support and suggestions in order to find another space in which we can stay in for a longer period of time.

"We have a shining recommendation from Wadham College, who will happily tell potential landlords about our spotless reputation as occupants."

The group has said it will operate a strict no drugs and no alcohol policy.

On Friday, Wadham College released a statement that said, "Over the last two months, Iffley Open House has looked after the interests of this vulnerable homeless group and we have been happy to assist by letting them shelter for several weeks at the Iffley Road site.

"However, we have made it clear from the start of the occupation that we would need the premises back by the end of February. We therefore welcome Open House's renewed commitment to depart from the site, so that we can commence the pre-demolition process and contractors can gain entry to the site.

"We continue to be in dialogue with Iffley Open House representatives, members of the local council and local housing charities to encourage their attempts to find alternative accommodation for this homeless group."

Stephen Rouse, a media spokesperson for the university, said a possession order for the old power station will have to be issued out of concern for the safety of the squatters.

He said, "The old power station is used to store more than 140,000 items from the collections of the Museum of the History of Science and the Pitt Rivers Museum, and a project team has been working on these collections in a separate part of the building.

"For some time, we have prevented our staff from entering the part of the building which has been occupied by Iffley Open House because of a number of safety concerns, including the risk of falling masonry.

"We will therefore be seeking an interim possession order as soon as possible, out of concern for the safety of the members of Iffley Open House. We are very sympathetic to the plight of these homeless people and we will continue to speak to their representatives about how to resolve the situation."

Iffley Open House has now launched a petition to ensure Said Business school allow them to stay out the winter.

It was believed that a court ruling allowing the squatters to stay in the Iffley Road premises until April had gone through in January.

"We are very sympathetic to the plight of these homeless people"

Stephen Rouse

Sex assault: e-fit released

AN E FIT image has been released after a woman was sexually assaulted in Bicester two weeks ago.

Police would like to speak to a man who matches the description of the e-fit in connection with the sexual assault.

The incident took place at around 8.50pm on Thursday February 16 when a woman in her 30s was walking in Chapel Street when she saw a man approaching her from the opposite direction.

The man then spoke to the victim and sexually assaulted her before running away in the direction of Priory Road.

Banbury CID are appealing to anyone who recognises the man depicted in the e-fit or who might have any further information.

Detective Ruth Ivins of Banbury CID said: "Specially trained officers are continuing to offer their support to the victim and detectives are working to locate the offender."

Anyone with details about the incident should call 101 or contact Crimestoppers anonymously on 0800 555111.

Man found perching at top of tower crane

A MAN had to be taken to safety after he was found straddling the top of a tower crane in the early hours of Sunday morning.

Thames Valley Police were alerted to the bizarre incident after a member of the public reported seeing a white beam of a flashlight from a crane located on a building site in on Banbury Road, Summertown at around 4.15am.

Oxfordshire Fire and Rescue Service along with a specialist rope rescue team were immediately deployed to the building site.

When they arrived it was not evident whether a person was actually on top of the crane.

A police helicopter attended and used equipment that identified the heat source as a person at the top of the crane.

The man was able to lower the crane by himself and was able to get down safely.

His intentions are not yet known.

Station manager Darren Hookway of Rewley Road and Slade Park Fire Stations who attended the incident, praised the work of the emergency services working closely together as a multi agency team "to ensure a seamless response" to what he described as what could have been a "potentially very complex incident".

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Business park grows with flourish of new office space enquiries

George Welch Reporter

AN EXPANDING business park in south Oxfordshire is enjoying a surge of business as major refurbishments at the park continue

Approaching the end of a painstaking year of refurbishment works the management team at Boston House, a serviced office on Grove Business Park, have welcomed increased interest in their facilities.

After welcoming two new clients and receiving five new enquiries for office space inside the last couple of weeks general manager Peter Mols said "It seems that word of what we are offering here at Grove is spreading."

Boston House is at the end of the second phase of a multi-million-pound refurbishment.

Over half of the building is now complete and refurbishments include new doors windows electrics heating, carpets, comms room, communal spaces, reception and brand new furniture.

Mr Mols said: "Essentially we have a new building inside an existing shell.

"It may have been more cost effective to knock the building down and start again, however we wanted to keep the disruption to clients to a minimum.

"Whilst it's not always been easy fortunately for us, almost all have stuck with us."

Long term client Maya Eadie of Pearcemayfield, said she is "delighted" with the renovation work.

She said. "There's obviously been some disruption whilst the works have progressed however the team on site have done all they could to ensure that any disruption was kept to an absolute minimum.

"I'm not surprised that people are now talking about Boston House in a good way."

Of the new clients to move to the park recently Ian Graney, CEO of NTL Biologica, said. "It's a very exciting time for NTL Biologica, and our decision to base our worldwide headquarters at Grove Business Park was definitely the right one

"We visited several business parks in Oxfordshire and Berkshire before making our decision to locate in Grove.

"Overall, we found the quality of offices on offer at Grove to be perfect for our needs The Park represents good value and was the best that we visited."

Another new tenant Helen Goddard, of Goddard & Grant, said she was impressed by the park's "more modern and accommodating feel"

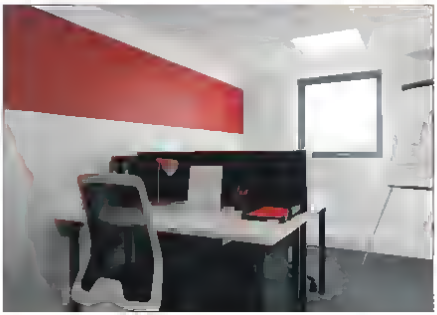
Grove Business Park is set in 32 acres of land, and offers office laboratory warehousing and storage spaces as well as new build opportunities

The park was given planning permission in December to breathe new life into the site by demolishing seven buildings and building eight new ones and a 75-space car park.

Workers are currently on site digging test pits and spades are expected in the ground soon.

The park's owners are also in discussions with a national nursery operator which could open an 80 place nursery and crèche on the site

Mr Mols said: "We're exceptionally proud of what we are creating here at Grove In my opinion, we offer some of the best looking offices within a 30-mile radius



Genaral managar Peter Mols welcomes Ian Graney, CEO of NTL Biologica to tha park

"We're exceptionally proud of what we are creating here at Grove In my opinion, we offer some of the best looking offices within a 30-mile radius"

Grove Business Park general manager Peter Mols

Landlord punished for poorly managed HMO

AN OXFORD landlord has been served with a large bill after being caught running an unlicensed and poorly managed HMO

Asad Shazad, 37 of Cross Street, was ordered to pay £21 695 for renting out the unlicensed and poorly maintained house in multiple occupation (HMO) when he appeared before Oxford Magistrates Court on Tuesday last week.

He was fined £20,000 and forced to pay council costs of £1,695

An environmental health officer from Oxford City Council visited the property on Moorbank in Blackbird Leys in July last year and found the two-storey property being occupied by six people.

The property was found to be poorly maintained and the landlord had failed to take the necessary fire safety precautions that are required in an HMO

Mr Shazad was found guilty of four breaches of the HMO management regulations and fined £2 000 per breach, including failing to display his details in a prominent location within the property or taking the necessary fire safety precautions

He was also fined £12,000 for the operation of an unlicensed HMO

Councillor Alex Hollingsworth, board member for planning and regulatory services at the city council, said "I m delighted that the courts have imposed a substantial fine in this case to deter other landlords from renting out unlicensed and unsafe properties"

Tha property which was run as an unlicensed house in multipla occupation

NEWS

'We must encourage men to talk about mental health issues'

Eva Astriandour *Reporter*

AN MP is backing a five-year campaign by Time to Change which aims to 'break the cycle of men feeling unable to talk about mental health issues' after alarming figures reveal that suicide is the biggest killer in males under 45

On Thursday last week, Time to Change launched their new five-year campaign In Your Corner which urges friends to help their mates talk about mental health issues and be a person they can confide in.

Male suicide is the biggest killer of men under 45 and men are three times more likely to die by suicide than women.

Writing for The Huffington Post, Nicola Blackwood, MP and minister for public health and innovation, said: "The human cost is unacceptable and shows the need for swift action and a renewed focus at all levels – from central and local government, from charities and voluntary organisations."

The Oxford West and Abingdon member added: "Talking about mental health issues can be daunting. I have seen first-hand how important it is for anyone with mental health problems to have someone they can confide in and trust."

She added. "I am determined that our mental health services are also somewhere people feel they can reach out to for help

"We now have strengthened our cross-Government suicide prevention strategy in place by the end of 2017. So far 95 per cent of local authorities have or are developing one, which is a big step forward."

Jo Loughran, director of operations at Time to Change, said: "Our research clearly shows that mental health problems are just not on the radar for men. However we also know that men feel strongly about brotherhood and friendship and can play a vital role in looking out for their friends mental health and wellbeing.

"We want to show that being in your friend's corner doesn't have to be difficult or awkward. Breaking the cycle of men feeling unable to reach out has never been more urgent. We need to help men realise they can make a real difference, even change someone's life."

Dan Knowles CEO at Oxfordshire Mind, said "We are deeply saddened with the most recent data and the ongoing trend in male suicide rates. Suicide in every age and gender bracket is a tragedy and more work must be done to understand those people at risk. Of course, we will continue to support them when they need it."

He added. "We were pleased with the Prime Minister's announcement earlier in the year surrounding the need for mental health reform and hope that this will have an impact on these statistics."

In January PM Theresa May committed to making mental health care a priority for this government.

The PM said. "I want us to employ the power of government as a force for good to transform the way we deal with mental health problems right across society"

Doris takes county by storm with high winds

Eva Astremidou *Reporter*

AS Storm Doris crossed the UK last Thursday winds reached up to 94mph, claiming one casualty and wreaking havoc across public transport and roads with several incidents reported in Oxfordshire

Thames Valley Police experienced a high level of calls throughout the day

Around lunchtime Storm Doris hit Sibford Gower near Banbury

The strong winds lifted a number of sheds and outbuilding roofs in the area and brought down a tree in the local primary school

Oxfordshire County Council Fire and Rescue Service were called to the incident to assist in removing the large tree from parked cars

Crews also attended an incident with police to make safe a roof in Park End Street, Oxford

Firefighters were also on the scene where a tree had fallen on to a car in Didcot, fortunately without causing any injuries.

Gritters were out overnight on Friday with temperatures falling to below zero in areas of the county

Councillor Ian Hudspeth, the leader of Oxfordshire County Council, said: "My thanks go to all of those people from the county council and other agencies who were out during Storm Doris doing such a good job in such difficult conditions."

The fire and rescue and highways teams dealt with a series of small impacts around the county

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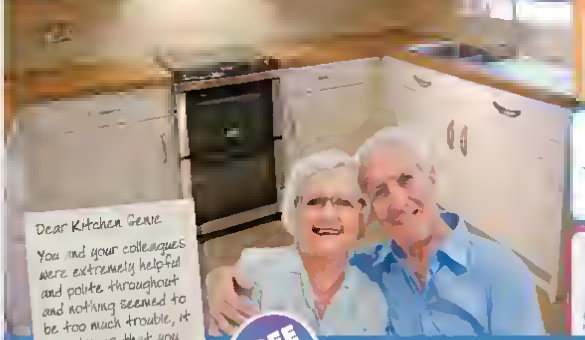
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as a result of the storm.

Firefighters were not required to attend any major or life-threatening incidents but sent single crews to a series of much smaller events such as uprooted trees or fallen signposts.

The strong winds were expected to remain into the evening.

Members of the public were told to remain vigilant for falling objects and told to only make essential journeys.

Optician sees hard work pay off with award

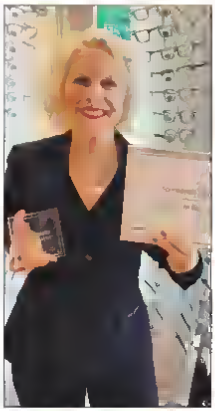
AN OPTICIAN in Wantage has been awarded Platinum Employer Status in recognition of the store being a great place to work.

Specsavers, based on Grove Street in Wantage, achieved accreditation after being assessed against five standards in different areas of an employees experience.

Areas measured as part of the five stage process include performance management, recruitment, induction, talent management and rewards.

The Platinum Employer scheme was created to help support the recruitment and training of Specsavers staff across the country.

Nicky Rutter, store director for Wantage said: "It's great to have received platinum as it is a testament to the hard work we are putting in here to create a positive culture as well as our commitment to staff development."



Wantaga stara director Nicky Rutter is delighted to have received the Platinum award

Man flashed at ancient stones site

A MAN indecently exposed himself in front of four women at a heritage site in Chipping Norton.

The women were visiting the Rollwright Stones at Great Rollwright at around 3.30pm on Thursday February 18 when the man exposed himself.

The four women were aged 26, 30, 34 and 33, and he touched himself inappropriately before he fled the scene in a white Citroen van.

Investigating Officer PC Simon Warn, based at Witney Police Station, said: "I would like to speak to anyone who witnessed this incident or has seen a man in this area exposing himself in the past."

Call 101 if you have any information.

Met appoints its first female commissioner

Eva Astriendou' *Reporter*

FORMER Thames Valley Police officer Cressida Dick is the new Metropolitan Police commissioner becoming the first woman to take on the most demanding, high-profile job in London's police force.

Ms Dick, 56 (pictured), who is from Oxford, succeeds Sir Bernard Hogan-Howe, and will lead the biggest police force in the United Kingdom, with more than 43 000 officers and staff and a budget of over £3bn.

Her appointment announced on Wednesday last week means that for the first time all three top policing jobs in the UK are held by women.

She was chosen for the role ahead of National Police Chiefs' Council chairwoman Sara Thornton, formerly chief constable of Thames Valley, Essex Police chief constable Stephen Kavanagh and Scotland Yard's Mark Rowley.

Her statement said: "This is a great responsibility and an amazing opportunity.

"I'm looking forward immensely to protecting and serving the people of London and working again with the fabulous women and men of the Met."

Home Secretary Amber Rudd said: "I am delighted Her Majesty has agreed my recommendation after a rigorous recruitment process which highlighted the quality of senior policing in this country.

"She now takes on one of the most demanding, high profile and important jobs in UK policing. Cressida's skills and insight will ensure the Metropolitan Police adapt to the changing patterns of crime in the 21st century and continue to keep communities safe across London and the UK.

"Cressida is absolutely the right choice to lead the Metropolitan Police as this Government continues its work to reform the police, and I look forward to working with her to make a real difference to policing in the capital."

The Mayor of London Sadiq Khan said: "Cressida Dick will be the first female Commissioner of the Met in its 187 year history and the most powerful police officer in the land. She has already had a long and distinguished career and her experience and ability has shone throughout this process.

"On behalf of all Londoners, I warmly welcome Cressida to the role.

"This is a historic day for London and a proud day for me as Mayor."

Minister for policing and the fire service Brandon Lewis added: "Cressida brings impressive skills and extensive experience to her new role as Metropolitan Police Commissioner. This was a tough recruitment process, but she demonstrated very clearly that she is the best person to take on this demanding role and I look forward to working with her."

The appointment of Ms Dick was criticised by the family of Jean Charles de Menezes, the Brazilian man who was wrongly shot dead during an operation she led in 2005 as national policing lead on counter terrorism.

The man was killed after the 7/7 London bombings when he was mistakenly identified as a terror suspect.

A jury later found there was "no personal culpability for Commander Cressida Dick."

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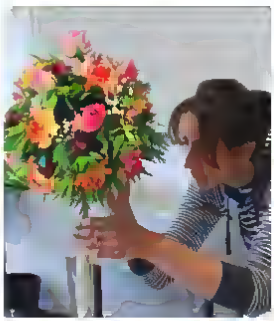

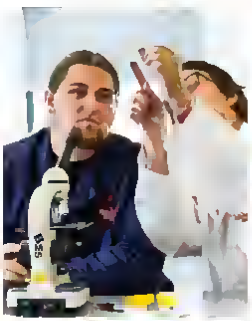

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City farm grows thanks to big funding from Big Lottery

A CHARITY building to establish a working community-based farm in Oxford is celebrating after receiving more than £3 000 from the Big Lottery Fund to run a community event later this year

Oxford City Farm said it was "delighted" to receive a large cheque of £3 018 50 to help organise their Fun on the Farm community event on October 8

The group were the last in England to receive funding from the Big Lottery Fund's Celebrate programme, which aims to help local groups hold events or activities to bring people together and celebrate what makes their community special

The project aims to change a brownfield site on Cornwallis Road into a farm that works with the community including schools educating them about food, farming and the future

Sally Mullard, volunteer fundraising co-ordinator for Oxford City Farm, said: "We're delighted to have received this funding

"The focus for the day will be on celebrating all the work our volunteers, steering group and supporters have put into securing a wonderful new green space for the local community

"We have lots of fun food-related activities planned including bring-a-plate picnic, apple pressing, music, and craft activities for kids and lots more.

"It will also be a great opportunity for local people to see the site and share their ideas about how the farm will develop."

The funding will also help the farm to build two toilets for the site and employ an event coordinator and community artist to help organise and run the event

The trustees of Oxford City Farm also announced the signing of a 40-year lease on a 2.3 acre piece of land in the Florence Park area of East Oxford last week.

The group said: "The lease enables us to get on the land and get stuck into the work of bringing city farming to Oxford."

Dumper truck and tools stolen

HENLEY Power tools and a skip-loading dumper truck were stolen from a home being renovated.

Between around 6.30pm on February 6 and 7.45am on February 7 thieves broke into the Deanfield Avenue home and stole the tools and the one-tonne yellow dumper

Police say it is likely the dumper was towed away on a trailer

Anyone with information about the incident should contact the 24 hour Thames Valley Police enquiry centre on 101 quoting reference number 43170037482

State of nature report due out

OXON Wild Oxfordshire will be releasing a report on the county's state of nature.

The report, due to be launched on March 21, will delve into the state of Oxfordshire's wildlife, which species are at risk, how much woodland is around, and what can be done better to protect nature

Sian Lawicki, chair of trustees for Wild Oxfordshire, said: "In Oxfordshire there's great resource of expertise and enthusiasm to tap into but we need to make sure everyone is pulling in the same direction.

"The Oxfordshire State of Nature Report is a vital first step, helping us to understand the threats and opportunities to our environment."

Putting Harwell at forefront of great science discoveries

Eva Astremidou: *Reporter*

A £100m investment in a Harwell-based centre will bring together UK expertise to help new home-grown technologies speed up the development of new treatments for disease.

On Thursday last week, business secretary Greg Clark announced a £229m package to help secure the UK's world leading reputation in life science research, with £103m of that awarded to a new national centre of excellence for life and physical sciences at the Rosalind Franklin Institute (RFI)

The multi-disciplinary science and technology research centre at Harwell Science and Innovation Campus Oxford, is named in honour of the pioneering British scientist whose study of biological structures played a crucial role in the discovery of DNA's double helix structure.

Business secretary Greg Clark said: "The UK has always been a pioneer in the world of science, technology and medical research

"It's this excellence we want to continue to build on and why we made science and research a central part of our industrial strategy – strengthening links between research and industry, ensuring more home-grown innovation continues to benefit millions around the world.

"Named after one of the UK's leading chemists the new Rosalind Franklin Institute will inspire and house scientists who could be responsible for the next great discovery that will maintain the UK's position at the forefront of global science for years to come."

The new centre will be managed by the Engineering and Physical Sciences Research Council (EPSRC)

Chair of the Research Councils and EPSRC chief executive Professor Philip Nelson said: "The UK is currently in a world leading position when it comes to developing new medical treatments and technologies in the life sciences

"The Rosalind Franklin Institute will help secure the country as one of the best places in the world to research, discover and innovate."

The central hub at Harwell will link to partner sites at the universities of Cambridge, Edinburgh, Manchester and Oxford Imperial College King's College London, and University College London.

Dame Carol Robinson, a university fellow who received the 2004 Royal Society Rosalind Franklin Award that recognises outstanding scientific contributions and supports the promotion of women in science, technology engineering and mathematics said: "It is fitting that this new institute bears Rosalind Franklin's name.

"She achieved so much in a relatively short life and without her work many of the advances that have taken place since would not have come about

"Work in the institute will include development of the next generation of physical tools including mass spectrometry instruments for X ray science and for advanced microscopy – fields directly descended from her research interests."

The development of the RFI has been led by Professor Ian Walmsley, another Oxford University fellow

The Hartland Podiatry Clinic

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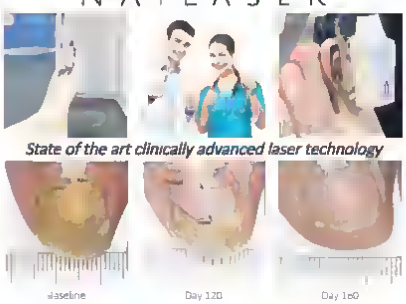

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NEWS

Cash, cards and cars stolen in three burglaries

MONEY bank cards phones and vehicles have been stolen after a series of burglaries in the Wallingford area last month.

Police are appealing for witnesses after three properties were broken into overnight between February 1 and February 2.

Between around 11pm on February 1 and 9am on February 2 thieves stole car keys a purse, bank cards and mobile phone from an unsecure home in St Leonard s Lane (reference number 43170032426)

Between approximately 11pm on February 1 and 3 30am on February 2, offenders snatched bank cards and a mobile phone from a St Andrews Road home (reference number 43170032385)

Lastly at around 7 20am on February 2 thieves pinched a vehicle from outside a home in Firtree Avenue It is believed the offenders took the keys from an insecure porch area (reference number 43170032520)

If you have any information on the burglaries, contact police on 101 quoting the above reference numbers

Out&About
Ideas for your leisure time

Talented young people honoured for contributions to Oxfordshire

Eva Astranidou Reporter

THE achievements of 46 young people across the county have been celebrated rewarding them for their contributions to sport, art or citizenship

Dozens of young people from South Oxfordshire were given prizes for their achievements on Wednesday last week at Didcot Civic Hall

The event was organised by South Oxfordshire District Council and attended by district council chairman Paul Harrison and vice chairman Jeanette Matelot, who presented certificates to the young people and awarded each one with £250

Those recognised for their achievements include a volunteer who started a Secret Santa charity to distribute gifts to sick, vulnerable and elderly people a set of triplets who are competitive skiers, and a 16-year-old euphonium player

Nursing assistant Courtney Hughes, 18, came up with the Secret Santa charity in honour of her grandma who loved Christmas and who sadly passed away in 2013.

In December Courtney and her family neighbours and friends helped wrap more than 4 000 presents over a seven-hour period to be able to donate the gifts, food parcels and emergency care package to thousands of sick and vulnerable members of the community

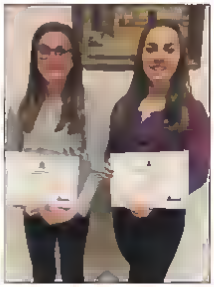
After the awards she said. "It is always wonderful for the charity to be highlighted but this award was really special to me Having recognition from my home town really means the world to me.

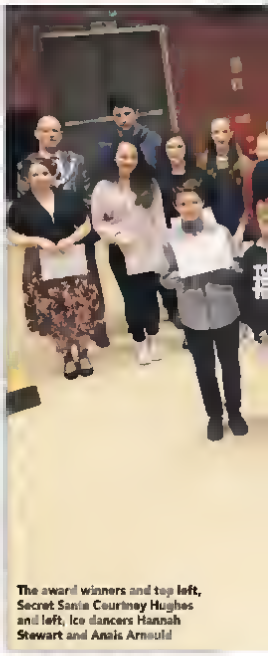
"Meeting all the other amazing young people who are achieving so much makes me proud to live in Oxfordshire and be a young person

"Everyone was so deserving and I know we will hear great things in the future about them all "

Other winners included synchronised swimmers Lottie Moghul 12 and Teri-Faye Coupar 15, ice dancers Hannah Stewart and Anais Arnould. 13 and 15 years old, 16-year-old endurance athlete Nancie Bowley and Emily Williams 15, who volunteers to help at her local Beaver group.

Councillor Elizabeth Gillespie cabinet member for Grants at South Oxfordshire District Council said: "I m delighted that we are recognising the achievements of these talented young people They are involved in activities ranging from voluntary community work music and traditional sports "





The award winners and top left, Secret Santa Courtney Hughes and left, Ice dancers Hannah Stewart and Anais Arnould

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Didcot Power Station collapse, one year on

Lawyers fighting for answers for families

Georgia Welch Reporter

A LAW firm representing the Didcot Three has criticised agencies investigating the collapse of the Didcot A Power Station last year for the 'ordeal the families are still going through.

On February 23 2016, Christopher Huxtable from Swansea Kenneth Cresswell and John Shaw both from Rotherham, and Michael Collings, from north Yorkshire lost their lives after the partial collapse of the boiler house.

While the Didcot community remembered the anniversary of the disaster on Thursday last week, the relatives of those killed are still awaiting answers to the cause of the collapse.

Thames Valley Police and the Health and Safety Executive (HSE) is yet to complete its investigation into the incident and the inquest into all four deaths cannot be carried out until this has concluded

Keith Cundall, a specialist workplace accident lawyer at Irwin Mitchell who represents the families of Mr Cresswell, Mr Shaw and Mr Huxtable said: "The tragic disaster that occurred at Didcot Power Station last February will live long in the memories of those who witnessed it and those who lost family and friends

"The lives of the families we represent have been changed forever and the uncertainty about the current situation continues to cause them an unbelievable amount of distress particularly after the ordeal they went through before their loved ones were finally recovered.

"The families want to know why this terrible event occurred and we will support them in getting the answers they deserve.

"As the anniversary passes it is a timely reminder that it has been a year since the accident and the families are still battling for answers "

Gail Cresswell Mr Cresswell's wife said. "We know nothing. The last time we heard from the HSE was in November It s horrendous."

TVP and HSE released a joint statement on the day of the anniversary to say that investigations into the cause of the incident continue and that "the thoughts of both agencies remain with the men s families"

The police added that more than 1,300 statements have been taken, over 2 600 physical and documentary exhibits and 60 000 still images and video footage have been collected.

To commemorate the partial collapse Didcot held a minute's silence at 4pm and flew the town flag at half mast.

Discussions are also an going about naming four streets on the Didcot North East development after the victims

The scene after the boiler house collapsed in 2016

Pictures: South Oxfordshire District Council

Machete-wielding raiders broke door and stole guns

A PAIR of raiders armed with a machete kicked in a Bampton man's front door and stole his shotguns

The victim, a man in his 30s, told police he was alone in his Station Road home when a man knocked on his door at around 10.20pm on February 19

He was on the phone at the time and saw the man through the window but did not answer

About 10 minutes later his front door was kicked in and the intruder, armed with a machete, threatened the victim and "demanded items", police said.

The machete-wielding burglar, a white man, was then joined by a black man, described by police as around 6ft tall with dreadlocks.

Police said the white man was wearing a dark woolly hat with a scarf around his face, a dark coat with the hood pulled up, khaki or blue trousers and bright yellow running shoes

The pair stole three shotguns and cartridges, before driving off in a small dark coloured hatchback car which had been parked nearby

The victim was not hurt.

Det Insp Richard Pickering, from Banbury Force CID, said: "This was a distressing incident for the victim

"I understand that the theft of these items may cause concern in the community, but there is currently no information to suggest that the stolen items will be used in connection with a particular incident."

Contact police on 101.

Burglars attack dad in his home

THAME Balaclava-clad burglars burst into the home of a family-of-four and attacked a dad-of-two

Three burglars, wearing dark clothing and balaclavas, broke into the Brookside home at around 8pm on Wednesday last week.

The offenders searched the property and assaulted the victim, a 49-year-old father who was at home with his wife and two children.

They then fled the scene on foot towards Lambert Walk and Queen's Close, police said. The victim sustained minor injuries and attended a GP surgery. Nothing was stolen during the burglary

Police are appealing to anyone who saw or heard anything unusual Brookside, Lambert Walk or Queen's Close on Wednesday evening

The offenders are thought to have been using a small dark vehicle that was parked in or near Queen's Close, the force added.

Contact police on 101

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Support The Oxford Paper's charity of the year – Play2Give

Fab five facing monster mud mayhem

Georga Welch: *Reporter*

A TEAM of five will tackle the might of next month's Monster Race to support our charity of the year Play2Give, in its 10th anniversary year

Leaseguard Group Ltd, based at Unipart House in Garsington Road, Cowley Oxford, has assembled a squad to defeat the mighty obstacle assault run at Cornbury Park in west Oxfordshire on April 1.

Funds raised will help P2G support local people in need

The contract lifecycle management company which has been running for 25 years, helps NHS Trusts generate savings on their maintenance and leasing contracts

The team, led by Lee Edwards, from Didcot, also includes Lesley Saunders, Jonathan Wickens, and husband and wife pair Charlie and Martyn Sadler They hope to raise £400 The Monster Race will involve the fabulous five taking on a range of obstacles in 5k or 10k races which all include lots of mud and water...and the bog of eternal stench.

Lee, who has been friends with P2G's founder Andrew Baker from Didcot since they met in 2006 said. "Andrew's an inspiration We are all honoured to take part in the gruelling challenge to support him and this fantastic cause

"Andrew has worked tirelessly (with the support of others) to raise extraordinary amounts of money There have been some really fantastic initiatives, such as football tournaments that I have had the pleasure of playing in. Andrew's energy and dedication despite his own challenges never cease to amaze!"

P2G has raised £55 070 for a catalogue of local charities since Andrew formed the fundraising organisation in September 2007 Of this the children's hospital has benefited from more than £40 000

Born with a brain injury, Andrew has been raising money for charity since the age of 14 in 2003 when he was inspired by treatment he received He had major brain surgery aged 12 for a tumour that developed following a head injury four years earlier

The funds Leaseguard raise will go into P2G's £10k in 10 appeal this year as part of its 10th anniversary charity campaign.

The Children's Hospital at the John Radcliffe and brain injury charity Headway Oxfordshire will also benefit from the Monster Run.

To sponsor the Leaseguard team, visit http://tinyurl.com/z5q9llw

P2G has already raised over £1,900 in its £10k in 10 appeal. To donate visit http://tinyurl.com/zksd6xx

Raring to go in the Manster Race are, from left, Lesley Saunders, Lee Edwards, Charlie Sadler and Jonathan Elsmore Wickens

Pictured clockwise from above, Andrew Baker receives a chaque from Sainsbury's, as the ward with a young patient; a team of little footballers celebrate achieving their goal; another monster cheque is handed over

Room in teenagers' ward to be named after charity

Eva Astramidou: *Reporter*

A ROOM at Oxford Children's Hospital (Chox) will be named in honour of Play2Give (P2G) and unveiled next week as testament to the charity's decade of efforts.

The room at Melanie's Ward was due to be opened under its new name yesterday with celebrations to mark the contribution of P2G coinciding with the charity's 10th anniversary year.

The P2G room is an Melanie's Ward, where teenagers stay at the hospital. To name the room, the charity had to raise £40 000

Now the hospital is recognising the charity's 'long term contribution and philanthropy' after the organisation's years of support

Andrew Baker, founder of the charity, said. "It was a lovely sentiment for Play2Give's efforts to be valued and recognised in such a special way that a room was named after it

THE OXFORD PAPER and Oxfordshire Guardian
Charity of the year 2017
Play2Give

'Never did we think we would achieve this, so to see it become 'real' in that the name of the organisation becomes a lasting legacy is truly the proudest and most amazing achievement in both that of P2G and my fundraising's history

"We couldn't be prouder This is the icing on the cake and a great start to our 10th anniversary year"

Speaking of future plans with the hospital Andrew said the charity will continue to fundraise to help provide the very best and the latest medical equipment and facilities "above and beyond NHS standards" Referring to the hospital, he said it is a "one of a kind hospital" and that the charity will continue to endorse and support the facility which transforms young lives and their families'

He said the accolade was extra special as Mya, 14, who is the daughter of P2G's Dale Harris will benefit from the room throughout her teenage years He said, "Patients like Mya continue to inspire us with their brave spirits and courage."

P2G has raised funds through events, by taking part in fun runs and through campaigns like Sleigh2Give, which aims to bring joy and Christmas cheer to the young patients.

Mr Baker added "We are truly thankful to the hospital charity and the ward for giving us this once in a lifetime opportunity It isn't just given to anyone

"The team and I see very often the difference our support makes from meeting and seeing the youngsters who receive loving care at Chox. It is always humbling."

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Can you help inspire youngsters to read?

EVEN in an area such as Oxfordshire many children have trouble reading but help is at hand through a volunteering charity

ARCh Oxfordshire helps hundreds of children each year by finding volunteers to work with them in schools and help bring the joy of reading to them

Teachers choose the children most in need of help—some have lost confidence, are shy or don't communicate well, others don't speak English at home and some time they just need a boost to help them catch up.

ARCh – Assisted Reading for Children in Oxfordshire—recruits trains and supports volunteers in primary schools through individual sessions each week with their volunteer helper

Volunteers aim to make children feel happy reading and to think of reading of something they can enjoy

As well as reading they play word, board and memory games and draw – all things designed to help boost their confidence

But the charity is now looking for more volunteers to help the project with training schemes on March 7 and 8 and May 9 and 10

Volunteers are expected to help in a primary school for one and a half hours twice a week after attending two training sessions and commit to

Volunteering can be beneficial for both the child and the volunteer

helping at a school for a year

ARCh is looking for volunteers to help in Oxford city—particularly the Cowley Littlemore, Blackbird Leys areas and in Witney Abingdon, Didcot Bicester and Banbury

They are also asking companies to get involved— working in partnership with ARCh will combine staff development with community outreach, using an established training and placement programme to achieve maximum impact in terms of staff development, staff morale and community perception, all while helping youngsters read.

For more information on volunteering go to their website: archoxfordshire.org.uk.

What a great difference a book makes

After a hugely enjoyable 40-year career spent in professional communications last summer I decided to step off the business run mill

My 'retirement plan' was like all good communications - uncomplicated and unambiguous More time spent pursuing my hobbies of watching sport keeping fit, travelling and reading

I deemed I would put a bit back into the community' through volunteering and the field of literacy was an area where I'd always felt I could best use my skills and experience But where should I start?

I warmed to the idea of working with an adult learning group attracted by the thought of helping people who leave school with little or no reading and writing skills to eradicate this blight on their lives

But if adult literacy groups offer hope of a cure for illiteracy I couldn t help feeling that helping children to read before they leave school can actively prevent the problem – and prevention is always better than cure!

So when I learned that ARCh provide Assisted Reading for

David Jones helps a pupil at St Johns Primary in Wallingford to love reading

Children in more than 100 primary schools throughout my home county I knew that this was the volunteering opportunity I d been looking for I was unashamedly excited by the prospect of belonging to an organisation that is dedicated to making a lasting difference to the lives of children in Oxfordshire by inspiring them to discover the joy of reading

After completing ARCh s training support programme I was seconded to a school in Wallingford where I was introduced to the Year Five boys who have become my Three Musketeers

Two of the trio were reluctant readers who lacked confidence while the other was said to "bark at print" and show little interest in books In the three months we ve read together reading confidence has improved noticeably to the point where they happily read aloud in class

The boy who barked at print - what a great book title that

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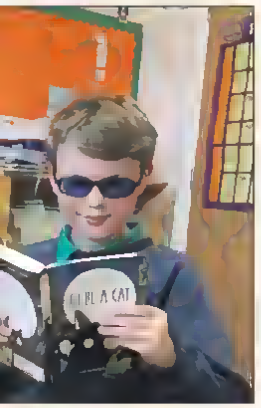


would make - has, to our mutual delight, read six books including a 300-page novel

Becoming a volunteer reader with ARCh is truly one of the most inspiring and rewarding things I have ever done. And to think, I never really believed the adage that our schooldays are the best time of our lives. Thanks to ARCh - I do now!

David Jones, volunteer at St Johns Primary, Wallingford

Plan for new wildlife ponds to boost park

Samantha McGregor *Reporter*

A WILDLIFE charity has submitted plans to build three ponds to improve a Banbury park.

Berkshire Buckinghamshire and Oxfordshire Wildlife Trust (BBOWT) has submitted proposals for three ponds in Spiceball Park.

They would be built on land which is currently rough grassland, and one will include a pond dipping deck as well as educational signs aimed at getting local people involved in nature.

The area will also be used for outdoor learning sessions by local schools.

BBOWT has teamed up with Banbury Town Council to create Wild Banbury, a volunteer group led by the charity aimed at improving wildlife areas across the town.

The project has been funded through grants from Heritage Lottery Fund, Grundon Waste Management, and Banbury town and Cherwell district councils.

If the planning application is approved, work on the first two larger ponds could start this summer while the third smaller pond would be built next summer.

Volunteers count fish as part of an earlier Wild Banbury project

In a report, BBOWT said Spiceball Park did not have any ponds that were separate to the River Cherwell.

It said: "Ponds have rich assemblages of flora and fauna and provide habitat for a variety of species such as amphibians and invertebrates.

"They also have the potential to attract and support legally protected species such as great crested newts and various bat species.

"The new wildlife ponds will not be stocked with fish, therefore they will be able to support breeding populations of amphibians.

"As a local wildlife trust we have the protection and enhancement of the natural environment at heart and have a lot of experience in biodiversity enhancing measures such as this.

"All works will be undertaken in as environmentally sensitive a way as possible."

About 30 trees will have to be felled to allow more light to the ponds.

Mini diggers will be used to dig out the larger ponds, about 10m by 15m, while the third will be dug out by volunteers using hand tools. All three will fill naturally from rain water.

Healthy families are key in 2017

OXFORD Having a healthy family being financially stable and getting a good night's sleep ranked highly when people from Oxford were asked about things that really count in life.

The new research by M&S Bank found that 80 per cent of people in Oxford believed having a healthy family was very important to them, while 47 per cent said that memories are the most important thing.

Rachel Ladhani, branch manager of M&S Oxford, said: "The findings reveal that it's some of the little things in life, like having a laugh count for most people in Oxford."

In addition to what people in Oxford valued most in life, the research also looked at what people most wanted to achieve in 2017 with having a baby, saving more money and losing weight coming out on top.

The research was conducted to coincide with the launch of M&S's Make it Count campaign for 2017.

Happy hens!

ABINGDON The Stonehill Community Garden group has announced the winning names for three chickens after they ran a chicken naming competition.

The winning chicken names – from left: Sally, Libby and Connie – were revealed at the group's fruit tree event last month.

The winners who nominated the names took home six fresh eggs from the hens.

Pop-up food bar

DIDCOT Didcot Town Council is to host a pop-up food bar on March 13 to celebrate Fly a Flag for the Commonwealth Day.

To mark the day, a variety of cuisine from across the commonwealth will be available, including different breakfast (8am-11am), lunch (12.30pm-2pm) and high tea (3pm-4.30pm) menus.

All profits will go towards the Commonwealth Charity.

Business tips

THAME Anyone starting a business can get free face-to-face advice from Oxford Business Enterprise.

The service is available to anyone living in Oxfordshire who is planning a new business or is in the first two years of trading.

Appointments are available in Thame every fortnight on Thursdays with one taking place today. The next will then be on March 16.

For more information or to book an appointment, go to oxonbe.co.uk.

Forrest Gump runner on the road again, 7 times in 7 days

Samantha McGregor *Reporter*

FUNDRAISING runner Ewan Gordon is once again in his Forrest Gump costume – as he attempts to run seven marathons in just one week.

In 2015 Mr Gordon, a civil servant, ran 1,050 miles from John O'Groats to Land's End – completing 26 miles on each of the 42 days of his challenge.

This time he is running around Oxfordshire to kick start the five-year fundraising initiative by the Freemasons of Oxfordshire to raise money for its Masonic Charitable Foundation.

He completed his first marathon on Saturday, starting at the Kassam Stadium before heading to Witney via Eynsham, Carterton, and finishing in Burford.

During the week he has run to Banbury, Woodstock, Bicester, Oxford, Thame, Henley, Caversham, East Ilsley, Wantage, Faringdon, and is due to finish in Carterton tomorrow.

Mr Gordon, Master of Theodore Lodge 8343 which meets in Bicester, has been running dressed as Forrest Gump for three years.

In the 1994 film, the title character played by Tom Hanks ran across America.

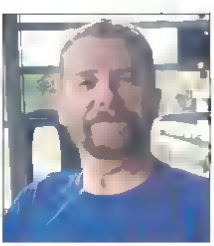
Before embarking on his challenge Mr Gordon said: "From February 25 to March 3 I will be running around the county of Oxfordshire in support of a five-year fundraising campaign for the Masonic Charitable Foundation amongst the Freemasons of Oxfordshire.

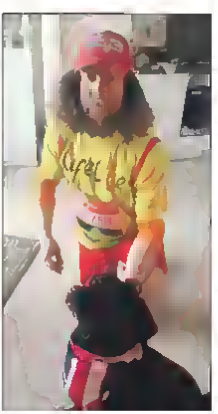
"The Province of Oxfordshire starts its Fundraising Festival 2022 with a gala dinner at the Kassam Stadium on February 24. The following day I start the run."

Graham Ellis, of Oxfordshire Freemasons, said: "Ewan's run will coincide with the launch to highlight the start of the festival.

"Ewan has been involved for a number of years with raising significant amounts of money for charities through his running.

"His efforts really embrace what the spirit of freemasonry is, which includes helping to contribute to the local community."





Ewan Gordon aka Forrest Gump is taking on the challange to raise funds for the Masonic Charitable Foundation

Among the Oxfordshire charities who have received donations from the Freemasons charity include Alzheimer's Research UK, Ludwig Institute for Cancer Research and Ley Community Project, who have shared £200,000 in the past year.

Mr Gordon ran the John O'Groat's to Land's End challenge in memory of nine-year old Thomas Laurie, from Bicester, who died in 2014 from Cockayne Syndrome – a rare premature ageing condition.

That run raised more than £9,000 for three charities that supported Thomas and his family. Respite Nursing for Oxfordshire's Sick Youngsters, Helen and Douglas House and Amy and Friends a Cockayne Syndrome support group.

Students travel 27,000 miles only on goodwill

Eva Astremidou: Reporter

OXFORD students travelled more than 27 000 miles in 36 hours raising over £12,800 for charities.

The 27 teams set off at 6am on Saturday with no money and relying only on the goodwill of passers by to help them get as far away as possible.

Two of this year's jailbreakers have raised £1 007 66, reaching Louvain la Neuve, Belgium.

Third year students Eleanor Holt and Chevonne van Rhee set off on their challenge with very little else than the goal to get as far away from Oxford as possible by 6pm on Sunday.

The pair had no money, tickets, or passes, but just 36 hours to complete their challenge.

They were busy in the run-up to the big day, collecting more than £500 from their bake sale on February 21 and featuring on the radio the very same day.

All the cash raised goes straight to charity and half of the cash to charities based in Oxford.

The charities to receive the donations are Oxford Homeless Pathways, Oxford Sexual Abuse and Rape Crisis, Student Minds, and the Schistosomiasis Control Initiative.

Eleanor Holt and Chevonne van Rhee managed to get to Belgium without any cash as part of the Oxford jailbreak

Before embarking on the challenge, they said: "We are inspired by the work of these charities and think they are hugely deserving of your support.

"Obviously these are quite big targets, so at the moment we are trying to raise as much awareness as possible.

"We think it's a fantastic and pretty unusual opportunity to raise money and much-needed awareness for four really deserving charities, so at the moment we're mostly excited, if a little apprehensive about the size of the challenge we've set ourselves.

"But we think getting even close to those goals would be really worthwhile."

Jailbreak is RAG's biggest event of the year with past students reaching all over the UK, Europe and beyond, from Poland to Budapest to Istanbul, to Tokyo and South Africa.

Campaign to empower active women of all shapes and sizes

THE national campaign 'This Girl Can' has kicked off in Oxfordshire, encouraging women and girls of all ages, sizes and abilities to get active.

The campaign represents a whole range of women and girls, designed to encourage women to find an activity that they love taking part in.

The campaign will bring partners such as the Oxford City Council, leisure centres and sports clubs together to deliver female only activities for people aged 14 to 60.

Research shows that for those aged 14 to 40 there are two million fewer women than men who play sport regularly.

Three quarters say they want to be more active.

The Oxfordshire Female Participation Group, headed up by Oxspa (Oxfordshire Sport & Physical Activity), brought the campaign to Oxfordshire.

Jenny Willson, physical activity manager at Oxspa, said: "It is a fact that overall, in Oxfordshire, women play less sport than men and 33 per cent of women compared with 42 per cent of men play sport once a week.

"The 'This Girl Can Oxfordshire' campaign was designed to help create more opportunities for women and girls and create a change in social behaviour and get more people active."

Get involved in the This Girl Can Oxfordshire campaign by posting your post-action photos on Facebook and Twitter by using hashtag #ThisGirlCanUk.

Work begins on new £4m college building

An artist's impression of the new advanced skills centre at Abingdon & Witney College

WORK has finally begun on a new £4million building at Witney & Abingdon College.

Three years after the first applications were put forward, work has now begun on a new advanced skills centre, a state-of-the-art facility for current and future higher education students at the college.

The multi-million pound centre, being built at the Abingdon campus on the site of what was formerly the unused caretaker's bungalow, has been funded by the Local Enterprise Partnership as part of the Oxfordshire Growth Deal.

Its construction aims to address the current skills gap in the local area, targeting key STEM sectors including electronics, engineering, telecoms and IT.

It is hoped innovation and creativity will flourish within the modern design and engineering workshops, equipped with the latest technology, whilst the spacious breakout areas and lounges aim to give students a university-feel while on campus.

Michael Chiyasa, head of estates and capital development at the college, said: "Everyone here is very excited work on the advanced skills centre is under way.

"Investment into the college facilities over the past few years has seen our campuses grow tremendously and we can now offer more course and career options than ever before."

It is due to be completed in November, and open to students in January 2018.

Security guard at library after problems with bad behaviour

Samantha McGregor
Reporter

A SECURITY guard has been posted at Bicester Library after a series of anti-social behaviour incidents.

It comes after teenagers visited the library and caused problems for staff.

Details of what the anti-social behaviour entailed has not been released.

But Oxfordshire County Council said the security guard would be in place until the "problems are resolved".

The move comes less than a year after the library moved from cramped facilities in Old Place Yard in a spacious purpose-built library in Franklins House, Pioneer Square – the final part of the £70million town centre redevelopment.

Some people took to social media to raise their concerns.

One resident wrote on Facebook that she was "shocked" the library had to "employ a full-time security guard following 'incidents'".

While another woman said: "I'm a member of a reading group that meets at the library. We arrived for our meeting to find the library was closing early due to staff shortages.

"Apparently they've had so much anti-social behaviour that they can't operate with less than three members of staff and on this particular evening they didn't have the minimum number.

"It's very sad that due to the appalling behaviour of a small number of people we cannot use this wonderful facility.

"I hope the security guard will deter the perpetrators."

A spokesman for Oxfordshire County Council said: "There have been some issues relating to teenage anti-social behaviour in Bicester recently and the library has experienced some of this.

"We have a security guard on duty temporarily until the problems are resolved.

"Police are very much aware and have been very helpful to the library service."

A security guard is permanently on duty at Oxford Central Library and there are guards at other libraries nationwide.

But this is the first time Bicester Library has needed extra security.

Last April, the library moved to five-storey Franklins House which is also home to a 53-bedroom Travelodge hotel, offices, Cherwell District Council's office and shop and restaurants.

NEWS

Calls for more detail on effects of NHS cuts

Eva Astremidou Reporter

OXFORDSHIRE County Council has called for transparency and further detail about knock-on effects of plans to change primary care from thegroup that commissions health services across the county

The county's cabinet said in a meeting on Tuesday last week that it cannot support the Oxfordshire Clinical Commissioning Group s (OCCG) plans to deal with a £134m funding gap in the region s NHS.

The first phase of consultation on the plans for the future of Oxfordshire Health and Care Services started on January 16.

In the meeting, members of the cabinet reviewed the consultation and referred to a lack of forward thinking in the sustainability and transformation plan (STP), in that a change in one amenity could lead to a wider domain effect

In a post-meeting report, the response was that the plans, which include a change in bed-stock, intensive care services and maternity services at the Horton General Hospital could have a significant knock-on effect on other services. The councillors resolved: "These possible impacts are not covered by this consultation.

"This is a vital issue for local people and is therefore a serious deficiency in the consultation document."

They said they understand the concept of closing hospital bed stock to help prevent admission and also help to reduce harmful long stays, but added "The UK already has lower numbers of beds than comparable European countries

"At a time when pressures on emergency departments are rising and delayed transfers of care remain a cause for concern, it may be premature to make these changes

"It may be more sensible for Oxfordshire to adopt a 'wait and see' policy on this issue until the impact of bed closures proposed in other parts of the country can be properly evaluated."

On the topic of adult social care in the community and the proposals of focusing on care closer to home, they said. "There are times in the acute phase of an illness or in cases requiring complex care or post-op care when a hospital bed may be the best place to be Again, the proposals do not contain the detail we would need about community services for us to have a sensible understanding of their impact on adult social care."

The cabinet also concluded that the production of the consultation underwent a significant delay that could have in turn affected the coherence of the proposals.

They added: "It makes the consultation feel less transparent to communities The consultation proposals as they stand are unlikely to satisfy the concerns of people in some parts of the county"

The report added that with the addition of 100 000 homes within Oxfordshire in the period 2011-31 of which around 85 000 remain to be built that the NHS proposals should take full account of the scale of new housing"

A spokeswoman for Oxfordshire CCG said. "The CCG is currently seeking people's views and opinions on the plans for transformation of health services in Oxfordshire.

"Our consultation will listen to feedback from everyone who gets involved, including cabinet members at Oxfordshire County Council."

The updated version of the OCCG proposals will be presented to the county council on 21 March to gather further comment

■ There's still time for you to have your say on the planned changes at the following meetings Thursday March 2, 8pm – 10pm in Henley Monday March 6, 8pm – 10pm in Wallingford, Thursday March 16 7pm – 9pm in Banbury and Thursday March 23 6 30pm – 8.30pm in Abingdon.

Mark Thornton, owner of Mostly Books in Abingdon cuts the ribbon on the

A STUDENT with autism has successfully completed his work experience placement at Blenheim Palace

The placement was part of his school LVS Oxford's plan to prepare him for an independent future.

Peter 17 made excellent progress as part of the guiding team, welcoming visitors and providing them with information on what they can see and offering directions Peter was joined on work experience by classmate Dominic also 17

Karen Wiseman from the education team at Blenheim Palace said: "Peter and Dominic have shown a very professional attitude to their work They have interacted well with other members of staff and the visiting public and have been very easy to work with "

Peter who is also studying BTECs in Business Home Cooking Health & Social Care and Horticulture at LVS Oxford said "In the future I want to have a life with a job and a family and I hope this will help me to do that."

Peter spent a week as part of the guiding team at Blenheim Palace

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Road improvement schemes boosted by £239k

A TOTAL of £239 000 has been awarded to Oxfordshire for schemes to improve road journeys and help reduce congestion, with a focus on vulnerable road users

The funds were granted by the Department of Transport and will help provide real-time parking information for Blue Badge holders, as well as information to facilitate people with disabilities

The amount is part of a total £4m awarded to 19 councils for technology that will improve road travel through apps and sensors, with the capacity to give motorists advance notice of congestion and notify them of free parking spaces.

The technology could be used to cut congestion and even improve parking in city centres

John Howell, MP for Henley, has welcomed the funds.

He said. "It is good to see Oxfordshire getting one of the highest bids for projects I am sure these will make a big difference to travellers and it is good to see technology being brought into use at an early stage."

Roads minister Andrew Jones MP said: "I congratulate the cutting edge innovative ideas that will transform journeys for passengers and motorists across the country Technology is rapidly evolving and this important work shows that if we get it right, it can cut congestion, speed up journeys, clean up the environment, and improve accessibility"

Oxfordshire won one of the top bids with Warrington and Worcestershire each awarded £300k.

new library and resource centre at Larkmead School

School's new library 'opens the door to stories' for its pupils

AN ABINGDON school's revamped library and resource centre launched last week unlocking potential to "open the door to stories" and "make sense of the world" through unique educational reading activities for its students.

On Thursday last week, Mark Thornton, owner of Mostly Books in Abingdon, cut the ribbon to the library, which is part of the Learning Resource Centre (LRC) at Larkmead, in Faringdon Road.

The centre has served as a hub of activity for students and is "not just a place to house books."

Students are encouraged to use the facility for reading, homework, revision and/or research throughout the day.

The centre will host reading-related activities such as book clubs, book quizzes, workshops, the "Kids Lit Quiz," film clubs, World Book Day activities and lunchtime talks.

Mr Thornton said: "Reading opens the door to stories, and it is 'story' that shapes our ability to make sense of the world, and make imaginative leaps to solve problems and drive progress.

"Reading builds empathy, allows us to share experiences way beyond our own narrow reality – which is why reading has been shown to boost everything from improving focus, boosting maths skills and becoming more resilient.

"We are always aware, however, that for every child that devours books there are another 10 for whom reading is far more of a challenge and to get them into the reading habit may need several attempts – and plenty of different types of books – to get the momentum going.

"That's where libraries really add incredible value."

Resource centre manager Linda Stone said: "Larkmead School is dedicated to raising literacy levels across the school, the provision of a school library with a variety of reading resources which are appealing to our students is a key factor in achieving this."

Timetabled library lessons take place once a fortnight for all KS3 classes where the focus is on independent reading for pleasure and reading improvement programmes such as 'Accelerated Reading' and 'Star Reading' are used to support students' reading skills.

The new centre and library will also be available to rent as an events/conference facility.

The five people police would like to speak to in connection with the burglary on January 30

Five sought after burglary

CHIPPING NORTON: Thames Valley Police have released CCTV images of five people they want to speak to following a newsagents burglary.

The force said five people entered the shop in Chipping Norton at around 10.30am on Monday January 30.

Some of the group distracted the shopkeeper while one of the group snuck upstairs to the home above the shop and stole a safe containing a passport and cash.

All the group left the shop at the same time.

Anyone with any information about the burglary or anyone who recognises the people shown in the image, should contact PC Adam Clark from Witney police station on 101 quoting reference 43170029091, or Crimestoppers on 0800 555111.

From Abba to Glenn Miller at music night

NOT many bands play as wide a variety of music to go from Abba to Glenn Miller but that's exactly what you can expect from a concert in Banbury

The John Cleveland Band is an ensemble of 16-20 talented musicians who can please most music lovers playing music from Glenn Miller, James Last, Abba, as well as stage and screen pop and more

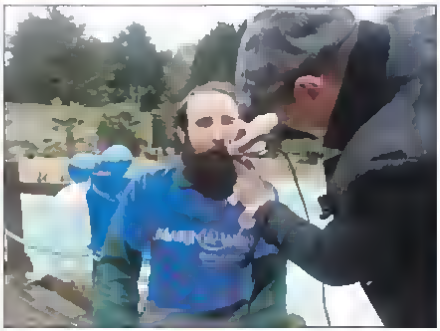
Their warm and personal interaction with their audience together with an excellent standard of performance, make a recipe for a great night of entertainment for all at St Mary's Church on Saturday

Based in Hinckley Leicestershire, they play extensively in nearby Northamptonshire and further afield, including Europe Performances include concerts and dinner dances of a private and charitable nature

Having started in 1976 as an extra-curricular activity at the John Cleveland College school, they evolved into an adult band and have just celebrated their 40th year

Tickets for Eric Darlington with the John Cleveland Band are £10 They are on sale at St Mary's Box Office (01295 253329 between 9 45 and 11am, Monday to Friday) Banbury Tourist Information Centre (01295 753752), and also on 07410558649

The concert starts at 7.30pm and ends around 10pm. There is a bar available



Chris comes clean for charity

COTSWOLD Wildlife Park handed out quite a treat to global charity Make-A Wish.

On February 23, the Make A-Wish Foundation visited the park for a cheque presentation by the penguin keeper, Chris Green.

Mr Green recently raised £1,717 50 by shaving off his beard that he was growing for three years for his favourite charity and presented them with the cheque in the penguin enclosure

He said "I'm really touched by people's generosity and want to thank everyone who supported me and donated to this incredible charity I'm already plotting my next fundraising venture and if anyone has any great ideas, please get in touch!"

Jodie Sabin from Make-A-Wish said "Chris has a raised a fantastic amount of money for Make-A-Wish and we are really grateful to him for everything he has done

"The money raised will go towards granting magical wishes for children living with life threatening illnesses and we simply wouldn't be able to do this work without the amazing support from people like Chris."

HRGO Driving

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Author's delight at debut book signing

AN OXFORDSHIRE author is "elated" after publishing her first novel – four years after putting pen to paper

Jan Harvey will be signing copies of her debut novel, The Seven Letters, at The Tea Set Café Chipping Norton, today from 6pm to 8pm.

The book, which has already received 50 five star reviews by Amazon readers, is set in The Cotswolds and Paris and tells the story of a female Resistance fighter who is sent to spy on the German High Command

Mrs Harvey who lives in Shipton under-Wychwood, near Chipping Norton, said, "The Seven Letters comes from my interest in the Resistance which grew out of my ongoing love of old black and white films

"When I came to write the novel I discovered that the luxurious brothels in Paris had been taken over by the German High Command and thought how interesting it would be to put my main character a young female resistance operative inside one, undercover"

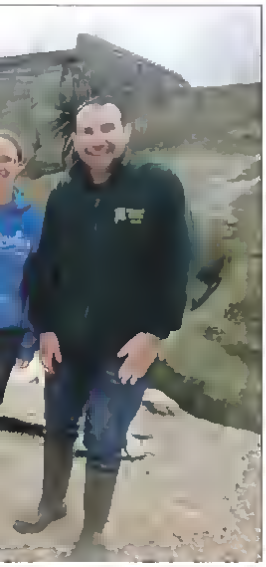
The 55 year-old, who also runs women's business networking group Chippy Lippy, said she was "elated" to have the novel published and has already started on a second.

She said, "It is been a long road and I have had to do a lot of research, but all my findings on what is a little known aspect of World War Two came together when I began writing

"The reviews have been tremendous and I have had over 50 five star reviews on Amazon since the launch in November"

The Seven Letters is for sale from March 2 as a paperback from all outlets or online.

For more information, go to janharveyauthor.com.



Chris Green presents the cheque for more than £1,700 to Jodie Sabin from Make-A-Wish Foundation - he raised the money after having his beard shaved off after three years

Scholarships help dreams take flight for youngsters

George Welch, *Reporter*

A BRIZE Norton man with a passion for flying is to take to the skies after receiving a 'once in a lifetime' flying scholarship.

Mark Middleton is one of just 30 serving RAF Regular and Reserve Junior Ranks (JRs) to receive the scholarship which is the first step to fulfilling his dream of becoming a professional pilot.

The 24 year-old applied for the RAF Flying Clubs' Association (RAFFCA) Junior Rank Pilot Scholarship Scheme (JRPSS) which will enable him to receive 15 hours of flying training with the view to achieving a Light Aircraft Pilot's Licence (LAPL).

SAC Middleton, from RAF Brize Norton, applied for the scheme as he's always had a passion for flying.

He said: "I've had previous experience flying but it is an expensive hobby so when an opportunity arises like this you don't hesitate in applying.

"It's a once in a lifetime chance, for which I am extremely grateful to be offered."

Mark's flying instruction will begin in April at a selected RAF Flying Club and once he has successfully completed the scholarship he can apply for another scheme that provides additional funding to continue flying training.

When he has completed the scheme, Mark hopes to continue flying, building up his air hours and experience with a view to gaining more qualifications and fulfil his dream of one day becoming a professional pilot.

As part of the training Mark will be able to use the RAF's new DA 42 Diamond Star Simulator.

Justine Morton, a director of the RAF Charitable Trust (RAFCT) which is sponsoring the scholarship said, "I'd like to say a big congratulations to Mark and those who were selected for this year's scholarship intake.

"They have a very exciting few months ahead of them and I wish them the best of luck.

"The trust sponsors the JRPSS each year to provide more flying opportunities for young personnel who otherwise may not get the chance.

"The success of the scheme over the past two years shows the difference this funding can make to the lives of our JRs, as well as highlighting just how much appetite there is for youngsters to get involved in aviation."

To be in with a chance of receiving the training, applicants had to prove that they had the "right credentials for the scholarship as well as demonstrate their thirst to improve their knowledge of aviation and to experience what it's like to get airborne."

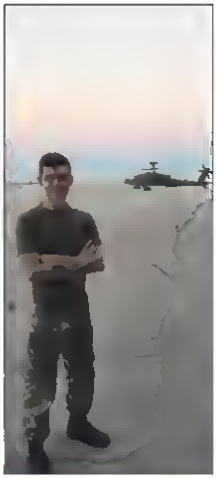
This year's scholarship received a record total of 468 applications.

RAFFCA project officer Flight Lieutenant Chris Hives said, "It's great to see so many young people with an interest in aviation getting excited about the scheme, and this meant that the competition for this year's JRPSS was tougher than ever.

"All of this year's scholars should be extremely proud to have got through such a robust selection process."

The scholarship was launched in 2015 to improve the airmindedness of junior ranks.

The scheme has already benefitted 40 personnel, with the ambition of supporting 100 scholars through the scheme by 2018 – the RAF's centenary year.



Mark Middleton is on the way to becoming a pilot

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Out&About

Your guide for your leisure time in & around Oxfordshire

Oxford Dance Festival set to be a real toe tapper

Put on your dancin' shoes

Pages 28&29

5 of the best...

Latest film review > p28 Your favourite uncles > p30 Ashmolean f[illegible] review> p37

At the cinema *with Laurie Bailey*

Logan (15)

Classy farewell for a veteran super-anti hero

Dafne Keen as Laura and Hugh Jackman as Logan
Image: *Twentieth Century Fox Film Corporation*

Hugh Jackman hangs up his adamantine claws once and for all in James Mangold's 15-rated superhero feature.

Jackman's uncanny ability to portray nuanced humanity in the Marvel comics' yellow spandex-wearing X-Man 'Wolverine' won him a 17-year tenure in the role and fans are desperate for a final glorious veteran's send off. You can let go of that breath you're holding: it's a success in almost every way.

The years haven't been kind to the X-Men or mutant kind in general: we meet Logan in his new role as limo driver-for-hire: drinking too much and sleepwalking through a humdrum existence.

Newborn mutants seem to be a thing of the past, leaving Logan to care for an aging, unstable Professor Xavier (Patrick Stewart) and nervous Caliban (Steven Merchant – no, really) in an abandoned warehouse.

Everything changes when they meet a mysterious young girl (Dafne Keen) desperately fleeing armed security operatives from a research facility – and there's something very familiar about her.

I admit the film's marketing had me worried - superhero flicks are by nature fantastical tales that shouldn't be taken too seriously, yet the trailers looked as po-faced and sincere as movies get.

What a relief then, that Logan is actually full of classic cinematic fun. The whole thing is a riff on the grizzled, regretful Wild West lawman odd-coupled with a youthful, wide-eyed sprite - but with a twist. In this case, the young adventurer's naivety leads her more to extreme violence than cutesy civility.

The small cast are on top form – especially debutante Dafne Keen – building believably strained relationships that lend weight to the more emotional moments while Jackman showcases some positively time lord-esque disrespect for his advancing years. You can't help but wonder if Marvel will really let him go after yet another home run.

The much-hyped bloody action and strong language pushes hard against the film's 15 certificate, but quickly suffers from diminishing returns.

There are also some undeniably plot-filling sequences and a few clunky lines seemingly written for trailer editors - but overall...this sombre anti-hero's tale is a smash pure and simple.

Laurie's rating

★★★★

The whole thing is a riff on the grizzled, regretful Wild West lawman odd coupled with a youthful, wide-eyed sprite – but with a twist.

Laurie Bailey graduated with a degree in English but a love for film. He is an Oxford-based film critic, BBC Radio Oxford film contributor and host of the Super Bailey Bros in Movie Land podcast, for more go to *lauriebailey.co.uk*
He lives locally with his wife and daughter.

Feel like dancing?

Whether it's sassy salsa, romantic rumba or contemporary dance, this year's Dancin' Oxford has something for all of any age...

Dance is a life long activity– whether it's a career or a hobby according to Oxford City Council's dance officer.

As the county's biggest dance festival returns for its 11th year from tomorrow Claire Thompson says everyone can get involved.

Theatres and arts centres across Oxfordshire will be hosting numerous workshops and performances until Sunday March 12.

Taster sessions to learn salsa, contemporary, zumba and early 20th century swing are just some of the dance choices on offer while for the more committed, there's a 24-hour dance-a-thon to get involved in over nine action-packed days.

Professional productions such as Early Adventures, directed by award winner Matthew Bourne, best known for his male version of Swan Lake and Reflections which looks at body confidence are set to attract large numbers.

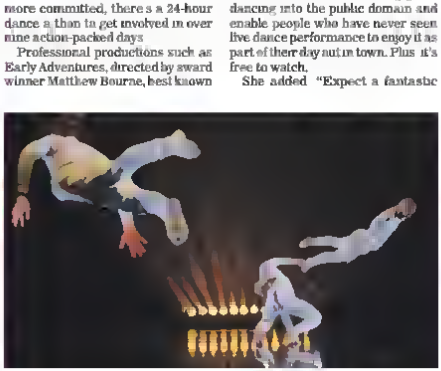
This year's 'Dancin' Oxford will literally have something for everyone.

"Everyone can get involved – from toddlers to grannies," Claire told The Paper.

"There are events aimed at specific ages (such as young families) but there are lots of events that would definitely appeal to all ages.

"The Dance Festival launch on March 4 is intended to bring great dancing into the public domain and enable people who have never seen live dance performance to enjoy it as part of their day out in town. Plus it's free to watch.

She added: "Expect a fantastic



Picture: Andrew Fox

dancin' OXFORD DANCE FESTIVAL 2017

range of dance companies who will be performing across the festival period, plus lots of opportunities to try out taster dance classes in different styles

"We really do have something for everyone, for all ages, whether new to dance or a long-term enthusiast!"

Last year was probably the most successful Dancin' Oxford that has ever been put on, as it was the festival's 10th anniversary

Despite hundreds of people attending the various workshops and shows 12 months ago Claire thinks this year could be the largest Dancin' Oxford ever

Venues such as Oxford Playhouse, Pegasus Theatre the Ark T Centre Oxford Town Hall and The Mill Arts Centre in Banbury will be hosting just some of the activates with there being many sessions for beginners to experts

Claire thinks curiosity of those thinking about taking up dance could maybe lead to Dancin' Oxford 2017 being a huge hit with everyone in the county

"The taster classes are designed especially for people who are completely new to it," she said.

"They are intended to be fun, social and non threatening, but there are also weekly classes in each of the dance styles for those who want to continue with it beyond the festival.

"There is a joy that dance brings – whether watching it or taking part in it – it's amazing.

"People often make a real emotional connection with dance and it so often has a real feel-good factor

"Dance is creative, fun, life enhancing social and there's always something new to learn

"It's also a life long activity – whether it's as a career or a hobby"

For a full list of events, visit www.dancinoxford.co.uk/festival

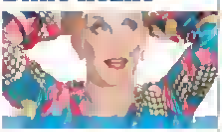
Solardo Sessions Tour

O2 ACADEMY, OXFORD
Sat Mar 4

Burton

CORNERSTONE ARTS CENTRE, DIDCOT
Burton vividly presents the life of the great Welsh actor in his own words from humble beginnings to Hollywood mega-stardom. Beautiful women (not least Liz Taylor) alcohol, wealth, stage and screen are the threads woven into this sad, happy, exuberant often hilarious one-man show
Sat, Mar 4

Dillie Keane



THE THEATRE, CHIPPING NORTON
With some brand new songs, some grand old favourites, gorgeous songs of love and songs of disgraceful filth, Dillie will break your heart mend it again and have it sent to the cleaners for pressing. And she'll give you her recipe for chutney while she's at it.
Mon, Mar 6—Tue, Mar 7

Chris Wood

OLD FIRE STATION, OXFORD
Chris Wood is an uncompromising writer whose music reveals his love for the un-official history of the English speaking people. With gentle intelligence he weaves the tradition with his own contemporary parables Collaborators have included Martin Carthy, Billy Bragg, Karine Polwart and The Imagined Village
Tue, Mar 7

Nick Galer Bakes

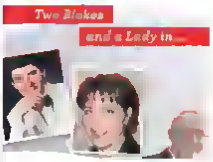
CORNERSTONE ARTS CENTRE, DIDCOT
Hear about Nick's food ethos at The Miller and how the provenance of ingredients, quality of produce and culinary techniques combine to create his fine modern British food. Discover how running a fine dining restaurant in an informal modern inn is about balance as much as standing out from the crowd.
Tue, Mar 7, 7.30pm

Oxford entertainment

Oxford's entertainment highlights

To promote your event please email events@taylornewspapers.co.uk

Life's Merry Go Round



CORNERSTONE ARTS CENTRE, DIDCOT
Conceived, written, directed, produced, designed and musical direction by Seamus O Connor (blame him not the cast!) With very minor parts taken by Roxie Boulter Jim Mitchell and several others
Thu, Mar 9

Brief Encounter

UNICORN THEATRE, ABINGDON
Noel Coward's classic drama about British suburban life, centring on Laura, a married woman with children, whose conventional life becomes increasingly complicated because of a chance meeting at a railway station with a stranger, Alec. They inadvertently but quickly progress to an emotional love affair, which brings about unexpected consequences.
Wed, Mar 8—Sat, Mar 11

Ashanti

O2 ACADEMY, OXFORD
Celebrate a night of RnB with the iconic songstress Ashanti, renowned for her collaborations with Ja Rule and Fat Joe.
Thu, Mar 9

Charlie Baker is the Hit Polisher

CORNERSTONE ARTS CENTRE, DIDCOT
Charlie Baker swings in to town direct from playing the O2 (Channel 4's Comedy Gala) appearing as Harry Hill's hunchback kitchen assistant (Sky 1's Tea Time) and causing trouble in Albert Square (BBC1's EastEnders)
Fri, Mar 10

Bridget Christie – Because you demanded It

OXFORD PLAYHOUSE, OXFORD
The people of the UK have voted to leave the EU even though no-one had a plan for what would happen if it did. Consequently, the UK has gone to [insert your choice of expletive here] economically, socially and politically. If you didn't want to leave the EU or you did, but now don't, because everything's gone to [insert swear word here], then this is absolutely the show for you
Fri, Mar 10

Rock @ The Beacon

THE BEACON, WANTAGE
The popular live music festival is back promising to be better than ever! Local real ale food, music stalls and many more. Acts include: Thunderbird, Evergreen, Gorwler, The Undercovers, Eleven, plus special guests from The Sweatbox!
Sat, Mar 11

Thrive

CORNERSTONE ARTS CENTRE, DIDCOT
When Ollie, Ashleigh and Raph are thrown together by a sudden death, they find themselves wrestling with the emotional consequences of this painful event. These three young people didn't go looking for suffering, but suffering found them anyway. Join them on their journey and stand side by side with them as they recover, survive and maybe even Thrive
Sat, Mar 11

A Cappella Spring Festival

CORNERSTONE ARTS CENTRE, DIDCOT
Taking over the whole of the building, this one day a cappella singing workshop offers a choice of choral groups and classes, led by inspirational tutors. Pre-registration is essential as music and learning tracks are made available well before the day
Sun, Mar 12

ENTERTAINMENT

Denial

THE THEATRE, CHIPPING NORTON

Denial recounts Deborah Lipstadt's legal battle for historical truth against David Irving, who accused her of libel when she declared him a Holocaust denier. This cracking drama features a script from playwright David Hare and a great British cast featuring Timothy Spall (Turner) Tom Wilkinson (Shakespeare in Love) and Rachel Weisz.

Sun Mar 12—Mon, Mar 13

Laura Marling

O2 ACADEMY OXFORD

Laura Marling, one of the most talented and prolific young musicians of a generation, announces a UK tour in support of her highly-anticipated sixth studio album, Semper Femina.

Mon, Mar 13

Fish Eye Pam's

OLD FIRE STATION, OXFORD

Pam has already got a low opinion of her neighbours. So when someone punches her Elizabethan sideboard it's all-out war as she becomes a one-woman MI6, ramping up her operation from curtain twitching to spy cameras hidden in hand knitted novelties. But what Pam unearths is what she already suspects—that everyone around her is a thief, a pervert or a terrorist.

Tue Mar 14

What's on in Oxford

Bonafide

O2 ACADEMY, OXFORD

Bonafide Swedish rockers, Bonafide, embark on the 'Flames UK Tour'. The band is on a mission to perform hard rock the way it's supposed to be played, true to its roots in electric blues and early R'n'B.

Tue, Mar 14

Lucy Spraggan

O2 ACADEMY, OXFORD

Since appearing on The X Factor, singer-songwriter Lucy Spraggan has gone on to become one of the most intriguing singer-songwriters today.

Wed, Mar 15

Big Balloon going up in Oxford

By James Richings

Dutch Uncles are, from left, Andy Proudfoot, Robin Richards, Duncan Wallis and Peter Broadhead

Dutch Uncles have continued their biennial album tradition with a new release this year.

Big Balloon, which came out on February 17, is the group's fifth offering in eight years and they'll showcase the tunes at their debut gig at the O2 Academy on Wednesday March 8.

But there won't be any 'first night performance' nerves, as they last gigged in Oxford two years when their previous album O Shudder was released.

And with each album having a different sound to it, lead singer and pianist Duncan Wallis admitted he wasn't sure what genre their music is.

"That's your (the listener's) call to make," he said. "I like to think we're more of a progressive pop project than a band, because of our approach to the writing process.

"But I have no idea how it's interpreted to people on the outside."

He added: "On the night, expect 18 slices of bad attitude, or having a bad attitude depending on what day of the tour we're on.

"We're dropping up some of the last few surprises from our back catalogue that have either gathered dust or never even been touched.

"So to anyone that's seen us in the last few years and feels familiar with some of our album tracks, there'll even be something new for them too.

"On the whole though, we're trying to compliment the new record with our other choices and it's shaping up just lovely."

Along with Duncan, Dutch Uncles is made-up of Andy Proudfoot (drums) Robin Richards (bass guitar) and Peter Broadhead (guitar).

Formed in 2008, the three we already in a band from their school days before Duncan managed to talk his way in by suggesting they needed a pianist.

To win the band over, he did a cover of The Killers' Mr Brightside which they loved, and three weeks after he joined, Dutch Uncles had their first gig and haven't looked back ever since.

"Naturally we would measure our time as a band with the albums we've released, rather than the managers or session players we've gone through.

"That wouldn't be a very positive way of looking at it now would it?"

"And personally I think our third album Out Of Touch In The Wild is still probably our best one.

"Firstly for its striking instrumentation (it is seen as our Marimba album) but I can also remember being totally consumed by our identity as a band at that time and how we embraced that like it was the most natural thing in the world.

"We made the album in the space of half a year which is something we haven't achieved since, and as time's gone on since then, you can start to question why you're still doing this, so I guess my reason is just as sentimental as it is about taste."

Tickets cost £11.25 and doors open at 6.30pm.

Wantage Beer Festival

THE BEACON, WANTAGE

Organised and run by White Horse CAMRA in close association with The Beacon, this year's festival will feature 28 ales along with ciders selected by branch members, many from breweries local to the Vale. Wantage brewer "Adkin" will produce a specially created Irish Pale ale, in honour of March 17th of course being St Patricks Day. Other beer styles will include India Pale Ales, Stouts and a Wheat Beer. Last Year's Champion Beer of Britain Binghams Vanilla Stout will also be available.

Fri, Mar 17—Sat, Mar 18

Cheats and Deceits

OXFORD PLAYHOUSE, OXFORD

From cheating cuckoos to ant mimicking spiders, the natural world is full of hustlers. Creatures of all shapes and sizes, who are out to lure unsuspecting prey, coerce potential mates and avoid attack from predators.

Fri, Mar 17

Soprano Summit Legacy Band

CORNERSTONE ARTS CENTRE, DIDCOT

The "summit" format is used in jazz to bring together performers on a particular instrument backed by a rhythm section. The American band, Soprano Summit, was formed in 1972 by distinguished reedsmen, Bob Wilber and the late Kenny Davern and had worldwide success both in concerts and record sales.

Fri, Mar 17

Sing

THE THEATRE, CHIPPING NORTON

In this quirky animated musical from the makers of Despicable Me and Minions, a koala impresario stages a grand singing competition for the world's animals. The voices of Matthew McConaughey and Reese Witherspoon add to this veritable farmyard of fun.

Sat, Mar 18

Loving

THE THEATRE, CHIPPING NORTON

Loving celebrates the real life courage and commitment of an interracial couple, Richard and Mildred Loving (Joel Edgerton and Ruth Negga), who married and then spent the next nine years fighting for the right to live as a family in their hometown. Their civil rights case went all the way to the Supreme Court, which in 1967 reaffirmed the the right to marry. A timely and moving film.

Sun Mar 19—Thu, Mar 23

Goldfrapp

OXFORD PLAYHOUSE, OXFORD

The dynamic duo Goldfrapp, will be bringing their electronic beats to the UK in March, with their first album in four years following shortly after. Catch their new single Anymore as well as all their hit songs when they perform at the O2 Academy Oxford.

Mon Mar 20 7pm

Heart of Darkness

OMNIBUS THEATRE LONDON
Scandal and Gallows return to Omnibus with their gripping one-man adaption of Conrad's novel.
Thu, Mar 2 – Wed, Mar 8

Drive-hy Truckers + Eyelids

ROUNDHOUSE CLUE LONDON
Drive-By Truckers celebrate 20 years together with the release of American Band, their most political statement yet. Recorded late last year in Nashville with longtime producer/ engineer David Barbe behind the board American Band's considerable force can in part be credited to the strength of the current Drive-By Truckers line-up
Fri Mar 3

Russell Howard: Round the World

ROYAL ALBERT HALL, LONDON
In 2017 critically acclaimed Comedy Superstar (Time Out), one of the best-selling acts in British stand-up, and host of the smash hit TV show Russell Howard's Good News Russell Howard returns to the live stage for the first time in three years with his biggest global tour to date – Round The World.
Wed, Mar 1 – Fri, Mar 10

Dream-state London

O2 ACADEMY BRIXTON
The ultimate trance destination Dreamstate celebrates the best in all of trance's subgenres, from progressive and uplifting to psytrance. After incredible shows across North America and Australia Dreamstate makes its London debut at O2 Academy Brixton.
Sat, Mar 4

What's on in London

Jonathan Pie

PALLADIUM LONDON
Jonathan Pie is a respected News reporter for a respected News broadcaster but he has a problem. He has several problems. He hates his job. He hates his colleagues. But mainly he hates the news.
Sat, Mar 4

VANT

O2 BRIXTON LONDON
Sun, Mar 5

Bunny

THE WHITE BEAR THEATRE, LONDON
A vital tale for our times by multi award winning playwright Jack Thorne. Bunny is an interrogation into the mind of one young girl struggling to find her place within a modern world lacking intimacy and connection.
Tue, Mar 7 – Sat, Mar 25

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3rd April - 7th April	£145	15th May - 19th May	£164
10th April - 14th April	£149	22nd May - 26th May	£164
17th April - 21st April	£149	29th May - 2nd June	£164

5 Night Breaks

4th June - 9th June	£212	9th July - 14th July	£242
11th June - 17th June	£215	16th July - 21st July	£262
18th June - 23rd June	£222	23rd July - 28 July	£262
25th June - 30th June	£242	30th July - 4th Aug	£268
2nd July - 7th July	£242	6th Aug - 11th Aug	£268

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25th Mar - 31th Mar	£209	29th April - 5th May	£222
1st April - 7th April	£209	6th May - 12th May	£224
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Happiness mapped: why work is where we feel the worse

Are you happy while you work? The answer to that question may depend on when you're being asked it. Significant amounts of research suggest that people are – overall – happy with their jobs and get a sense of purpose from work. But our research suggests it's not so simple.

Paid work is a central part of most people's lives, so it should not be surprising to find that it is critical to the way we feel about ourselves and our sense of well-being. Perhaps it is because work generates a feeling of being worthwhile, leading to a sense of meaning or purpose in life.

To find out how people feel when they are at work – in the moment – an app called Mappiness has been designed, which allows people to record their well-being on the go via a smartphone. This enabled us to capture and analyse people's feelings at the time they are doing an activity, rather than on reflection afterwards.

Precisely how unhappy or anxious someone is while working depends on the circumstances. Well-being at work varies significantly with where you work (at home, at work or elsewhere), whether you are combining work with other activities, whether you are alone or with others, and the time of day or night at which you are working. Many of these circumstances can be shaped by public policies to facilitate "happier" working conditions – which can also improve productivity.

But why does work appear to have such an adverse effect on people's momentary well-being? We know that part of the answer is related to anxiety at work. Even though people are positive about paid work when reflecting on the meaning and value of their lives, actually engaging in paid work comes at some personal cost in terms of the pressures and stress they face while working.

But this is not the whole story. Working continues to be negatively correlated with happiness even when it is combined with other activities that are pleasurable, such as chatting with friends. Plus, even when we account for how relaxed people felt, working continues to be negatively associated with momentary well-being.

Instead, it appears that we would just rather be doing other things than working. This is why economists have long theorised that work is dependent on getting paid to do it – and why people typically put in more hours and more effort when the pay is higher.

Alex Bryson & Georgia MacKerron

Eat to sleep

Suffering from an interrupted night's sleep can often leave us feeling foggy, grumpy and slow the next day. But did you know that our diet could have an effect on our sleeping patterns? Nutritionist Cassandra Barns explains how five foods can have a positive effect on our sleeping patterns and help us drift off into an uninterrupted and peaceful night's sleep, leaving us feeling refreshed and rejuvenated for the day ahead.

Pumpkin seeds

Pumpkin seeds are rich in magnesium, a mineral that helps to calm and relax the muscles and encourage restful sleep. For a tasty evening snack, try Clearspring Organic Tamari-Roasted Pumpkin Seeds. Supplementing magnesium could also help: try KalmAssure Magnesium Powder. Take it with your evening meal to help your body wind down at the end of the day.

Sweet potatoes

For a similar reason to oats, eating some sweet potato with your evening meal can help keep up that drip-feed of energy over the night, and help with melatonin production. Sweet potato can be a better option than white potato, as it tends to release energy more slowly while still being a good source of carbohydrates. And stick to a moderate portion such as one medium potato, especially if you're watching your weight.

Oats

As well as being a good way to start the day, oats can be a great way to end the day. Surprisingly, your body requires energy to sleep as well as to be active. The slow-releasing carbohydrates in oats drip-feed your cells with energy throughout the night, and can stop your blood sugar from falling too low and waking you up. The carbohydrates can also help the amino acid tryptophan to cross into your brain to make melatonin, the hormone that regulates your sleep-wake cycle. Try a half-bowl of Nairn's Gluten-Free Scottish Porridge Oats for supper.

Cherry juice

Cherries have been found to contain small amounts of melatonin, the hormone that helps regulate your sleep-wake cycle. So if you struggle with insomnia, a glass of cherry juice or a serving of fresh or dried cherries before bedtime can naturally help you drift off.

Kukicha twig tea

To encourage better sleep, minimise your caffeine intake after midday. If you love your green tea, try switching to Kukicha twig tea in the afternoon – it's made from twigs and stems of the tea bush rather than the leaves, and is much lower in caffeine. Try Clearspring's Organic Japanese Kukicha.

Also, remember to finish your evening meal at least two hours before you go to bed, to give your body enough time to properly digest and relax before you settle into a long night's sleep.

Music can make you more positive about other cultures

Listening to five minutes of West African or Indian pop music can give the listener more positive attitudes towards those cultures, research from the Universities of Oxford and Exeter has found.

Research had previously shown that making music can foster affiliation and cooperation among participants, but this study shows that even listening to music can improve someone's unconscious attitudes towards other cultural groups.

Music psychologists Professor Eric Clarke and Dr Jonna Vuoskoski from the University of Oxford and sociologist of music Professor Tia DeNora from the University of Exeter used a method called the Implicit Association Test to measure the change in listeners' unconscious cultural bias after listening to a single track of West African or Indian pop music.

They found a shift in positive feelings towards the target culture – though not all listeners were equally affected by the music, people with an empathic personality were more susceptible to the effects of music, while those who scored low in empathy remained unaffected.

"Music performs a whole range of psychological and social functions, bringing people together in powerful ways, and shaping people's emotions and behaviours", said Professor Eric Clarke of the Music Faculty at Oxford University.

"And it's important to recognize that music can also be very divisive. But at a time of increasing nationalism and isolationism, the findings of our study provide encouraging evidence for music's capacity to increase cultural understanding.

"Music is no 'magic bullet' that automatically overcomes barriers and brings people together; a degree of openness and empathy is also required," added Dr Jonna Vuoskoski.

Professor Tia DeNora said, "We're learning more all the time about how music conditions predispositions for action. And that means learning more about what music can and cannot do. Understanding how music perception is shaped by social and situational factors, and how responses to music involve often pre-conscious cultural reflexes, is one of the most intriguing projects for socio-musical research today, perhaps especially at a time when values such as tolerance and empathy have never been more urgent."

Wild blueberries boost young people's mood

Consuming flavonoid-rich foods such as wild blueberries can have a significant positive effect on young people's mood, a University of Reading study has found.

In two trials published in Nutrients, children and young people consumed a drink containing wild blueberry or a matched placebo and were asked to rate their mood on a numerical scale before and after the drink. In both trials, participants recorded a significant increase in positive mood after drinking the wild blueberry-infused drink.

Professor Claire Williams, a neuroscience professor at the University of Reading said:

"We have known for some time that flavonoids promote healthy brain function in adults. However to our knowledge this is the first, fully controlled, double-blinded research study to examine the effects of flavonoids on mood in young people."

"Wild blueberries are rich in flavonoids, compounds found naturally in foods such as fruits and their juices, vegetables and tea. They have been associated with a range of health benefits including antioxidant and anti-inflammatory effects, and it is exciting to see their impact on mood in a highly novel experiment.

"This was a preliminary trial and now needs replication and testing in other populations to understand the link between flavonoid interventions and improved positive mood."

The two double-blind trials used a flavonoid-rich wild blueberry (WBB) drink which was prepared by mixing 30g of freeze dried blueberries with 30ml orange squash and 220ml of water. The placebo was matched to the WBB drink for sugars and vitamin C so that both drinks contained the same levels of glucose and fructose.

Participants' moods were tested to gauge positive and negative mood, and in a trial of 21 young people aged 18-25, participants recorded a significant increase in positive mood after drinking the wild blueberry-infused drink. The trial with children also saw a significant increase in positive mood.

Professor Shirley Reynolds, expert in adolescent mental health and director of the Charlie Waller Institute said:

"The results of this study are the first to show that consuming flavonoids improved positive mood in both children and adults. The results were seen two hours after people had consumed a single flavonoid enriched drink.

"Sustained low mood is a problem that is common at all ages and is a core feature of depression. This research is important because it suggests that including flavonoids as part of a healthy mixed diet might help prevent low mood and depression.

"Because flavonoids are found in many fruit and vegetables this is a simple way that we might be able to improve health and well-being."

Previous Reading research has shown that consuming wild blueberries can improve cognitive function in primary school children (link), and that other flavonoid rich drinks such as orange juice, can also improve memory and concentration. Research from the University of Reading has also reviewed previous academia looking at the association between dietary intake of children and young people and depression and related mental health problems.

Research is still ongoing to determine the exact mechanisms by which flavonoids may exert benefits to the brain.

Several mechanisms have been proposed such as improved blood flow in the brain and protecting neurons against oxidative damage and increasing the efficiency with which neurons transmit signals.

Does your job affect fertility?

Research found that a physically demanding job or work schedules outside of normal office hours may lower a woman's ability to conceive.

The study, published in the journal Occupational and Environmental Medicine, looked at indicators of "ovarian reserve" in 473 women attending one fertility clinic.

The "reserve" refers to a woman's number of remaining eggs and level of follicle stimulating hormone (FSH), which rises as a woman ages and represents dwindling fertility.

Researchers discovered that while type of workload did not seem to make any difference to FSH levels, women with physically demanding jobs had a lower reserve of eggs than those whose work did not regularly require heavy lifting.

Among women going through IVF, those with physically demanding jobs had a lower total reserve of eggs and fewer mature eggs, representing reductions of nearly 9% and nearly 14.5%, respectively - when compared with those who didn't do heavy lifting.

For women working evening, night or rotating shifts, their reserves were found to follow a similar pattern.

Women who were overweight (BMI of 25 and above) and whose job was physically demanding, also had fewer mature eggs.

Researchers said: "These findings have clinical implications, as women with fewer mature oocytes [eggs] would have fewer eggs which are capable of developing into healthy embryos."

Vitamin D – what you need to know

While the sun is still slow in coming out – make sure that you top up on Vitamin D to keep feeling great.

Public Health England (PHE) said vitamin D was vital for bone and muscle health but that people were generally not getting enough from sunlight during the winter months.

It said everyone should ensure they were getting 10 micrograms of vitamin D per day, and should consider a supplement, and breastfed babies and young children must be given a supplement to boost their intake.

The new recommendations are based on advice from the Scientific Advisory Committee on Nutrition (SACN) which was asked to review the evidence by the Department of Health.

The recommendations refer to average intake over a period of time, such as a week, and take account of day-to-day variations in vitamin D intake.

Sunlight is the main source of vitamin D for most people, but the SACN was unable to say how much sun was the "right amount" owing to differences in how people's bodies convert vitamin D.

The vitamin is also found naturally in a small number of foods such as oily fish, red meat, liver and egg yolks and is added to some breakfast cereals and spreads.

Some of the best sources are eggs (one whole poached egg contains 1.025mcg of vitamin D) and fish (one 112g fillet of mackerel contains 13mcg, an 85g fillet of cooked salmon cooked contains 11.2mcg and 85g of tinned, drained salmon contains 12.3mcg).

Dr Louis Levy, head of nutrition science at PHE, said: "A healthy, balanced diet and short bursts of sunshine will mean most people get all the vitamin D they need in spring and summer.

"However, everyone will need to consider taking a supplement in the autumn and winter if you don't eat enough foods that naturally contain vitamin D or are fortified with it.

"And those who don't get out in the sun or always cover their skin when they do, should take a vitamin D supplement throughout the year."

Competition

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The selling point in your home

The latest survey from home services marketplace Plentific has revealed that a new kitchen is the most effective home improvement for influencing a potential buyer's final decision as well as their offer.

When looking to buy a new property, 47% of potential homeowners would be influenced by it having a recently fitted kitchen. 26% would also be more likely to offer a higher price for this feature. Having a new bathroom also has a strong influence on home buyers. 46% would consider this when deciding whether to buy and 27% would potentially be willing to offer more money.

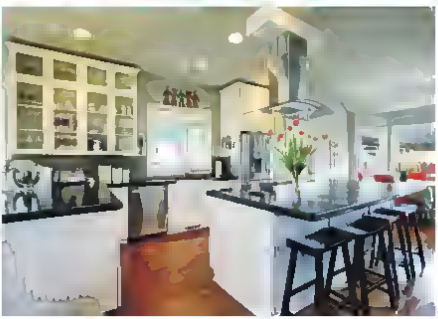
The order of rankings then somewhat divides. Looking at home improvements affecting the final decision to buy, new windows (45%) ranks third, followed by a new boiler (43%), a new extension (34%) and new loft insulation (33%). At the other end of the table, 31% of home buyers claimed that a new conservatory would affect their decision to buy. New garden landscaping (29%) follows this and new lighting (23%) sits at the bottom of the table.

It's interesting when this order is compared to how home improvements affect the buyer's decision to offer a higher price. New extensions climb the rankings to take third with 26%, whilst a new conservatory is also ranked highly with 23% of home buyers feeling this warrants a higher price. Extensions to the property clearly have a stronger influence on the offer than the decision to buy for potential buyers.

Spokesperson for Plentific Stephen Jury said, "Many property buyers keep an eye out for particular home renovations when searching for their next home. It goes without saying that costly renovations are high on the wish list for most buyers. These can add significant value to a property and incentivise buyers to offer a higher price. If a seller is looking to get a better offer, our insight could provide useful guidance on which home improvements to invest in."

Which of the following new home improvements would influence your decision to buy or your decision to offer a higher price?

Home improvement	Affects decision to buy	Affects decision to offer higher price
New kitchen	47%	26%
New bathroom	46%	27%
New windows	45%	23%
New boiler	43%	20%
New extension	34%	26%
New loft insulation	33%	17%
New kitchen appliances	31%	22%
New conservatory	31%	23%
New garden landscaping	29%	18%
New lighting	23%	12%



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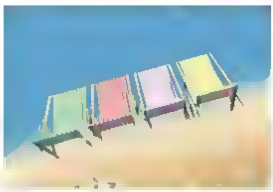
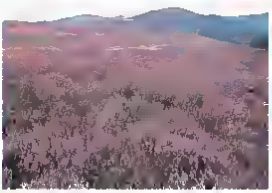
Cosy Breaks in the English Riviera: Paignton
24/03/17
4 Days £235

Paignton is a lovely seaside resort with a level esplanade leading to a small harbour, and there are fine view over Torbay with its vivid blue sea and sky This tour also includes a choice of either a visit to Tavistock, an attractive town with an ancient indoor Pannier Market, or Morwellham Quay a 'lost' Victorian village



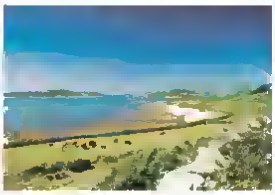
Bargain Mystery Tour:
Easter break
14/04/17
4 Days £319

Enjoy the Easter break at our mystery hotel with an afternoon tea and hot cross buns on arrival, Easter Egg for each guest and an Easter Sunday Lunch! There will be interesting towns visited on the way to and back from the destination and there will be an included excursion from the hotel on the middle day.



River & Rail in Ireland: Wicklow
23/04/17
5 Days £439

This short break to the East Coast of Ireland is filled with treats including a rail tour, a scenic river cruise under Dublin's historic bridges and much more! We will be staying at the delightful Royal Hotel based in Bray which as excellent leisure facilities to help you relax and indulge during your stay.



Isle of Scilly: St Mary's
09/04/17
7 Days £799

The Isles of Scilly are an archipegalo of five inhabited islands and numerous other small rocky islets 28 miles off Lands End The Iles of Scilly have an exceptionally mild climate, and countless golden sandy beaches. Scilly is a beautiful haven of peace and tranquility. Our base is St Mary's

Pembrokeshire: Tenby
31/03/17
4 Days £225

Pembrokeshire is known throughout the world for its lovely coastal scenery and its golden sands are backed by towering cliffs Tenby is a delightful little harbour and seaside resort in a picturesque setting. On this tour we will be staying at the Clarence House Hotel which is superbly situated with stunning sea views

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Our 2017 UK and European Holiday brochure is out now with all the usual favourites, plus a host of new destinations and holiday ideas!

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Going back in time for dinner

Ashmolean
Ashmolean Museum, Beaumont Street, OX1 2PH

Rating: 8/10

Camilla Brown finds there's much more to enjoy at the popular museum

What better way to spend a belated Valentine celebration than with an evening of jazz in the rooftop restaurant at the Ashmolean museum? Good food, wine, art and atmosphere...it certainly got me brownie points with my ghest.

After stepping out of the lift onto the roof terrace, we came over all Wizard of Oz. "We're not in Kansas anymore...Toto" was announced. It felt like we'd stepped into the 1920s thanks to the romantic lighting, quirky art, stunning views and an atmosphere that could echo drinking gin dining the Prohibition. Being so high and cut off from the public below, it felt like everyone dining was in on the same, enthralling secret.

Andrea was our server for the evening, an infectiously enthusiastic host who automatically won us over by offering two glasses of bubbly to kick off the evening, a welcome touch given the occasion. The menu was short yet interesting, but still had familiar choices. A personal pet hate is having to really concentrate on what you're going to order due to the endless options. I'd much rather drink in the surroundings. And the bubbly.

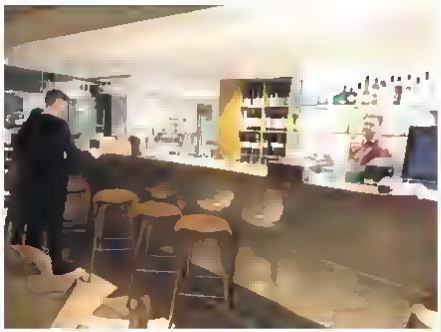
Whilst there was a tempting selection of starters, we couldn't resist the soup of the day – butternut squash, carrot and ginger (£6.50). Rich, flavoursome and the perfect textural soup may get a bad rep, but don't judge before you try it. A pork & pigeon roulade (£8.50) was also ordered which was packed with flavour, yet a little dry, although this fig & apple chutney salvaged it.

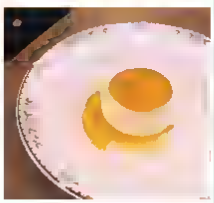
Onto the main event and you really do get your money's worth here! No miniscule, pretentious portions in sight. Clove & honey glazed roast ham with winter greens, parsnip puree and a side of chips (£17) arrived piping hot and surrounding us with gorgeous, meaty aromas. When you cut into the ham it slid off like warm butter. It had the potential to be a posh ham and chips, but the first bite quashed that and we fought over every last bite. Unfortunately the Beef pot au feu (£17.50) had a similar fate as the roulade starter; flavoursome yet dry. The hearty jus helped, but this dish was our least favourite. However it had a lot to live up to...and someone always has to come last.

Now full of meat and wine, we had trouble deciding on dessert. Luckily our knowledgeable Maître D' Nick recommend the crème caramel (£6.50) as a lighter option. And he nailed it. It was a perfectly sized portion of melt-in-your-mouth pud that went down a treat with our Irish coffees (£5).

Throughout the night, a local jazz pianist Elliott Rooney treated us to a variety of classics that added to the ever growing '20s feel. Our scenario felt like something out of a movie, and Elliott made my guest and I feel like the only two people in the room – especially when he sang Brown Eyed Girl to me. Swoon.

We had pre-arranged after dinner cocktails booked elsewhere, but decided we were having too much fun and so stayed until we were the last diners in the room. The rooftop restaurant at The Ashmolean should be everyone's little secret. Honest.





Ditch the fish and chips with 5 fresh ocean foods

We shouldn't be too quick to disregard the astonishing foods hidden beneath our oceans. Seafood is delicious and, more importantly, extremely nutritious!

1. Crab

Crab is rich in protein and low in fat. It's a fantastic source of vitamin B12, which is vital for energy and brain health, as well as zinc and selenium, which keep our immune system strong and have antioxidant activity. Try adding crab to soups, linguine or even as a substitute for meat on salads to give your lunch that extra boost.

2. Sea Salt

Commonplace table salt is refined and typically contains just sodium. But sea salt also contains a range of naturally occurring essential minerals. Although consuming high amounts is ill-advised—it's still primarily sodium, so can have negative effects in excess—it's always going to be a healthier alternative when used in moderation.

3. Oysters

Oysters' elegant appeal overshadows their rich nutritional benefits. They are loaded with essential minerals such as iron and zinc—in fact, they're our best natural source of zinc. Iron plays a vital role in transporting oxygen to our organs and tissues, while zinc supports immunity and hormone balance. Like most seafood, they are also packed with lean protein.

4. Clams

Clams share some of the nutritional benefits of oysters. They also stand out as the best known source of vitamin B12, which is vital for energy, brain and nerve health and immunity. B12 is especially important as we get older, to keep our brain happy. Why not reinvent an old classic by dressing them in Japanese toasted sesame oil topped with some sesame seeds.

5. Seaweed

Seaweed is a true superfood. It's especially rich in iodine – a mineral that many of us may be deficient in. It also contains a range of other essential minerals, as well as unique anti-inflammatory and antioxidant compounds not found in other vegetables. Use nori or wakame flakes as seasoning, or try snacking on crispy seaweed.

Blood orange possets

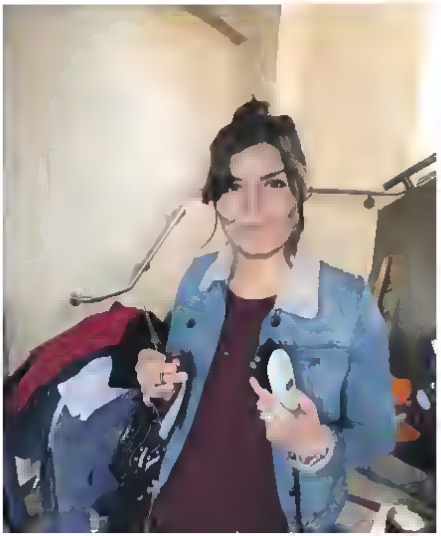
Ingredients
5-6 blood oranges depending on their size
500ml (17fl oz) l ght double cream such as Elmlea
150g (5oz) caster sugar
25g (1oz) dark chocofate, grated, to serve

Method
Zest and juice two blood oranges. You will need 75ml orange juice, so juice another if necessary. Set the juice and zest aside.
Put the cream and sugar in a large pan over a low heat and bring to the boil slowly, stirring until all of the sugar has dissolved. Then boil briskly for 3 minutes or until thickened and pale yellow in colour. Stir in the orange juice and zest.
Divide the mix between glasses or small serving dishes and leave in the fridge overnight to set completely.
Just before serving remove the peel and pith from the remaining oranges and cut the flesh into thin rounds.
Layer the rounds on top of the chilled possets and sprinkle over the grated dark chocolate.

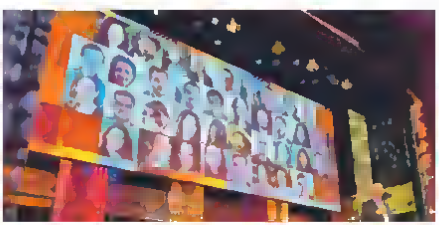
Around Oxford

You have been sending us your pics of Oxford Send your comments, pictures and opinions to alex@theoxfordpaper co uk

@MOSTLYREADING



@OXFORD_HOMELESSV



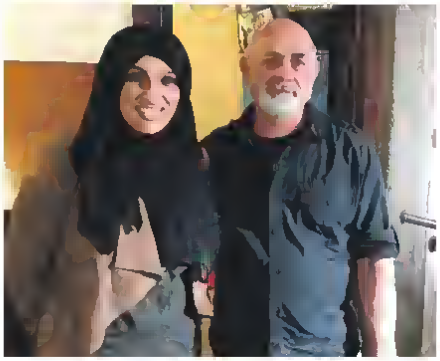
@SKOLLCENTRE

@LORNAMCCULLOCH1

@STEPHENLAW60

@WHEATLEYRUFC

@HEADINGTONPREP



@SHABNAM_SABIB

@OUFCPCWV

@ANASTASIAJOURNO

5 of the best...

Time for tea

Tea is the new must-drink drink. Put down the PG Tips and start to become adventurous. Pop along to these tea shops to try a taste of the orient

1 Boswells

Not just a department store – this cafe offers a great range of cakes and, more importantly, teas! There are 12 to try, so why not indulge while people are watching from the first floor.

1-4 Broad Street, Oxford, OX1 3AG

2 Cardews of Oxford

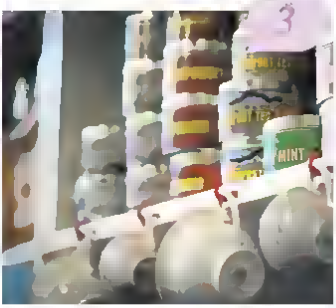
Cardew & Co. was established in 1948, the oldest established supplier of fresh roasted coffees and fine teas in Oxford and moved from its former site in St Michael's Street to the Covered Market in 1965.

Covered Market

3 Jeeves and Jencho

They offer a wide range of fine loose-leaf specialities, with something for everyone! As well as great-tasting teas, you can also buy practical, well-designed tea-making accessories, so you can make tea just how you like it at home.

11a&b Windrush Industrial Park, Linkwood Road, Witney, Oxfordshire OX29 7HB



4 Hufflins

The tearooms are an ideal spot for watching the world go by. The entrance brings you through to the bakery shop, full of freshly made cakes from their craft bakery which is around the corner in Witney.

High street, Witney

5 Formosan

Based on the Chinese tea ceremony developed over thousands of years, they have adopted a meticulous brewing process to bring out a finely balanced taste to your bubble tea.

128a High Street, Oxford OX1 4DF

Sanctuary Care
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"The home is very welcoming and the staff are extremely helpful."

Son of resident

Rated 'Good' in all CQC outcomes

Wantage Nursing Home

Dementia Nursing

Time for a Cuppa

Wednesday 1 March at 10.30am – 12.30pm

Join us as we celebrate our 'Good' CQC report with a St David's Day-themed Time for a Cuppa tea party, with mouth-watering cakes and refreshments for a small donation to Dementia UK. Enjoy live music from Shirley Bassey tribute singer Liza Baker who currently features on ITV's The Voice UK.

Call us on: 01235 774 320

Garston Lane, Wantage, Oxfordshire OX12 7AR

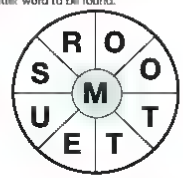
www.sanctuary-care.co.uk

SUDOKU

	3			2		6		
8			7			9		5
		1		3	9			4
	9	3				5		
7			4					2
		5				1	6	
	8		5	6		7		
4		7			2			6
		6		8	7		5	

WOROWHEEL

You have 10 mins to find as many words as possible using the letters in the wheel. Each must use the hub letter and at least 3 others. Letters may be used only once. You cannot use plurals, foreign words or proper nouns. There is at least one 9-letter word to be found.



How you rate
15 words, average; 20 words, good; 25 words, very good; 30 or more, excellent

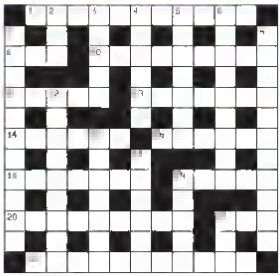
DOUBLE CROSSWORD

Cryptic Clues.

Across

Down

This will reflect



Quick Clues:

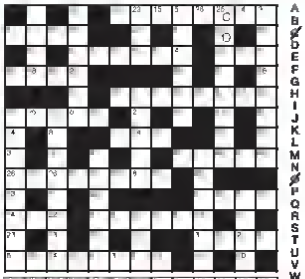
Across

Down

Small flag (6)

COOEWORD

Cooeeword is the crossword puzzle with no clues. The number in each square corresponds to a letter. Work out the words in the grid using the letters provided. Fill in these known letters first, then use skill and judgement to work out the others.



A B C D E F G H I J K L M N O P Q R S T U V W X Y Z

1	2	3	4	5	6	7	8	9	10	11	12	13
14	15	16	17	18	19	20	21	22	23	24	25	26

LAST WEEK'S SOLUTIONS

DOUBLE CROSSWORD

Cryptic: Across: 1 Dane; 3 Aerialist; 9 Silence; 10 Token; 11 Fraudulent; 13 Extras; 15 Fleece; 17 Balance sheet; 20 Count; 21 Isolate; 22 One by one; 23 Odds. Down: 1 Deserter; 2 Relic; 4 Scenic; 5 Interessex; 6 Takings; 7 Diner; 8 Unpleasantly; 12 Fortress; 14 Traduce; 18 Action; 19 Bland; 16 Echo

Quick: Across: 1 Elec; 3 Rightful; 9 Emerald; 10 Abort; 11 Misadventure; 13 Pledge; 15 Ponder; 17 Unfastening; 20 Llama; 21 Torrent; 22 Patience; 23 Clan. Down: 1 Evermore; 2 Seems; 4 Indeed; 5 Heart-in-heart; 6 Peanut; 7 Left; 8 Hard to please; 12 Frighten; 14 Contract; 16 Static; 18 Idiot; 19 Clap.

SUDOKU

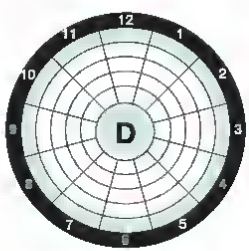
4	5	4	3	2	7	1	6	8
8	6	1	4	9	5	3	2	7
9	3	2	5	8	1	4	9	6
6	8	8	2	1	4	3	5	9
3	2	8	7	3	9	6	4	1
8	1	9	8	6	3	7	2	5
9	8	1	6	9	5	2	7	3
5	9	3	4	7	2	8	1	6
2	7	1	6	3	8	9	5	6

COOEWORD 1=H 2=A, 3=C 4=N 5=O 6=R, 7=K, 8=D, 9=X, 10=E, 11=L, 12=J 13=V 14=Z, 15=B, 16=P, 17=L, 18=S, 19=Y 20=M 21=W 22=F, 23=Q 24=T 25=G, 26=U

WORD WHEEL
STRATEGIC

CLOCKWORD

The solutions from 1 to 12 are all six letter words ending with the letter D in the centre. Moving clockwise from 1, the letters in the outer circle will spell out the name of a former EastEnders star



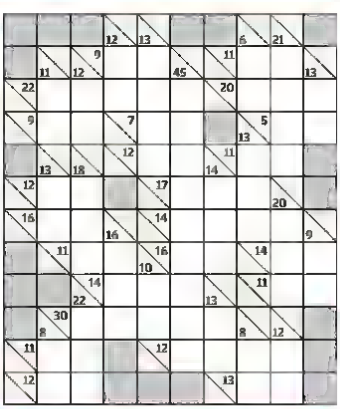
1 Procedure
2 Mean
3 Swore
4 Messenger
5 Bear the cost of
6 Very pleased
7 Myth
8 Earth
9 Videotape
10 Get bigger
11 Rumour
12 Inuit

KAKURO

Fill in the white squares with the numbers 1 to 9

Each horizontal block of squares must add up to the number in the shaded square to its left and each vertical block must add up to the number in the shaded square above it.

No number may be used more than once in any one block.



SUDOKU

5				4		2		
			7	3	2			
		6						8
	2		1				4	
1	5						2	6
	6				4		8	
6						4		
			4	8	5			
		9		6				5

LAST WEEK'S SOLUTIONS

CLOCKWORD
1 Jacket, 2 Orient, 3 Advert, 4 Nougat, 5 Closet, 6 Recent, 7 Alight, 8 Wallet, 9 Faucet, 10 Outlet, 11 Robust, 12 Devout.

ACTRESS: Joan Crawford.

NINER:
ATROPHIES

SUDOKU

6	3	5	8	9	7	1	2	4
2	8	9	1	5	4	6	3	7
4	7	1	3	6	2	5	9	8
7	6	3	9	8	5	4	1	2
8	9	2	6	1	3	8	5	6
9	1	6	2	7	8	9	6	7
5	2	8	6	3	8	5	6	1
3	5	6	8	9	1	6	2	8
1	8	4	5	7	2	3	8	5

KAKURO:

SPLIT DECISION:

H	E	L	L	O	
O		A		C	
P	A	S	T	E	
E		S		A	
D	R	O	W	N	

NINER

Each number from 1 to 9 represents a different letter. Solve the clues and insert the letters in the appropriate squares to discover a word which uses all nine letters.

1	2	3	4	5	6	7	8	9

THE CLUES

845145292 gives an element,
7345678 gives an element,
841529678 gives an element.

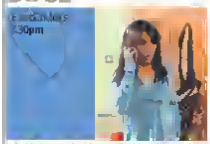
SPLIT DECISION

Cross out one of the two letters in each divided square to reveal a completed crossword grid

R/B	L/P	R/A	C/X	R/K	
O/A		L/E		I/U	
K/R	E/N	O/S	W/I	R/N	
E/T		N/E		D/S	
R/S	H/F	T/E	D/C	S/E	

Thursday March 2nd

BBC1



DAYTIME

12.15 Bargain Hunt (S)(R) 1.00 BBC News at One; Weather (S) 1.30 BBC Regional News and Weather (S) 1.45 Doctors (S) 2.15 The Coroner (S)(R) 3.00 Escape to the Country (S)(R) 3.45 The Farmers' Country Showdown (S) 4.30 Flog It! (S)(R) 5.15 Pointless (S) 6.00 BBC News at Six; Weather (S) 6.30 BBC Regional News and Weather (S) 6.55 Party Political Broadcast (S)

7 7.00 The One Show (S) 7.30 EastEnders Denise is thrown into turmoil when she goes to sign the adoption consent form (S) BBC News, Regional News (S)

8 8.00 Shop Well for Less? Alex Jones and Steph McGovern help sales manager Kevin and estate agent Yolanda save some money for their upcoming wedding. (S)

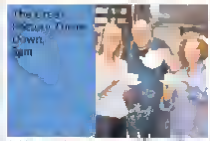
9 9.00 Britain on the Fiddle New series Stories from the frontline of fraud investigation featuring a cigarette smuggler (S)

10 10.00 BBC News at Ten (S) 10.30 BBC Regional News and Weather (S) 10.45 Question Time Topical debate from Bedford, chaired by David Dimbleby (S)

11 11.45 This Week The past seven days in politics. (S)

AFTER 12 12.30 Weather for the Week Ahead (S) 12.35 BBC News (S)

BBC2



8.30 Sign Zone: Great British Railway Journeys 9.00 Victoria Derbyshire 11.00 BBC Newsroom Live (S) 12.00 Daily Politics (S) 1.00 Cash in the Attic 1.30 Beat the Brain 2.00 Building Dream Homes 2.30 Channel Patrol (S)(R) 3.15 Britain's Lost Routes with Griff Rhys Jones (S)(R) 4.15 Africa (S)(R) 5.15 Bargain Hunt (S)(R) 6.00 Eggheads (S) 6.30 Great Continental Railway Journeys (S)

7 7.00 Antiques Road Trip Charles Hanson and James Braxton continue their Scottish trip. (S)

8 8.00 The Great Pottery Throw Down The potters head to Stoke-on-Trent. (S)

9 9.00 The Attack: Terror in the UK Drama-documentary based on real-life stories from inside the UK's counter-terrorism unit (S)

10 10.00 MOTD: The Premier League Show Magazine programme featuring news and highlights. (S) 10.30 Newsnight (S)

11 11.10 Weather (S) 11.15 Meet the Lords Documentary following life at the House of Lords (S)(R)

AFTER 12 12.15 Diana: Designing a Princess (S)(R) 12.45 Sign Zone: Life in Immigration Town—Panorama (S)(R) 1.15 June Brown at 90: A Walford Legend (S)(R) 1.40 The Real Marigold Hotel (S)(R) 2.40 This Is: BBC Two (S)

ITV

8.30 Lorraine (S) 9.25 The Jeremy Kyle Show (S) 10.30 This Morning (S) 12.30 Loose Women (S) 1.30 ITV Lunchtime News (S) 1.55 ITV Regional News (S) 2.00 Judge Rinder (S) 3.00 The Home Game (S) 3.59 ITV Regional Weather (S) 4.00 Tipping Point (S) 5.00 The Chase (S) 6.00 ITV Regional News; Weather (S) 6.25 Party Political Broadcast (S) 6.30 ITV Evening News; Weather (S)

7 7.00 Emmerdale Lawrence changes his will. (S) 7.30 NHS – Medical Blunders Revealed: Tonight (S)

8 8.00 Emmerdale Ronnie is arrested. (S) 8.30 Harry Hill's Alien Fun Capsule New series. Madcap panel show presented by the comedian. (S)

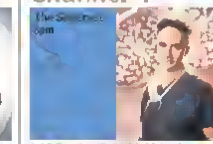
9 9.00 Prime Suspect 1973 New series. Crime drama prequel following the early career of Jane Tennison (S)

10 10.00 This Morning Show with David Williams A lively mix of stand-up and celebrity guests. (S) 10.30 ITV News; Weather (S)

11 11.00 ITV Regional News; Weather (S) 11.15 Tipping Point Ben Shephard hosts the arcade-themed quiz show. (S)(R)

AFTER 12 12.15 The Nightly Show with David Williams (S)(R) 12.40 Jackpot247 3.00 NHS— Medical Blunders Revealed: Tonight (R) 3.25 ITV Nightscreen 5.05 The Jeremy Kyle Show (S)(R)

Channel 4



9.05 Frasier (S)(R) 10.05 Undercover Boss USA (S)(R) 11.00 Ramsay's Kitchen Nightmares USA (S)(R) 12.00 Channel 4 News (S) 12.05 A New Life in the Sun (S)(R) 1.05 Find It, Fix It, Flog It (S)(R) 2.10 Countdown (S) 3.00 Fifteen to One (S) 4.00 A Place in the Sun: Summer Sun (S)(R) 5.00 Come Dine with Me (S)(R) 6.00 The Simpsons (S)(R) 6.30 Hollyoaks (S)

7 7.00 Channel 4 News (S)

8 8.00 The Supervet Professor Noel Fitzpatrick and his team fight to save the leg of a pinch-loved golden retriever. (S)

9 9.00 A Very British Hotel New series. Behind the scenes at London's Mandarin Oriental Hyde Park. (S)

10 10.00 Extremely British Muslims New series. An eye-opening view of British Muslim life through privileged access to Birmingham Central Mosque (S)

11 11.05 24 Hours in A&E Staff and patients at St George's talk about the importance of family support. (S)(R)

AFTER 12 12.05 Sex Party Secrets (S)(R) 1.05 Married Behind Bars (S)(R) 2.00 Britain's Racist Election (S)(R) 2.55 Inside Britain's Airports: Channel 4 Dispatches (S)(R) 3.25 The Health Detectives (S)(R) 3.50 Phil Spencer: Secret Agent (S)(R)

Channel 5

6.00 Milkshake! 9.15 The Wright Stuff 11.15 Gks. Behind Closed Doors (S)(R) 12.10 5 News Lunchtime (S) 12.15 Benefits Britain: Life on the Dole (S)(R) 1.15 Home and Away (S) 1.45 Neighbours (S) 2.15 NCIS (S)(R) 3.15 FILM: A Date to Die For (2015) (12) Thriller starring Victoria Kratt (S) 5.00 5 News at 5 (S) 5.30 Neighbour (S)(R) 6.00 Home and Away (S)(R) 6.30 5 News Tonight (S)

7 7.00 Nightmare Tenants, Slum Landlords. (S)(R) 5 News Update (S)

8 8.00 The Nightmare Neighbour Next Door Three disputes concerning noise levels. (S) 5 News Update (S)

9 9.00 The Great British Benefits Handout Empty-nester Lorraine finds the new family dynamic a shock; Adam is super-eager to get back to work, while Kim's tanning business takes off. (S)

10 10.00 Celebrity Sex Rat Chloe Khan considers surgery to her vagina while TOWIE's Courtney Green and Chloe Meadows want to know how many sexual partners it is acceptable to have. (S)

11 11.05 100 Per Cent Hotter New series. Two people with extreme styles receive makeovers. (S)

AFTER 12 12.00 SuperCasino 3 10 Cruising with Jane McDonald (S)(R) 4.00 Witches: A Century of Murder (S)(R) 4.45 House Doctor (S)(R) 5.10 Divine Designs (S)(R) 5.35 Wildlife SOS (S)(R)

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DIGITAL

ITV2 SKY 118 FV 6

6.00 You've Been Framed! Gold 8.20 Who's Doing the Dishes? 7.10 The Ellen DeGeneres Show 8.00 Emmerdale 8.30 Coronation Street 9.00 You've Been Framed! Gold 9.35 Psych 10.25 Scrubs 11.25 Who's Doing the Dishes? 12.25 Emmerdale 12.50 Coronation Street 1.30 You've Been Framed! Gold 2.00 The Ellen DeGeneres Show 2.45 The Jeremy Kyle Show 3.00 Judge Rinder 4.00 You've Been Framed! Gold 7.00 You've Been Framed! Harry's Favourites 5.00 Two and a Half Men 5.25 Release the Hounds: Famous & Freaked 10.00 Family Guy 11.30 American Dad 12.30 Two and a Half Men 1.25 Release the Hounds: Famous & Freaked 2.20 Teleshopping 5.00 ITV2 Nightscreen

ITV3 SKY 119 FV 10

6.00 In Love Not Memory 6.25 Heartbeat 7.25 Where the Heart Is 8.25 The Royal 9.25 Judge Judy 10.40 Inspector Morse 1.05 Heartbeat 2.05 The Royal 3.15 Where the Heart Is 4.15 In Loving Memory 4.50 Doctor at Large 5.20 On the Buses 5.45 Heartbeat 7.00 Murder She Wrote 8.00 Heartbeat 9.00 Rosemary & Thyme 10.00 Wycliffe 11.10 Prime Suspect 1 11.0 The Knock 2.30 Teleshopping

BBC4 SKY 116 FV 9

7.00 100 Days Weather 7.30 Trip of the Pops: 1983 8.00 Thailand: Earth's Tropical Paradise 9.00 Sound Waves: The Symphony of Physics 10.00 Andrew Marr: My Brilliant Friend 11.00 The Nazis: A Warning from History 11.50 Fifties British War Films: Days of Glory 12.50 Trip of the Pops: 1983 1.20 Sounds of the Eighties 1.45 Sound of Song 2.45 Sound Waves: The Symphony of Physics 3.45 Close

E4 SKY: 136 FV 28

6.00 Ruff(ish) Tube Shorts 8.10 Made in Chelsea 7.00 Game of Clones 7.30 Hollyoaks 9.00 Ruff(ish) Tube 5.00 Rules of Engagement 10.00 Baby Daddy 11.00 Charmed 1.00 How I Met Your Mother 2.00 The Big Bang Theory 2.00 Baby Daddy 4.00 How I Met Your Mother 5.00 The Goldbergs 6.00 The Big Bang Theory 7.00 Hollyoaks 7.30 Game of Clones 8.00 The Big Bang Theory 9.00 Gay Year 10.00 Celebs Go Dating 11.00 The Big Bang Theory 12.05 Tattoo Fixers 1.10 Celebs Go Dating 2.10 Celebrity First Dates 3.00 Gap Year

MORE4 SKY 138 FV 14

6.55 Car SOS 5.55 Come Dine with Me 12.35 A Place in the Sun: Winter Sun 1.30 A Place in the Sun 2.40 Search Engine: Shakespeare's House: A Time Team Special 3.00 Time Team Special: Rediscovering Ancient Britain 4.55 Great Canal Journeys 5.55 Car SOS 6.55 The Supervet 7.55 Grand Designs 9.00 FILM: The Negotiator (1998) (15) 11.45 8 Out of 10 Cats Does Countdown 12.50 Ramsay's Kitchen Nightmares USA 1.50 Grand Designs 2.50 8 Out of 10 Cats 3.30 Come

FILM4 SKY 315 FV 15

11.00 The Unfeeted (1969) (PG) 1.20 It Came from Beneath the Sea (1954) (U) 2.50 Harvey (1950) (U) 4.40 Carry On Cabby (1963) (PG) 6.00 The Three Musketeers (2011) (12) 5.00 Wild Tales (2014) (15) 11.20 The Lincoln Lawyer (2011) (15) 1.40 Me and You (2012) (15) 3.40 Close

DAVE SKY: 111 FV 12

7.10 Ice Road Truckers 8.10 American Pickers 9.00 Storage Hunters 10.00 American Pickers 12.00 Top Gear 2.00 Room 101 2.40 Q I 2.20 Would I Lie to You? 4.00 Top Gear 7.00 American Pickers 8.00 Q I XL 8.00 Not Going Out 10.20 Mock the Week 11.00 Unspun with Matt Forde 12.00 Mock the Week 12.40 Room 101 1.20 The Last Man on Earth 2.25 Smith 3.10 Hoff the Record 4.00 Close

ORAMA SKY 158 FV 20

7.10 The Bill 8.00 Boon 5.00 Range 10.00 All Creatures Great and Small 11.00 The Bill 1.00 As Time Goes By 1.40 Some Mothers Do 'Ave 'Em 2.20 Birds of a Feather 2.00 Boon 4.00 Bergerac 5.00 All Creatures Great and Small 6.00 Some Mothers Do 'Ave 'Em 6.40 Last of the Summer Wine 7.20 As Time Goes By 9.00 Hetty Wainthropp Investigates 5.00 New Tricks 11.20 Sharpe 1.10 Boon 2.05 Dennis Smith 3.10 Birds of a Feather 4.00 Home Shopping

SKY1 SKY 106

8.00 Hawaii Five-0 7.00 Road Wars 8.00 Monkey Life 9.00 Police Crime: Australia 10.00 Nothing to Declare 11.00 A Town Called Eureka 12.00 NCIS: Los Angeles 1.00 Hawaii Five-0 3.00 NCIS: Los Angeles 4.00 Futurama 4.30 Modern Family 5.30 Futurama 6.30 The Simpsons 8.00 DC's Legends of Tomorrow 9.00 Arrow 10.00 Stan Lee's Lucky Man 11.00 A League of Their Own 12.00 The Force: Manchester 1.00 Mort Darling 2.00 Stop, Search, Seize 3.00 Hawaii Five-0 4.00 RSPCA Animal Rescue 5.30 Futurama

SKY ATLANTIC SKY: 108

6.00 Richard E Grant's Hotel Secrets 7.00 The Fiddler's Elbow 8.00 The West Wing 10.00 House 11.00 Without a Trace 1.00 Blue Bloods 2.00 Networks of Power with Sir Christopher Meyer 3.00 The West Wing 9.00 House 6.00 Without a Trace 8.00 Blue Bloods 9.00 Fortitude 10.00 High Maintenance 10.35 Last Week Tonight with John Oliver 11.10 Girls 11.45 Crashing 12.20 Fortitude 1.20 The Wire 2.50 Looking

W SKY 109

6.10 Wild Things with Dominic Monaghan 7.00 MasterChef USA 8.00 My Dream Home 5.00 Extreme Makeover: Home Edition 10.00 The Hill 11.00 Tipping Point 1.00 Traffic Cops 2.00 MasterChef USA 3.00 What Do You Think You Are? USA 4.00 My Dream Home 9.00 Extreme Makeover: Home Edition 8.00 Tipping Point 7.00 Supernanny 8.00 MasterChef USA 9.00 John Bishop: In Conversation with Freddie Flintoff 10.00 EastEnders 10.40 Absolutely Fabulous 11.20 Never Mind the Buzzcocks 12.20 Bondi Rescue 12.50 EastEnders 1.20 Best in Town 3.00 Home Shopping

GOLD SKY 110

7.00 Cheers 8.00 The Green Green Grass 8.40 The Fabulous Baker Boys 10.00 As Time Goes By 10.40 Last of the Summer Wine 12.40 My Family 1.20 Keeping Up Appearances 2.40 The Brittas Empire 4.00 Last of the Summer Wine 8.00 Boomers 8.40 Keeping Up Appearances 9.00 Family Towers 5.20 Mrs Brown's Boys 10.00 Little Britain 12.00 Peep Show 1.05 Big School 2.20 Shooting Stars 3.20 Police Squad

SKY SPORTS 1 SKY: 401

6.00 Football Gold 7.00 WWE Smackdown Hits 8.00 Premier League Legends 5.00 Premier League World 5.30 Premier League 100 Climbs 10.00 Premier League Years 12.00 Football's Greatest Players 1.00 Grassroots Sporting Moments 2.00 Premier League Legends 3.00 Sky Sports Boxing Gold 4.00 Have a Bellew: The Knockouts 4.30 Football's Greatest Players 5.00 Premier League 100 Climbs 6.30 Have a Bellew: The Knockouts 8.00 Premier League World 8.30 Have a Bellew: The Knockouts 7.00 Live Premier League Darts 10.00 Have a Bellew: The Countdown Fight One 10.30 La Liga Show 11.00 Have a Bellew: The Countdown Fight One 11.30 Sky Sports Boxing Gold 12.00 Betfred Super League Highlights

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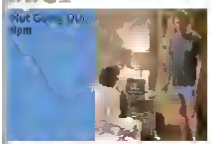
Friday March 3rd

BBC1



DAYTIME

10.00 Nemes Under the Hammer (S) (R) **11.00 Heir Hunters** (S) **11.45 Dom on the Spot** (S) **12.15 Bargain Hunt** (S) **1.00 BBC News** and **One Weather** (S) **1.30 BBC Regional News and Weather** (S) **1.45 Doctors** (S) **2.15 The Coroner** (S)(R) **3.00 Escape to the Country** (S)(R) **3.45 The Farmers' Country Showdown** (S) **4.30 Flog It!** (S) **5.15 Pointless** (S) **6.00 BBC News** (S) **6.30 BBC Regional News** (S)

7

7.00 The One Show (S)
7.30 A Question of Sport With Jennie Peacock, Pamela Cookey, Anthony Crolla and Curtis Davies. (S)(R) BSC News (S)

8

8.00 EastEnders Mick prepares for the all-important visit from the bank. (S)
8.30 Room 101 With Rob Delaney, Devine McCall and Laurence Fox.

9

9.00 Not Going Out Lee and Lucy ponder whether to have another child. (S)
9.30 Tracey Ullman's Show Camilla, Duchess of Cornwall, looks after Princes Charlotte. (S)

10

10.00 BBC News at Ten (S)
10.25 BBC Regional News and Weather (S) National Lottery Update (S)
10.35 The Graham Norton Show (S)

11

11.25 FILM Meet the Fockers (2004) (12) Comedy sequel with Ben Stiller and Robert De Niro. (S)

AFTER 12

1.15 Weather for the Week Ahead (S)
1.20 BBC News (S)

BBC2

6.00 The World's Most Photographed (S)(R) **6.30 Nell Hunters** (S)(R) **7.15 Sign Zone: Big Dreams Small Spaces** (S)(R) **8.15 Live Athletics: European Indoor Championships** (S) **12.00 Daily Politics** (S) **1.00 Two Tribes** (S)(R) **1.30 Beat the Brain** (S)(R) **2.00 Natural World** (S)(R) **3.00 Live Athletics: European Indoor Championships** Gabby Logan presents coverage. (S)

7

7.30 Mastermind John Humphrys introduces the 2017 final. Last in the series. (S)

8

8.30 Only Connect The Psmiths take on the Cosmopolitans in a quarter-final match. (S)

9

9.00 The Secrets of Your Food The 'taming' of a bitter potato in the Peruvian Andes. (S)

10

10.00 QI With Sue Perkins, Romesh Ranganathan and Bill Bailey. (S) (R)
10.30 Newsnight (S)

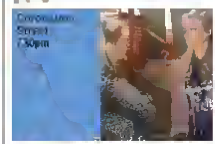
11

11.00 Weather (S)
11.05 Imagine: Growing Old Disgracefully: Diana Athill (S)(R)

12

12.05 Taboo (S)(R) **1.00 Further Back in Time for Dinner** (S)(R) **2.00 FILM Genghis Khan (1965) (PG)** Historical adventure starring Omar Sharif. (S) **4.05 Sign Zone: Rude of Paradise: The Ultimate Quest** (S)(R) **5.05 Royal Recipes** (S)(R) **5.45 This Is BBC Two** (S)

ITV



6.00 Good Morning Britain (S) **8.30 Lorraine** (S) **9.25 The Jeremy Kyle Show** (S) **10.30 This Morning** (S) **12.30 Loose Women** (S) **1.30 ITV Lunchtime News** Weather (S) **2.55 ITV Regional News** Weather (S) **3.00 The Chase** (S) **3.30 ITV Regional News** (S) **4.00 Tipping Point** (S) **5.00 The Chase** (S) **6.00 ITV Regional News** (S) **6.30 ITV Evening News** Weather (S)

7

7.00 Emmerdale Charity feels she has let Sarah down. (S)
7.30 Coronation Street Sinead reveals she is pregnant. (S)

8

8.00 Scheffield's South African Adventure Phillip Schofield rides a cable car to the top of Table Mountain. (S)
8.30 Coronation Street (S)

9

9.00 Lethal Weapon New series. A maverick cop is partnered with a veteran detective trying to maintain a low stress level. Action drama based on the films starring Clayne Crawford. (S)

10

10.00 The Nightly Show with David Walliams A lively mix of stand-up and celebrity guests. (S)
10.30 ITV News, Weather (S)

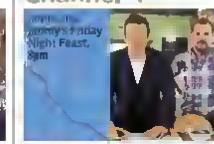
11

11.00 ITV Regional News Weather (S)
11.15 Play to the Whistle Holly Willoughby hosts the sports based panel show. (S)(R)

12

12.15 The Nightly Show with David Walliams (S)(R) **12.40** Jeckpot247 **3.00** Storage Hoarders (S)(R) **3.50** ITV Nightscreen

Channel 4



8.00 Everybody Loves Raymond (R) **9.05 Frasier** (S)(R) **10.05 Undercover Boss USA** (S)(R) **11.00 Ramsay's Kitchen Nightmares USA** (S)(R) **12.00 Channel 4 News** (S) **12.05 A New Life in the Sun** (S)(R) **1.05 Find It, Fix It, Flog It** (S)(R) **2.10 Countdown** (S) **3.00 Fifteen to One** (S) **4.00 A Place in the Sun: Winter Sun** (S)(R) **5.00 Come Dine with Me** (S)(R) **6.00 The Simpsons** (S)(R) **6.30 Hollyoaks** (S)

7

7.00 Channel 4 News (S)

8

8.00 Jamie and Jimmy's Friday Night Feast Award-winning comedian Jack Whitehall learns how to cook a mega-indulgent chocolate pizza. (S)(R)

9

9.00 Gogglebox Capturing the households' instant reactions to what they are watching on TV from the comfort of their own sofas. (S)

10

10.00 The Last Leg With Rob Delaney and Sheron Horgan. (S)

11

11.05 8 Out of 10 Cats With Jeimaine Jenas, Denise Van Outen, Michelle Wolf and Sam Simmons. (S)
11.55 Rude Tube (S)(R)

12

12.55 FILM Zero Dark Thirty (2012) (15) Kathryn Bigelow's fact-based drama, starring Jessica Chastain. (S) **3.30** Celastrophe (S)(R) **4.00** Time Crashers (S)(R) **5.00** Four in a Bed (S)(R) **5.25** Fifteen to One (S)(R)

Channel 5

6.00 Milkshake! **0.15 The Wright Stuff** **11.15 GPs, Behind Closed Doors** (S)(R) **12.10 5 News Lunchtime** (S) **12.15 Ice Road Chess: Winter Road Rescue** (S)(R) **1.15 Neighbours** and **Away** (S) **1.45 Neighbours** (S) **2.10 NCIS** (S)(R) **3.20 FILM Patricia Cornwell's The Front (2010)** (15) (S) **5.00 5 News at 5** (S) **5.30 Neighbours** (S)(R) **6.00 Home and Away** (S)(R) **6.30 5 News Tonight** (S)

7

7.00 Happy Campers: Caravanning A husband and wife enjoy a Christmas-themed weekend during the summer. (S)(R) 5 News Update (S)

8

8.00 Celebrity Carry on Barging Th quartet travel along the Llangollen Canal. Last in the series. (S) 5 News Update (S)

9

9.00 Cruising with Jane McDonald The presenter heads to Alaska, America's largest state and home to some of the most breathtaking scenery on the planet. Last in the series. (S)

10

10.00 The Best of Bad TV: The 70s A trawl through the programmes of the decade, featuring clips of car-crash interviews, terrifying children's dramas, hoaxes and baffling game shows. (S)(R)

11

12.00 SuperCasino 3 **10** Stealing the Mona Lisa. (S)(R) **4.00** The Railways That Built Britain with Chris Tarrant (S)(R) **4.45** House Doctor (S)(R) **5.10** Divine Designs (S)(R) **5.35** Wildlife SOS (S)(R)

DIGITAL

ITV2 SKY 118 FV 6

8.00 You've Been Framed! Gold **8.20** Who's Doing the Dishes? **7.15** the Ellen DeGeneres Show **8.00** Emmerdale **9.00** You've Been Framed! Gold **9.35** Psych **10.25** Scary on **11.25** Who's Doing the Dishes? **12.25** Emmerdale **1.30** You've Been Framed! Gold **2.00** The Ellen DeGeneres Show **2.50** the Jeremy Kyle Show **3.50** Judge Rinder **6.00** You've Been Framed! Gold **7.00** You've Been Framed! Gold Full Throttle **8.00** Two and a Half Men **9.00** FILM American Pie (1999) (15) **11.00** Film by Guy **11.00** American Dad! **12.00** Two and a Half Men **1.25** Ibiza Weekender **2.15** Teleshopping **3.40** ITV2 Nightscreen

ITV3 SKY 118 FV 10

8.00 In Loving Memory **8.25** Heartbeat **7.25** Where the Heart Is **8.25** The Royal **9.25** Judge Judy **10.20** Inspector Morse **1.00** Heartbeat **2.05** The Royal **3.10** Where the Heart Is **4.10** In Loving Memory **4.50** Doctor at Large **5.20** On the Buses **6.00** Heartbeat **7.00** Murder She Wrote **8.00** Doc Martin **9.00** Agatha Christie's Marple **11.00** Prime Suspect **1.00** Wycliffe **1.50** Inspector Morse **3.00** Rory Bremner's Great Britain Views **4.40** On the Buses **5.30** ITV3 Nightscreen

BBC4 SKY 118 FV 9

7.00 World News Today Weather **7.30** Top of the Pops: 1963 **8.00** The Good Old Days **9.00** Better Than the Original: The Joy of the Cover Vers on **10.00** Ultimate Covers at the BBC **11.00** Songs the Beatles **12.00** Top of the Pops: 1963 **12.35** Better Than the Original: The Joy of the Cover Vers on **1.35** Ultimate Covers at the BBC **2.30** Songs the Beatles **3.30** Sounds of the 60s **3.40** Close

E4 SKY 138 FV 28

8.00 Rules of Engagement **10.00** Baby Daddy **11.00** Chasing **1.00** How I Met Your Mother **2.00** The Big Bang Theory **3.00** Baby Daddy **4.00** How I Met Your Mother **5.00** The Goldbergs **6.00** The Big Bang Theory **7.00** Hollyoaks **7.30** Game of Clones **8.00** FILM: Men in Black 3 (2012) (PG) **10.00** Celebs Go Dating **11.00** Tattoo Fixers **12.10** The Big Bang Theory **1.00** Celebs Go Dating **2.10** First Dates **3.00** First Dates Abroad **3.50** Rules of Engagement **4.30** Channel

MORE4 SKY 138 FV 14

8.55 Car SOS **9.00** Come Dine with Me **11.00** A Place in the Sun: Winter Sun **2.00** Boudica: Lost Tribe: A Time Team Special **3.50** The Snesmes's Secret Weapon: A Time Team Spec al **4.55** Great Canal Journeys **5.55** Car SOS **6.55** The Supe ver **7.55** Grand Designs **9.00** The Team **10.20** 24 Hours in A&E **12.30** Ramsay's Kitchen Nightmares USA **1.25** Grand Designs **2.25** 24 Hours in A&E **3.25** Fowl Unwrapped **3.55** Close

FILM4 SKY 315 FV 15

11.00 Stagecoach (1966) (PG) **1.25** Lord Jim (1964) (PG) **4.30** 12 Angry Men (1957) (U) **6.40** Cutthroat Island (1995) (PG) **9.00** Pitch Perfect (2012) (12) **11.10** Our Idiot Brother (2011) (15) **1.00** Bound (1996) (18) **3.20** Close

DAVE SKY 111 FV 12

7.15 Blue Road Truckers **8.10** American Pickers **5.00** Storage Hunters **10.00** American Pickers **12.00** Top Gear **2.00** Room 101 **2.40** QI **3.20** Would I Lie to You? **4.00** Top Gear **5.30** The Best of Top Gear **6.00** Top Gear **7.00** American Pickers **8.00** Steve Austin's Broken Skull Challenge **9.00** FILM: Kill Bill Vol 1 (2003) (18) **11.10** Mock the Week **11.00** Would I Lie to You? **12.30** QI **1.10** 8 Out of 10 Cats **1.40** The Last Man in Earth **2.00** Sue Perkins: Mostly Autobiographical **3.00** Hoff the Record **4.00** Close

DRAMA SKY 158 FV 20

7.10 Time Team Special **8.00** Boon **9.00** Baggerac **10.00** All Creatures Great and Small **11.00** The Bill **1.00** As Time Goes By **1.40** Some Mothers Do 'Ave 'Em **2.20** Birds of a Feather **3.00** Boon **4.00** Baggerac **5.00** All Creatures Great and Small **6.00** Some Mothers Do 'Ave 'Em **6.40** Last of the Summer Wine **7.20** As Time Goes By **8.00** The Brokenwood Mysteries **10.00** New Tricks **11.20** Sherpe **1.20** Boon **2.20** Citizen Smith **3.25** Birds of a Feather **4.00** Home Shopping

SKY1 SKY 106

6.00 Hawaii Five-0 **7.00** Road Wars **8.00** Monkey Life **9.00** Police Force: Australia **10.00** Nothing to Declare **11.00** A Town Called Eureka **12.00** NCIS: Los Angeles **1.00** Howard Flood **3.00** NCIS: Los Angeles **4.00** Futurama **4.30** Modern Family **5.30** Futurama **6.30** The Simpsons **8.30** Modern Family **9.00** Stan Lee's Lucky Man **10.00** The Blacklist **11.00** Ross Kemp on Gangs **12.00** The Force: Manchester **1.00** Road Wars **2.00** Stop, Search, Seize **3.00** Hawaii Five-0 **8.00** RSPCA Animal Rescue **8.30** Futurama

SKY ATLANTIC SKY 108

6.00 Ruhsted E G ant e Hotel Secrets **7.00** Fish Town **8.00** The West Wing **10.00** House **11.00** Without a Trace **1.00** Blue Bloods **2.00** Networks of Power with Sir Christopher Meyer **3.00** The West Wing **5.00** House **6.00** Without a Trace **8.00** Blue Bloods **9.00** Game of Thrones **11.20** Oz **2.00** Looking **4.00** Richard E Grant's Hotel Secrets **5.00** Fish Town

W SKY 109

6.30 We're Things with Dominic Monaghan **7.00** MasterChat USA **8.00** My Dream Home **9.00** Extreme Makeover: Home Edition **10.00** The Bill **11.00** Tipping Point **12.00** Motorway Cops: A Traffic Cops Special **2.00** MasterChef USA **3.00** Who Do You Think You Are? USA **4.00** My Dream Home **5.00** Extreme Makeover: Home Edition **6.00** Tipping Point **7.00** Honey I Bought the House **8.00** MasterChef USA **9.00** Criminal Minds: Beyond Borders **10.00** EastEnders **10.45** FILM: Along Came a Spider (2001) (15) **11.40** EastEnders **12.10** Best in Town **3.00** Home Shopping

GOLD SKY 110

7.00 Cheers **8.00** One Foot in the Grave **8.40** The Brittas Empire **10.00** As Time Goes By **10.00** Last of the Summer Wine **12.00** My Family **1.20** Keeping Up Appearances **2.40** The Brittas Empire **4.00** Last of the Summer Wine **6.25** My Family **7.00** Keeping Up Appearances **7.40** Fawlty Towers **8.20** Only Fools and Horses **8.00** Mrs Brown's Boys **8.40** Brittas **11.00** The Mighty Boosh **12.20** The League of Gentlemen **1.35** Nathan Barley **2.05** The Armando Iannucci Shows **2.30** Jam **3.00** Police Squad! **4.00** Home Shopping

SKY SPORTS 1 SKY 401

8.00 Football Gold **7.00** WWE Main Event **8.00** Premier League World **8.30** Have Y Believe: The Countdown Part One **9.00** Premier League Darts **11.00** Premier League Match Pack **12.30** Sky Sports Boxing Gold **1.30** Premier League Darts **4.30** Have Y Believe: The Countdown Part One **8.00** Sky Sports Boxing Gold **8.30** Have Y Believe: The Countdown Part One **9.00** The Fantasy Football Club **7.00** Live EFL **10.15** Have Y Believe: The Countdown Part Two **10.40** Premier League Preview **11.10** Have Y Believe: The Countdown Part Two **11.45** Scottish Football Round-Up **12.00** Live ATP Tennis. **2.00** Premier League Preview **2.30** The Fantasy Football Club **3.30** Premier League Preview **4.00** Live ATP Tennis.

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Oxford Town Hall, 3pm

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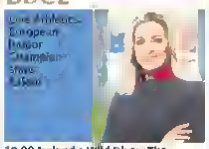
Saturday March 4th

BBC1

DAYTIME

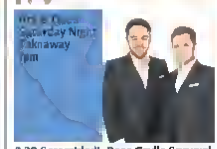
6.00 Breakfast (S) 10.00 Saturday Kitchen Live (S) 11.30 Mary Berry Everyday (S)(R) 12.00 Football Focus (S) 1.00 News (S) 1.15 Bargain Hunt 2.15 My Life: The Boy on the Bicycle (S) 2.45 FILM: Monsters vs Aliens (2009) (PG) (S) 4.10 Final Score (S) 5.10 Celebrity Mastermind (S)(R) 5.40 News (S) 5.50 BBC Regional News (S) 6.00 Pointless Celebrities (S)(R) 6.45 Let's Sing and Dance for Comic Relief

BBC2



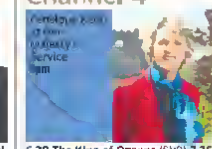
10.00 Ireland's Wild Lives: The Mighty Shannon – Natural World (S)(R) 11.00 Homes Under the Hammer (S)(R) 12.00 Two Greedy Italians: Still Hungry (S)(R) 1.00 The Little Paris Kitchen: Cooking with Rachel Khoo (S)(R) 1.30 Escape to the Country (S)(R) 2.15 Mastermind (S)(R) 3.15 University Challenge (S)(R) 3.45 Only Connect (S)(R) 4.15 Live Athletics: European Indoor Championships (S)

ITV



6.30 Scrambled! Bear Grylls Survival School (S) 6.05 Scrambled! Adventure Time (S)(R) 9.25 Alphabetical (S)(R) 10.20 Guess This House (S)(R) 11.20 ITV News: Whether (S) 11.25 The Voice UK (S)(R) 1.30 ITV Racing: Live from Doncaster (S) 4.00 You've Been Framed! (S)(R) 4.30 ITV Regional News; Weather (S) 4.45 ITV Hiwa (S) 5.00 FILM: Despicable Me 2 (2013) (U) (S)

Channel 4



6.20 The King of Queens (S)(R) 7.35 Everybody Loves Raymond (S)(R) 8.30 Frasier (S)(R) 9.30 The Big Bang Theory (S)(R) 10.55 The Simpsons (S)(R) 12.00 Jamie and Jimmy's Friday Night Feast (S)(R) 1.00 Come Dine with Me (S)(R) 3.30 A Place in the Sun: Summer Sun (S)(R) 4.35 Location, Location, Location (S)(R) 5.25 Grand Designs (S)(R) 6.30 Channel 4 News (S)

Channel 5

6.00 Milkshake! 9.55 Teenage Mutant Ninja Turtles The turtles must prove themselves worthy to an equal calling upon (S)(R) 10.30 Access Showbiz news and gossip (S) 10.35 Benefits Britain: Life on the Dole (S)(R) 1.30 Dance Moms (S) 4.15 The Hairdresser Neighbour Next Door Three disputes concerning model level (S)(R) 5.15 Can't Pay? We'll Take It Away (S)

7

7.00 Ant & Dec's Saturday Night Takeaway Robbie Williams and his wife Ayda Field take part in I'm A Celebrity Get Out of Me Ear (S)

7.40 Escape to the Chateau Series following a British family that buys and restores a French chateau (S)(R)

7.05 HCIS: Los Angeles Nell goes undercover at the Department of Defence (S)

8

8.00 Who Dares Wins Game show in which strangers pair up to win money (S)

8.40 Casualty David prepares to send Ollie back to Rosa in Spain (S)

8.15 Grand Tours of the Scottish Islands Paul Murton visits the island outposts of Shetland (S)

8.45 Dad's Army Sgt Wilson struggles to concentrate (S)(R)

8.30 The Voice UK The contest switches gear once again in the first live knock-out show. (S)

8.00 Penelope Keith at Her Majesty's Service The actress travels the country to visit the Queen's residences. (S)(R)

8 00 HCIS A pritty officer tries to prove he did not murder his ex-girlfriend. (S)

8.55 5 News Weekend (S)

9

9.30 Mrs Brown's Boys Agnes's children suspect one of them is adopted (S)(R)

9.15 Live at the Apollo With Adam Hills, Michelle Wolf and Jamali Maddix. (S)(R)

9.45 ITV News; Weather (S)

9.00 FILM: The Wolverine (2013) (12) Superhero adventure spin-off with Hugh Jackman and Tao Okamoto. (S)

9 00 Football on 5: The Championship George Riley and Lynsey Hipgrave introduce highlights from the weekend's games. (S)

10

10.00 BBC News; Weather; (S) National Lottery Update (S)

10.20 Match of the Day Gary Lineker presents highlights of the latest Premier League matches. (S)

10 00 Martin Scorsese: True Confessions (S)

10.30 FILM: Mean Streets (1973) (18) Martin Scorsese's drama with Robert De Niro and Harvey Keitel (S)

10.00 Lethal Weapon Action drama, starring Clayne Crawford. (S)(R)

10.55 FILM: First Blood (1982) (15) Action thriller with Sylvester Stallone and Brian Dennehy. (S)

10 00 Football on 5: Goal Rush Goals from the weekend's games in Leagues One and Two. (S)

10 30 Conspiracy: Pearl Harbor Cover-Up (S)

11

11.45 This Country Kerry becomes a door-to-door saleswoman and Kurtan makes some new friends in the village (S)

11.25 FILM: Abraham Lincoln Vampire Hunter (2012) (15) Fantasy thriller starring Benjamin Walker and Dominic Cooper (S)

11 30 Criminals: Caught on Camera The use of CCTV to tackle motoring offences (S)(R)

AFTER 12

12.10 FILM: Papadopoulos & Sons (2012) (15) Comedy starring Stephen Dillane (S) 1.55 Weather for the Week Ahead (S) 2.00 BBC News (S)

12 20 Taboo (S)(R) 1.20 Taboo (S)(R) 2.15 FILM: Witchfinder General (1968) (15) Period horror starring Vincent Price. (S) 3.40 This Is BBC Two (S)

12 40 Jackpot247 3.00 Who's Doing the Dishes? (S)(R) 3.50 ITV Nightscreen

1.20 Ramsay's Kitchen Nightmares USA (S)(R) 2.10 Hollyoaks (S) 4.25 Building the Dream (S) 5.20 Fifteen to One (S)(R)

12 00 SuperCasino 3.10 Inside Windsor Castle (S)(R) 4.00 The Cars That Made Britain Great (S)(R) 4.50 House Doctor (S)(R) 5.15 Wildlife SOS (S)(R) 5.40 Angela o'clock (S)(R) 5.50 Keary The Racing Cat (S)(R)

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DIGITAL

ITV2 SKY 118 FV: 6

6.00 Totally Bonkers Guinness World Records 6.10 Emmerdale 8.45 Coronation Street 11.10 Ant & Dec's Saturday Night Takeaway 12.40 Take Me Out 1.55 The Voice UK 3.55 FILM: Paul Blart: Mall Cop (2009) (PG) Comedy starring Kevin James. 4.05 FYI Daily 5.00 FILM: Paul Blart: Mall Cop (2009) (PG) Concluded. 5.45 FILM: Kindergarten Cop (1990) (12) Comedy starring Arnold Schwarzenegger. 6.45 FYI Daily 6.50 FILM: Kindergarten Cop (1990) (12) Concluded. 8.00 Scorp on 9.00 FILM: American Pie 2 (2001) (15) Comedy sequel, starring Jason Biggs. 10.05 FYI Daily 10.10 FILM: American Pie 2 (2001) (15) Concluded. 11.10 Family Guy 12.35 American Dad! 1.05 FILM: Wanted (2008) (18) Action adventure starring James McAvoy and Angelina Jolie. 2.05 FYI Daily 2.10 FILM: Wanted (2008) (18) Concluded. 3.00 Telesh opping

ITV3 SKY 119 FV: 10

6.00 Judge Judy 6.20 On the Buses 6.45 Murder She Wrote 9.40 FILM: Carry On Girls (1973) (PG) Comedy starring Sid James. 10.40 FYI Daily 10.45 FILM: Carry On Girls (1973) (PG) Concluded. 11.30 Love Lies 1.40 Inspector Morse 3.55 Agatha Christie's Marple 6.00 Rosemary & Thyme 7.00 Midsomer Murders 11.00 Carry On Forever 12.00 Wycliffe 1.00 Marchlands 2.00 ITV3 Nightscreen 2.30 Teleshopping

BBC4 SKY 116 FV: 9

7.00 Ind an Hill Railways 8.00 She-Wolves: England's Early Queens 9.00 Follow the Money 11.00 Top of the Pops: 1983 12.05 The Secret Science of Pop 1.05 FILM: Janis: Little Girl Blue (2015) (15) Documentary about 1960s blues singer Janis Joplin. 2.35 Queens of Soul 3.35 Close

E4 SKY 136 FV: 28

6.00 Rude(ish) Tube 6.20 Young & Hungry 7.05 How I Met Your Mother 8.00 Melissa & Joey 9.00 Baby Daddy 10.00 Young & Hungry 11.00 Rude(ish) Tube Shorts 11.10 FILM: Alvin and the Chipmunks: The Squeakquel (2009) (U) Comedy starring Zachary Levi. 1.00 Thin Gold ings 2.30 Blackish 3.00 The Big Bang Theory 5.00 FILM: Mission: Impossible (1996) (PG) Action thriller starring Tom Cruise. 7.10 The Big Bang Theory 9.00 FILM: Knd (2010) (12) Action thriller starring Bruce Willis. 11.10 Gogglebox 12.15 Celebs Go Dating 3.20 Minimal Agents of SHIELD 4.05 Rudish Tubin 4.35 Rude(ish) Tubin 4.50 Revenge

MORE4 SKY 138 FV: 14

6.00 Come Dine with Me 11.35 Location, Location, Location 12.35 Coast vs Country 1.40 Rivers with Joanna Lumley 2.45 Four in a Bed 5.25 Come Dine with Me 8.00 First Humans: The Cave Discovery 9.00 Keeping Up with the Kardashians 10.00 The Year Britain Froze 11.05 24 Hours in A&E 12.10 8 Out of 10 Cats Does Countdown 2.20 Fishes Tea! 3.25 Food Unwrapped 3.00 Close

FILM4 SKY 315 FV: 15

11.00 Mr Poppin's Penguins (2011) (PG) Family comedy starring Jim Carrey. 1.00 The Chronicles of Narnia: The Voyage of the Dawn Treader (2010) (PG) Fantasy adventure with George Henley and Skandar Keynes. 3.10 Spy Kids 4: All the Time in the World (2011) (PG) Family adventure, starring Jessica Alba. 4.55 Casper (1995) (PG) Supernatural family comedy starring Christina Ricci. 6.55 X-Men (2000) (12) Sci-fi comic-book adventure, starring Hugh Jackman. 8.00 Thin Rewrite (2014) (12) Romantic comedy with Hugh Grant and Marisa Tomei. 11.10 Stonehearst Asylum (2014) (15) Gothic horror starring Kate Beckinsale. 1.20 Sorority Row (2009) (18) Horror remake, starring Briana Evigan. 3.30 Close

DAVE SKY 111 FV: 12

7.10 Deadly 60 10.00 Top Gear 12.00 Motorway Cops 1.00 The Best of Top Gear 2.00 FILM: Dragnet (1987) (PG) Spoof crime drama starring Dan Aykroyd and Tom Hanks. 4.00 Top Gear 7.00 Not Going Out 9.00 Mock the Week 11.00 Alan Davies: As Yet Untitled 12.00 QI XL 1.00 Not Going Out 1.40 The Last Man on Earth 2.10 Suits 3.00 Hoff the Record 3.30 The Indestructibles 4.00 Close

DRAMA SKY 158 FV: 20

7.10 Tenko 11.00 Shirpe 1.00 Tinko 8.00 Onn Foot in the Grave 7.00 Hetty Wainthropp Investigates 8.00 Messe Rinn 9.00 Taggart 11.00 Waking the Dead 1.20 Hetty Wainthropp Investigates 2.20 Catherine Cookson's Tilly Trotter 4.00 Home Shopping

SKY1 SKY 106

8.00 Are You Smarter Than a 10 Year Old? 7.00 Futurama 7.50 The Big Spell 8.45 The Fantasy Football Club 9.45 Sincere AM 11.30 Live Premier League Pre-match build-up to Manchester United v Bournemouth. 12.30 Football's Funniest Moments 1.00 Portrait Artist of the Year 2017 3.00 Gillette Soccer Saturday: Up-to-the-minute scores. 5.15 Supergirl 6.15 The Flash 7.15 MacGyver 9.15 FILM: Star Wars: Episode II - Attack of the Clones (2002) (PG) Sci-fi adventure prequel with Ewan McGregor. 11.00 NCIS: Los Angeles 12.00 Duck Quacks Don't Echo 1.00 A League of Their Own: Unseen 2.00 DC's Legends of Tomorrow 2.00 Police Force: Australia 5.00 Futurama

W SKY 109

7.00 The Bill 12.00 EastEnders 2.40 Heston's Fantastical Food 3.40 FILM: Charlie and the Chocolate Factory (2005) (PG) Children's fantasy starring Johnny Depp. 6.00 My Family 9.00 Inside the Ambulance 9.00 FILM: Kissing Girls (1997) (18) 11.10 Gnomeo 12.15 Outnumbered 1.30 Rest In Town 2.10 Almost Human 3.00 Home Shopping

GOLD SKY 110

7.00 Cheers 9.00 Blandings 9.40 Only Fools and Horses 10.20 Last of the Summer Wine 12.20 Boomers 1.00 Only Fools and Horses 6.00 Thin Trip to Italy 11.00 Bottom 2.25 FILM: Bill Hicks: Sane Man (1989) (18) Stand-up performance recorded in Texas in 1989 4.00 Home Shopping

SKY SPORTS 1 SKY 401

6.00 Have v Ballew: The Knockouts 8.30 Have v Ballew: Behind the Ropes Part One 7.00 Have v Ballew: Behind the Ropes Part Two 7.30 Have v Ballew: The Countdown Part One 8.30 Have v Ballew: The Countdown Part Two 9.00 Premier League Preview 8.45 Soccer AM 11.30 Live Premier League: Manchester United v Bournemouth (kick-off 12.30pm). 3.00 Gillette Soccer Saturday 5.15 Live EFL: Huddersfield Town v Newcastle United (kick-off 5.30pm). 9.00 EFL Goals 9.30 Nissan Match Choice 11.30 Premier League Highlights

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Sat 25th Feb • £15 adv • 11pm
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Half Man Half Biscuit

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Goldfrapp

Tue 21st Mar • £6.50 adv • 7pm
Declan McKenna

Tue 21st Mar • £21 adv • 7pm
The Wailers

Wed 22nd Mar • £27.50 adv • 6pm
Scott Bradlee's Postmodern Jukebox

Thu 23rd Mar • £16.50 adv • 7pm
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Fri 24th Mar • £8.50 adv • 6.30pm
Sonic Boom Six
+ Ghouls

Sat 25th Mar • £15 adv • 6.30pm
Circa Waves

Mon 27th Mar • £20 adv • 7pm
Blackberry Smoke

Mon 27th Mar • £12 adv • 7pm
Pulled Apart By Horses
+ Tigercub
+ Thee MVPs

Tue 29th Mar • £19.50 adv • 7pm
Warpaint
+ Shame

Thu 30th Mar • £13 adv • 7pm
The AC/DC Experience

Fri 31st Mar • £10 adv • 11pm
White Magic Sound Birthday Bash featuring: Seani B

Sun 2nd Apr • £27.50 adv • 7pm
The Jesus and Mary Chain

Mon 3rd Apr • £22.50 adv • 7pm
Feeder

Tue 4th Apr • £16 adv • 7pm
Mallory Knox
+ Lonely The Brave
+ Fatherson

Fri 7th Apr • £15 adv • 7pm
Tigertailz
+ Terminus
+ Nasty High

Tue 11th Apr • £14 adv • 7pm
(hed)p.e.

Fri 21st Apr • £8 adv • 6.30pm
Coast To Coast & Better Than Never
+ One State Drive

Sat 22nd Apr • £15 adv • 7pm
Electric Six
+ Nightmares from the Discotheque

Thu 27th Apr • £15 adv • 7pm
While She Sleeps
+ In Hearts Wake
+ Fizzy Blood

Fri 28th Apr • £23.50 adv • 7pm
Tinariwen
+ Art Theefe

Sat 29th Apr • £6 adv • 6.30pm
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+ Ben Champion
+ Cora Pearl

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Thu 4th May • £26 adv • 7pm
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Bigfoot
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Tue 9th May • £10 adv • 7pm
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The Magic Gang

Sat 13th May • £17 adv • 11pm
The Oxford Soul Train

Tue 16th May • £13.50 adv • 7pm
The Comet Is Coming
+ Flamingods

Thu 18th May • £27.50 adv • 7pm
The Mission
+ The Skeletal Family
+ Pauline Murray

Sat 20th May • £10 adv • 6.30pm
The Verve Experience: Celebrating The Twentieth Anniversary of Urban Hymns

Fri 9th Jun • £25 adv • 7pm
The Skids - 40th Anniversary Show

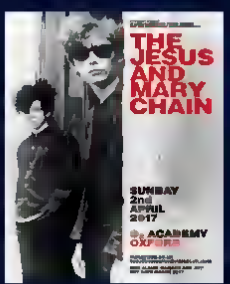
Sat 24th Jun • £16.50 adv • 7pm
The Inflatables
+ Roddy Radiation & The Skabbily Rebels
+ King Hammond & The Rude Boy Mafia
+ Madan Scorcher
+ Darren Bennet

Fri 29th Sep • £13 adv • 6.30pm
The Velvets: Celebrating 50 Years of The Velvet Underground

Sat 7th Oct • £13 adv • 6.30pm
The Smyths: Strangeways Here We Come Tour

Fri 27th Oct • £12 adv • 6.30pm
Guns 2 Roses

Fri 3rd Nov • £23 adv • 6.30pm
From The Jam "The Gift" 35th Anniversary



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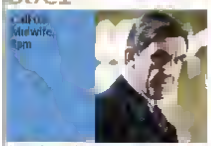
Sunday March 5th

BBC1



DAYTIME

9.00 The Andrew Marr Show (S)
10.00 The Big Questions (S) 11.00 Sunday Politics (S) 12.15 Bargain Hunt (S)(R) 1.00 BBC News, Weather (S) 1.15 Homes Under the Hammer (S)(R) 2.15 Flog It! (S)(R) 3.15 Escape to the Country (S)(R) 4.00 Songs of Praise (S) 4.35 Shop Well for Less? (S)(R) 5.35 BBC News (S) 5.50 BBC Regional News, Weather (S) 6.00 The Big Painting Challenge (S)

7

7.00 Countryfile The team explores the South Downs. (S)

8

8.00 Call the Midwife Dr Turner helps a couple whose daughter was born without limbs to have her fitted for prosthetics. (S)

9

9.00 SS-GB Archer tracks down Spede, who confesses to murdering his brother. (S)

10

10.00 BBC News (S)
10.20 BBC Regional News; Weather (S)
10.30 Match of the Day 2 Mark Chapman reviews the day's Premier League action. (S)

11

11.35 American High School A student with his own business suffers a devastating setback. (S)

AFTER 12

12.20 The Celebrity Apprentice USA (S) 1.45 Weather for the Week Ahead (S) 1.50 BBC News (S)

BBC2

6.30 A to Z of TV Gardening (S)(R) 7.15 An Island Roman (S)(R) 7.45 Around the World in 80 Gardens (S)(R) 8.45 Countryfile (S)(R) 9.45 Saturday Kitchen Best Bites (S) 11.15 Nigel Slater's Dish of the Day (S)(R) 11.45 Nigellissima (S)(R) 12.15 MOTD2 Extra (S) 1.00 Triathlon (S) 2.30 Live Athletics. European Indoor Championships Gabby Logan presents coverage of the third and final day. (S)

7.00 Robot Wars New series. Dara Ó Briain and Angela Scanlon present the first group heat. With commentary by Jonathan Pearce. (S)

8.00 Top Gear New series. Chris Harris test-drives the Ferrari FXXK at the Daytona circuit. (S)

8.00 Special Forces – Ultimate Hell Week The final challenge involves the Australian Special Air Service Regiment. Last in the series. (S)

10.00 FILM London Road (2015) (15) Rremnite. Fact-based musical starring Olivia Colman and Tom Hardy. (S)

11.30 FILM Papillon (1973) (15) Fact based drama starring Steve McQueen and Dustin Hoffman. (S)

1.55 Taboo (S)(R) 2.55 Sign Zone Question Time (S)(R) 3.55 Holby City (S)(R) 4.50 This is BBC Two (S)

ITV

9.30 Countrywise Guide to Britain (S) (R) 10.00 Peston on Sunday (S) 10.55 Gino's Italian Escape: Hidden Italy (S) (R) 11.25 Chopping Block (S)(R) 12.25 Who's Doing the Dishes? (S)(R) 1.30 News 1.35 The Voice UK (S)(R) 2.50 Little Big Shots (S)(R) 3.50 The Chase (S)(R) 4.50 Tipping Point (S)(R) 5.50 ITV Regional News (S) 6.00 News (S) 6.15 Harry Hill's Alien Fun Capsule (S) (R) 6.40 Five Gold Rings (S)

7.45 The Voice UK The second live knockout show. (S)

9.00 The Good Karma Hospital Lydia and Ruby visit a convent to make a seemingly miraculous diagnosis. (S)

10.00 ITV News, Weather (S)
10.20 The Nightly Show Best Bits Nine scenes. Highlights from the previous week. (S)
10.50 Peston on Sunday Political magazine. (S)(R)
11.50 Premiership Rugby Union Action from the 17th round of fixtures.

12.40 Jackpot247 3.00 Chepstow Block (S)(R) 3.50 ITV Nightscreen 5.05 The Jeremy Kyle Show (S)(R)

Channel 4

6.15 The King of Queens (S)(R) 7.30 Everybody Loves Raymond (S)(R) 8.25 Frasier (S)(R) 9.30 Sunday Brunch (S) 12.30 The Simpsons (S)(R) 2.00 George Clarke's Amazing Spaces (S)(R) 3.00 Location, Location, Location (S)(R) 4.00 Channel 4 News (S) 4.30 FILM Fantastic Four (2005) (PG) Sci-fi comic book adventure, starring Ioan Gruffudd. (S) 6.30 The Jump (S)

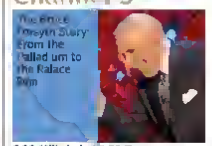
6.15 The Big Fat Quiz of Everything 2016 (S)(R) 7.00 Inside Britain's Immigration Detention Centres (S)(R) 8.00 Rivers with Jeremy Paxman The presenter explores the River Severn, exploring the largest ship graveyard in the country. (S)

9.00 Homeland Carrie follows a lead, and Keane takes a stand. Starring Claire Danes, Rupert Friend and Mandy Patinkin. (S)

11.00 8 Out of 10 Cats Does Countdown Jimmy Carr hosts the words-and-numbers quiz. (S)(R)

12.00 FILM Broken City (2013) (15) Crime thriller with Mark Wahlberg and Russell Crowe. (S) 2.00 The Last Leg (S)(R) 2.55 Under Lock and Key (S)(R) 3.50 Phil Spencer: Secret Agent (S)(R) 4.45 Kirstie's Vintage Gems (S)(R) 5.05 Fifteen to One (S)(R)

Channel 5



6.00 Milkshake! 9.50 Teenage Mutant Ninja Turtles (S)(R) 10.25 Football on 5: The Championship (S)(R) 11.20 Football on 5: Goal Rush (S)(R) 11.50 FILM The Fifth Element (1997) (PG) (S) 2.10 FILM Spies Like Us (1985) (RG) (S) 4.10 Secrets of the National Trust with Alan Titchmarsh (S)(R) 5.10 Cruising with Jane McDonald (S)(R) 6.05 Inside Windsor Castle (S)(R)

7.00 Inside Windsor Castle A look back at the series of events that shaped the monarchy between 1936 and 1952. (S)(R)

8.00 Nightmare Tenants, Slum Landlords New series. Cases include a woman with rental arrears of almost £3,000. (S)
8.55 5 News Weekend (S)

9.00 The Brute Forsyth Story: From the Palladium to the Palace New series. A look back at the entertainer's 75 years in showbiz. (S)

10.30 An Audience with Bruce Forsyth The versatile veteran entertainer reveals his many talents in a host of song and dance before a VIP audience. (S)(R)

11.35 Bruce Forsyth's Comedy Heroes (S)(R)

12.35 Peter Kay: The Early Years (S)(R) 12.55 SuperCasino 3.10 Secrets of the National Trust with Alan Titchmarsh (S)(R) 4.00 When Kids Kill: Catfish Killer (S)(R) 4.50 House Doctor (S)(R) 5.15 Wildlife SOS (S)(R) 5.40 Angels of Jarim (S)(R)

DIGITAL

ITV2 SKY 118 FV 6

8.00 The Hot Desk. Jonas Blue 8.10 You've Been Framed! Gold 8.35 Emmerdale 9.10 Coronation Street 12.45 The Voice UK 1.00 2Awesome 2Awesome 1.05 2Awesome Guidance 1.40 2Awesome Prime High 2.05 2Awesome: The Winner 2.30 2Awesome LA Story 2.50 You've Been Framed! Gold: Top 100 Hot Pairs 3.00 Ant & Dec's Saturday Night Takeaway 5.25 FILM King Kong (2005) (12) Fantasy adventure remake, starring Naomi Watts. 6.20 TV Daily 9.30 FILM King Kong (2005) (12) Concluded. 9.50 Ibiza Weekender 10.00 Family Guy 11.30 American Dad! 12.30 The Cleveland Show 1.25 Ibiza Weekender 2.20 Teleshopping 5.50 ITV2 Nightscreen

ITV3 SKY 119 FV 10

8.00 On the Buses 8.25 Sherlock Holmes. The Last Vampire 8.30 Heartbeat 10.30 Murder She Wrote 12.45 FILM The Belles of St Trinian's (1954) (U) Comedy starring Alastair Sim. 1.45 TV Daily 1.50 FILM. The Belles of St Trinian's (1954) (U) Concluded. 2.35 Inspector Morse 4.00 Agatha Christie's Marple 8.50 Midsomer Murders 9.00 Tonight at the London Palladium 10.00 Carry On Forever 11.05 FILM Carry On Camping (1969) (PG) Comedy, starring Sid James. 12.05 TV Daily 12.10 FILM Carry On Camping (1969) (PG) Concluded. 12.55 Inspector Morse 2.45 Wycliffe 3.40 May the Best House Win 5.20 ITV3 Nightscreen

BBC4 SKY 118 FV 9

7.00 Sound of Song. Neil Brand charts how music was transformed by the arrival of digital technology and the computer, as his exploration of great songs reaches the modern era. Last in the series. 8.00 Kate Tempest: Everything Sacred 8.50 Imagine... 2016: Grayson Perry's Big Art Tour 9.45 Imagine... 2016: Grayson Perry's Big Art Tour 10.40 Imagine... 2016: Grayson Perry's Big Art Tour 11.35 Imagine... 2016: Grayson Perry's Big Art Tour 12.30 Imagine... 2016: Grayson Perry's Big Art Tour 1.25 Imagine... 2016: Grayson Perry's Big Art Tour 2.20 Imagine... 2016: Grayson Perry's Big Art Tour 3.15 Imagine... 2016: Grayson Perry's Big Art Tour 4.10 Imagine... 2016: Grayson Perry's Big Art Tour 5.05 Imagine... 2016: Grayson Perry's Big Art Tour

MDRE4 SKY 138 FV 14

8.00 Coast vs Country 10.00 Building the Dream 12.50 Hell on the Hill 12.00 Come Dine with Me 2.40 Four in a Bed 5.20 Come Dine with Me 8.00 Nazi Megastructures 9.00 Fatherhood 10.00 Man Down 11.05 24 Hours in A&E 12.10 Ramsay's Kitchen Nightmares USA 1.15 Man Down 2.15 Nazi Megastructures 3.15 Food Unwrapped 3.45 Close

FILM4 SKY 315 FV 15

11.00 The First Film (2015) (PG) Premiere. Documentary about the world's earliest surviving film. 1.20 Hugo (2011) (U) Family adventure, starring Asa Butterfield. 3.50 Carry On Behind (1975) (PG) Comedy starring Kenneth Williams. 5.35 Ice Age: Continental Drift (2012) (U) An animated comedy sequel with the voice of Ray Romano. 7.10 Johnny English (2003) (PG) Spy comedy, starring Rowan Atkinson. 9.00 Mr Turner (2014) (12) Mike Leigh's biopic of the artist, starring Timothy Spall. 11.35 Cheap Thrills (2013) (15) Comedy thriller, starring Pat Healy. 1.40 Wrong Turn at Tahoe (2009) (15) 3.30 Close

DAVE SKY 111 FV 12

7.20 Top Gear 9.00 Steve Austin's Broken Skull Challenge 10.40 Traffic Cops 11.40 Jay Leno's Garage 1.45 Top Gear 3.00 Red Bull Soapbox Race 5.20 Top Gear 6.00 Traffic Cops 9.00 Never Let Me Go 9.05 More News for You 10.00 Sue Barker: Strictly Confidential 11.00 Dave Gorman: Modern Life is Goodish 12.00 Crackanory 12.30 Have I Got a Bit More News for You 1.30 Suits 2.20 Parks and Recreation 3.30 The Indestructibles 4.00 Close

DRAMA SKY 158 FV 20

7.00 Last Tango in Halifax 8.00 The Bill 12.00 Mansfield Park 3.40 Catherine Cookson's Tilly Trotter 8.00 New Tricks 9.00 Silent Witness 11.10 Spooks 1.50 Catherine Cookson's Tilly Trotter 4.00 Home Shopping

SKY1 SKY 106

8.00 Hour of Power 7.00 Futurama 8.05 Supergirl 10.00 The Flash 11.00 Futurama 11.30 WWE Raw Hits 12.30 Live Nissan Supra Sunday: Pre-match build-up to Tottenham Hotspur v Everton. 1.30 Modern Family 3.00 The Simpsons 5.00 Hawaii Five-0 10.00 NCIS: Los Angeles 11.00 MacGyver 12.00 The Force. Easter 1.00 An Ambulance Ep 2.00 Arrow 2.50 Police Force: Australia 3.15 Road Wars

SKY ATLANTIC SKY 108

8.00 The West Wing 11.00 Without a Trace 4.00 Blue Bloods 9.00 The Circus: Inside the Greatest Political Show on Earth 11.00 Portlandia 12.00 Billions 1.15 Fun Detection 2.45 The Wire 4.30 Networks of Power with Sir Christopher Meyer

W SKY 109

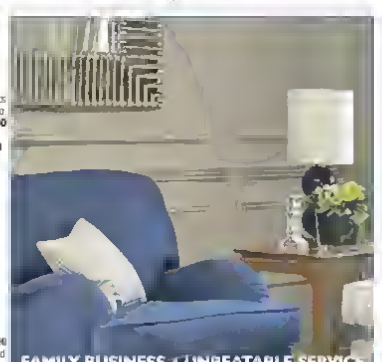
6.30 Wild Things with Dominic Monaghan 7.10 Your Home in Three Minutes 8.30 James Martin: Yorkshire's Finest 9.00 MasterChef USA 1.00 Dynamo: Magician Impossible 2.00 Doctor Who 4.00 My Family 6.00 Outnumbered 8.00 Hinney I Bought the House 9.00 John Bishop: In Conversation with Mind Reading 10.00 Jonathan Creek 11.20 Code Black 12.20 Outnumbered 1.00 Bond: Rescue 1.30 Almost Human 3.00 Home Shopping

GOLD SKY 110

7.00 Cheers 8.00 Only Fools and Horses 12.00 Becoming Jane 12.35 Only Fools and Horses 2.00 The Trip to Italy 11.00 The Thick of It 1.00 Jimmy's Show 2.10 House of Fools 3.20 Nighty Night 4.00 Home Shopping

SKY SPORTS 1 SKY 401

8.00 Premier League Highlights 9.00 The Sunday Supplement 10.30 Goals on Sunday 12.30 Live Nissan Supra Sunday: Tottenham Hotspur v Everton (k.o. 1.30pm) 3.30 Live Nissan Supra Sunday: Sunderland v Manchester City (k.o. 4.00pm). 7.00 EFL Goals 7.30 Spanish Football Gold 7.40 Live La Liga Football: Athletic Bilbao v Malaga (k.o. 7.45pm) 9.40 Spanish Football Gold 10.00 Premier League Highlights 11.00 Goals on Sunday 12.00 Premier League Highlights 1.00 Sky Sports Boxing Gold 2.00 Premier League Highlights 3.00 Legends of the Premier League 3.30 Premier League Legends 4.00 Premier League Highlights 5.00 Premier League 100 Club 5.30 Spanish Football Gold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Monday March 6th

BBC1

10.00 Homes Under the Hammer (S) (R) **11.00 Heir Hunters** (S) **11.45 Dom on the Spot** (S) **12.15 Bargain Hunt** (S) **1.00 BBC News at One Weather** (S) **1.30 BBC Regional News and Weather** (S) **1.45 Doctors** (S) **2.15 The Doctor Blake Mysteries** (S)(R) **3.15 Escape to the Country** (S)(R) **3.45 Money for Nothing** (S) **4.30 Flog It!** (S) **5.15 Peerless** (S) **6.00 BBC News** (S) **6.30 BBC Regional News** (S)

7.00 The One Show Presented by Matt Baker and Michelle Ackerley. (S)
7.30 Inside Out Regional documentary. (S) BBC News (S)

8.00 EastEnders Michelle panics after receiving a phone call from Preston's mum. (S)
8.30 Sleepless Britain – Panorama (S)

9.00 Crimewatch Jeremy Vine and Tina Daheley present a special edition focusing on crime on the roads, exploring the devastating impact of dangerous driving. (S)

10.00 BBC News at Ten (S)
10.30 BBC Regional News and Weather (S)
10.45 Imagine – Alice Neel: Dr Jekyll and Mrs Hyde (S)

12.05 The Graham Norton Show (S) (R) **12.05** Granada/YTV The Super League Show (S) **12.50** Weather for the Week Ahead (S) **12.55** BBC News (S)

BBC2

8.00 Sign Zone: The Great Interior Design Challenge (S)(R) **9.00 Victoria Derbyshire** (S) **11.00 BBC Newsroom Live** (S) **12.00 Daily Politics** (S) **1.00 Two Tribes** (S)(R) **1.30 Beat the Brain** (S)(R) **2.00 Building Dream Homes** (S) (R) **2.30 Channel Patrol** (S)(R) **3.15 Rivers with Griff Rhys Jones** (S)(R) **4.15 Madagascar** (S)(R) **5.15 Bargain Hunt** (S)(R) **6.00 Eggheads** (S) **6.30 The Hairy Bikers' Comfort Food** (S)

7.00 Top Gear Chris Harris tests drives the Ferrari FXXK at the Daytona circuit in Florida. (S)(R)

8.00 University Challenge (S)
8.30 Mary Berry Everyday The food writer celebrates hearty and wholesome food. (S)

9.00 Meet the Lords Alf Dubs attempts to push through an amendment to allow unaccompanied refugee children into the country. (S)

10.00 Cradle to Grave The thought of paying for Sharon's wedding is giving Fred sleepless nights. (S) (R)
10.30 Newsnight (S)

11.10 Weather (S)
11.15 The Secrets of Your Food (S) (R)

ITV

6.00 Good Morning Britain (S) **9.30 Lorraine** (S) **9.25 The Jeremy Kyle Show** (S)(R) **10.30 This Morning** (S) **12.30 Loose Women** (S) **1.30 ITV Lunchtime News** Weather (S) **1.55 ITV Regional News** Weather (S) **2.00 Judge Rinder** (S) **3.00 The Home Game** (S) **3.55 ITV Regional Weather** (S) **4.00 Tipping Point** (S) **5.00 The Chase** (S) **6.00 ITV Regional News** (S) **6.30 ITV Evening News** Weather (S)

7.00 Emmerdale Aaron is attacked. (S)
7.30 Coronation Street Tracy tells Ken that Adam has been stealing from her till. (S)

8.00 The Kyle Files Jeremy Kyle tackles the issue of irresponsible driving. (S)
8.30 Coronation Street Adam has a crisis of conscience. (S)

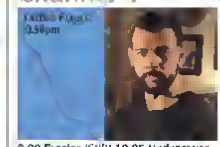
9.00 Broadchurch Ellie and Hardy start to investigate Trish's life and talk to her ex-husband, her best friend's partner and a taxi driver – all of whom were in the area when the attack took place.

10.00 The Nightly Show with John Bishop Topical monologue, studio games and celebrity guests. (S)
10.30 ITV News Weather (S)

11.00 ITV Regional News, Weather (S)
11.15 The Chase Bradley Walsh presents. (S)(R)

12.15 The Nightly Show with John Bishop (S)(R) **12.40** Jackpot247 **3.00** The Jeremy Kyle Show (S)(R) **3.50 ITV Nightscreen 5.05** The Jeremy Kyle Show (S)(R)

Channel 4



9.00 Frasier (S)(R) **10.05 Undercover Boss USA** (S)(R) **11.00 Ramsay's Kitchen Nightmares USA** (S)(R) **12.00 Channel 4 News** (S) **12.05 A New Life in the Sun** (S)(R) **1.05 Find It, Fix It, Flog It** (S)(R) **2.10 Countdown** (S) **3.00 Fifteen to One** (S) **4.00 A Place in the Sun: Winter Sun** (S)(R) **5.00 Couples Come Dine with Me** (S) **5.00 The Simpsons** (S)(R) **6.30 Hollyoaks** (S)

7.00 Channel 4 News (S)

8.00 Food Unwrapped Kate Quilton heads to Japan on the trail of tofu. (S)(R)
8.30 Travel Man: 48 Hours in St Petersburg (S)

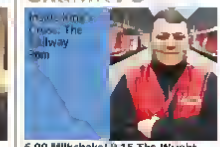
9.00 Mutiny New series. Nine men recreate a perilous voyage led by William Bligh in 1789. Continues tomorrow. (S)

10.00 How'd You Get So Rich? New series. Katherine Ryan finds out how wealthy people got their money. (S)
10.50 Tattoo Fixers (S)

11.50 Gap Year May has to go to a cousin's wedding in Hangzhou. (S)

12.45 A Very British Hotel (S)(R) **1.40** Extremely British Muslims (S)(R) **2.35** Escape to the Wild (S)(R) **3.30** Building the Dream (S) **4.25** Fonz in a Pod (S)(R) **4.55** James's Comfort Food (S)(R) **5.05** Phil Spencer: Secret Agent (S)(R)

Channel 5



6.00 Milkshake! 9.15 The Wright Stuff 11.15 GPs: Behind Closed Doors (S)(R) **12.10 5 News Lunchtime** (S) **12.15 The Hairdresser Next Door** (S)(R) **1.15 Home and Away** (S) **1.45 Neighbours** (S) **2.15 NCIS** (S)(R) **3.20 FILM Her Dark Past (2016)** (PG) (S) **5.00 5 News at 5** (S) **5.30 Neighbours** (S)(R) **6.00 Home and Away** (S)(R) **6.30 5 News Tonight** (S)

7.00 The Cars That Made Britain Great Martin Kemp and Jen Christensen extol the virtues of the Ford Cortina. (S)(R) 5 News Update. (S)

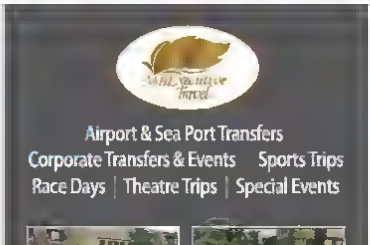
8.00 Fatal Fog: Winter Road Rescue Officers from Thames Valley Police recall a notorious Valentine's Day pile-up. Last in the series. (S) 5 News Update (S)

9.00 Inside King's Cross: The Railway New series. Going behind the scenes at the London transport hub, meeting the army of workers who keep this vital network running. (S)

10.05 Britain's Biggest Cash Grab The events of the Tonbridge Securitas robbery of 2006. (S)

11.05 FILM GI Joe: The Rise of Cobra (2009) (12) Action adventure, with Channing Tatum and Sienna Miller. (S)

1.10 SuperCasino 3.10 GPs: Behind Closed Doors (S)(R) **4.00** Witches: A Century of Murder (S)(R) **4.45** House Doctor (S)(R) **5.10** Divine Designs (S) (R) **5.35** Wildlife SOS (S)(R)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DIGITAL

ITV2 SKY 118 FV 6

8.00 You've Been Framed! Gold **8.20** Who's Doing the Dishes? **9.10** The Ellen DeGeneres Show **9.50** Emmerdale **8.30** Corrie on Street **8.30** Psych **10.20** Scorp on **11.25** Who's On ng the Dishes? **12.25** Emmerdale **12.55** Co nation Street **2.00** The Ellen DeGeneres Show **2.50** The Jeremy Kyle Show **3.00** Judge Rinder **3.00** You've Been Framed! Gold **3.50** Two and a Half Men **3.00** Family Guy **9.30** The Great Indoors **10.00** American Dad! **11.00** Family Guy **11.55** Amer can Dad! **12.25** The Cleveland Show **1.25** The Great Indoors **1.50** Totally Bonkers Guinness World Records **2.20** Teleshopping **5.00** ITV2 Nightscreen

ITV3 SKY 119 FV 10

8.00 In Low ng Memory **8.25** Heartbeat **7.20** Where the Heart Is **8.20** The Royal **9.20** Judge Jury **10.45** Inspector Morse **1.05** Heartbeat **2.05** The Royal **3.10** Where the Heart Is **4.10** In Loving Memory **4.50** Doctor at Large **9.20** On the Buses **5.50** Heartbeat **7.00** Murder She Wrote **8.00** Doc Martin **8.00** Foyle's War **12.20** K ller Women with Piers Morgan **12.00** Inspector Morse **2.10** ITV3 Nightscreen **2.30** Teleshopping

BBC4 SKY 116 FV 9

7.00 100 Days, Weather **7.30** Real History of Britain **8.00** The Big Painting Challenge **9.00** Fitzrovia Fiction: A Photographic History **10.00** Timewatch: Young Victoria **10.50** The Attack, Terror in the UK **11.50** Oceans **12.00** Art of China **1.50** Ancient Greece: The Greatest Show on Earth **2.00** Britain in Focus: A Photographic History **3.00** Close

E4 SKY 136 FV 28

8.00 Rude(ish) Tube Shorts **8.10** Made in Chelsea **7.00** Gemma of Clones **7.30** Hollyoaks **9.00** Rules of Engagement **9.00** Baby Daddy **10.00** Charmed **12.00** How I Met Your Mother **1.00** The Goldbergs **2.00** The Big Bang Theory **3.00** Baby Daddy **4.00** How I Met Your Mother **8.00** The Goldbergs **8.00** The Big Bang Theory **7.00** Hollyoaks **7.30** Game of Clones **8.00** FILM Mirror Mirror (2012) (PG) **10.00** Celebs Go Dating **11.05** First Dates Abroad **12.10** The Big Bang Theory **1.10** Celebs Go Dating **2.15** First Dates **3.10** Naked Attraction **4.00** Rules of Engagement **4.45** Channel

MORE4 SKY 138 FV 14

8.55 Car SOS **9.55** Come Dine with Me **12.30** A Place in the Sun, Winter Sun **2.40** Wars of the Roses: A Time Team Special **3.00** Secrets of the Saxon Hoard: A Time Team Special **4.50** Great Canal Journeys **8.00** Car SOS **8.55** The Supervet **7.55** Grand Designs **8.00** Vet on the Hill **10.00** 24 Hours in A&E **11.05** Britain's Benefit Tenants **12.10** Ramsay's Kitchen Nightmares USA **1.10** Vet on the Hill **2.15** 24 Hours in A&E **3.15** 8 Out of 10 Cats **3.55** Close

FILM4 SKY 315 FV 15

11.00 It Came from Beneath the Sea (1954) (U) **12.40** Night Passage (1957) (U) **2.30** Terror in a Texas Town (1958) (PG) **4.10** Mary Queen of Scots (1971) (PG) **6.45** The Other Boleyn Girl (2008) (12) **9.05** Escape Plan (2013) (15) **11.10** This Is 40 (2012) (15) **1.05** Blind (2014) (18) **3.55** Close

DAVE SKY: 111 FV 12

7.10 Ice Road Truckers **8.00** Home Shopping **8.10** American Pickers **9.00** Storage Hunters **10.00** American Pickers **12.00** Top Gear **2.00** QI **3.20** Would I Lie to You? **4.00** Top Gear **7.00** American Pickers **8.00** Room 101 **9.20** Mock the Week **10.00** QI XL **11.00** Mock the Week **12.20** QI **2.00** The Last Man on Earth **2.00** Su ts **3.00** Parks and Recreation **4.00** Close

DRAMA SKY 158 FV 20

7.00 Last Tango in Halifax **8.00** Doon **9.00** Bergerac **10.00** QI Classics **Great and Small 11.00** The Bill **1.00** As Time Goes By **1.40** Some Mothers Do 'Ave 'Em **2.20** Birds of a Feather **3.00** Doon **4.00** Bergerac **5.00** All Creatures Great and Small **6.00** Some Mothers Do 'Ave 'Em **8.00** Last of the Summer Wine **7.20** As Time Goes By **8.00** Judge John Deed **10.00** New Tricks **11.20** Shame **1.20** Benidorm **2.20** Citizen Smith **3.00** Birds of a Feather **3.35** Garden Hopping **4.00** Home Shopping

SKY1 SKY 106

8.00 Road Wars **8.00** Pet ce 10/7 **8.00** Monkey Life **10.00** Nothing to Declare **12.00** A Town Called Eureka **12.00** NCIS: Los Angeles **1.00** Hawaii Five-0 **3.00** NCIS: Los Angeles **4.00** Futurama **4.30** Modern Family **8.30** Futurama **6.30** The Simpsons **8.00** FILM Star Wars Episode III – Revenge of the Sith (2005) (12) **10.40** The Blacklist **11.40** The Force, Manchester **12.40** Road Wars **1.40** Sing, Search, Save **2.00** Hawaii Five-0 **3.00** RSPCA: Animal Rescue **5.30** Futurama

SKY ATLANTIC SKY 108

8.00 Fish Town **8.00** The West Wing **10.00** House **11.00** Without a Trace **1.00** Blue Bloods **2.00** Urban Secrets **3.00** The West Wing **5.00** House **8.00** Without a Trace **9.00** Blue Bloods **9.00** Alan Partridge's Scissored Isle **10.00** Gits **10.30** Last Week Tonight with John Oliver **12.10** Real Time with Bill Maher **12.2** The Tattering Incident **2.40** Girls **3.10** Looking **4.00** Fish Town

W SKY 109

8.10 Wild Things with Dominic Monaghan **7.00** MasterChef USA **8.00** My Dream Home **9.00** Extreme Makeover: Home Edition **10.00** The Bill **12.00** Tipping Point **1.00** Mothership Oops: A Traffic Cops Special **2.00** MasterChef USA **3.00** Who Do You Think You Are? USA **4.00** My Dream Home **5.00** Extreme Makeover: Home Edition **8.00** Tipping Point **7.00** Supernanny **8.00** How I Bought the House **9.00** Booze, Bar Crawls and Bulgaria: Stacey Dooley Investigates **10.00** FastEnders **10.40** Absolutely Fabulous **12.20** Nev ll and Ian Call Centre **12.20** Bondi Rescue **12.50** EastEnders **1.30** Almost Human **3.00** Home Shopping

GOLD SKY 110

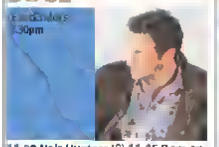
7.00 Cheers **8.00** One Foot in the Grave **8.40** The British Empire **10.00** As Time Goes By **10.40** Only Fools and Horses **1.50** Keeping Up Appearances **3.00** The British Empire **4.20** Last of the Summer Wine **8.20** Keeping Up Appearances **7.40** Gavin & Stacey **8.00** Trevor Noah: Family **10.20** Game Game Game **11.40** Gavin & Stacey **1.00** Peep Show **2.05** Shooting Stars **4.00** Home Shopping

SKY SPORTS 1 SKY 401

8.00 Football Gold **7.00** WWE Raw Hits **8.00** Goals on Sunday **9.00** Premier League Highlights **10.00** Premier League 100 Club **11.00** Premier League Highlights **12.00** Premier League Highlights **1.00** Premier League 100 Club **2.00** Premier League Highlights **3.00** Spanish Football Gold **3.30** Football Gold **4.00** Premier League Highlights **5.00** Premier League 100 Club **8.00** Premier League Legends **8.30** Soccer AM: The Best Bits **7.00** Live Monday Night Football: West Ham Utd v Chelsea (kick-off 8.00pm). **11.00** Scottish Football Round-Up **12.15** Football Gold **12.30** Soccer AM: The Best Bits **12.00** Monday Night Football: Pre-Match **1.00** Monday Night Football **1.30** Soccer AM: The Best Bits **2.00** Premier League Years **4.00** Monday Night Football: Pre Match **5.00** Monday Night Football **8.00** Spanish Football Gold

Tuesday March 7th

BBC1



DAYTIME

11 00 **Heir Hunters** (S) 11 45 **Dom on the Spot** (S) 12 15 **Bargain Hunt** (S)(R) 1.00 **BBC News at One; Weather** (S) 1.30 **BBC Regional News and Weather** (S) 1.45 **Doctors** (S) 2 15 **The Doctor Blake Mysteries** (S)(R) 3 15 **Escape to the Country** (S)(R) 3.45 **Money for Nothing** (S) 4.30 **Flog It!** (S)(R) 5 15 **Pointless** (S) 6.00 **BBC News at Six; Weather** (S) 6.30 **BBC Regional News and Weather** (S)

7

T 40 **The One Show** (S)
T 30 **EastEnders** Martin is called to the school over a further development with Bex (S) BBC News Regional News (S)

8

8.00 **Holby City** Jasmee fights chronic fatigue while trying to impress Serena. (S)

9

9.00 **The Replacement** Ellen finds evidence that her boss was having an affair. (S)

10

10.00 **BBC News at Ten** (S)
10.30 **BBC Regional News and Weather;** (S) National Lottery Update (S)
10.45 **Marine A: Guilty as Charged? – Panorama** (S)

11

11.25 **The Big Painting Challenge** The artists visit the National Portrait Gallery (S)(R)

AFTER 12

12.25 **Weather for the Week Ahead** (S) 12 30 **BBC News** (S)

BBC2

9.00 **Victoria Derbyshire** (S) 11 00 **BBC Newsroom Live** (S) 12 00 **Daily Politics** (S) 1.00 **The Super League Show** (S) 1 45 **Countryfile** (S)(R) 2.00 **Building Dream Homes** (S)(R) 2 30 **Channel Patrol** (S)(R) 3 15 **Rivers with Griff Rhys Jones** (S)(R) 4 15 **Madagascar** (S)(R) 5 15 **Bargain Hunt** (S)(R) 6 00 **Eggheads** (S) 6.30 **The Hairy Bikers' Comfort Food** (S)

7 00 **Antiques Road Trip** An unreliable classic car threatens to derail Charles Hanson and James Braxton's journey. (S)

8.00 **Kate Humble – Back to the Land** New series. The presenter champions the UK's most inspirational rural entrepreneurs. (S)

9.00 **1066: A Year to Conquer England** King Harold of England has to take on two-invasion forces. (S)

10 00 **Inside No 9** A man's promotion leads to an eventful karaoke session. (S)
10.30 **Newsnight** (S)

11 10 **Weather** (S)
11 15 **Imagine – Zaha Hadid. Who Dares Wins** (S)(R)

12 25 **Special Forces – Ultimate Nell Week** (S)(R) 1 25 **The Attack** Terror in the UK (S)(R) 2 25 **Sign Zone** Our Daceey Tower (S)(R) 3 25 **Further Back in Time for Dinner** (S)(R) 4 25 **This is BBC Two** (S)

ITV

6.00 **Good Morning Britain** (S) 6.30 **Lorraine** (S) 9 25 **The Jeremy Kyle Show** (S)(R) 10 30 **This Morning** (S) 12 30 **Loose Women** (S) 1.30 **ITV Lunchtime News** Weather (S) 1.55 **ITV Regional News; Weather** (S) 2.00 **Judge Rinder** (S) 3 00 **The Home Game** (S) 3 55 **ITV Regional Weather** (S) 4.00 **Tipping Point** (S) 5.00 **The Chase** (S) 6 00 **ITV Regional News** (S) 6.30 **ITV Evening News** Weather (S)

7 00 **Emmerdale** Liv spots that Aaron is taking drugs. (S)
7 30 **Britain's Busiest Motorway** Traffic officers are called to a pile-up ie back holiday traffic. (S)

8.00 **The Secret Chef** A businessman hopes to amaze his wife with a show-stopping meal. (S)

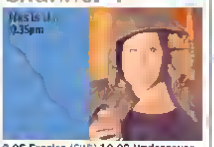
9.00 **Play to the Whistle** Alan Shearer, James Anderson and Jimmy Carr join team captains Frank Lampard and Bradley Walsh for the sports-based comedy panel show. (S)

10 00 **The Nightly Show with John Bishop** Entertainment show. (S)
10 30 **ITV News;** Weather (S)

11 00 **ITV Regional News,** Weather (S)
11 15 **Prime Suspect 1973** (S)(R)

12.15 **The Nightly Show with John Bishop** (S)(R) 12 40 Jackpot247 3 00 Loose Women (R) 3 50 ITV Nightscreen 5.05 The Jeremy Kyle Show (S)(R)

Channel 4



9 05 **Frasier** (S)(R) 10 05 **Undercover Boss USA** (S)(R) 11 00 **Ramsay's Kitchen Nightmares USA** (S)(R) 12.00 **Channel 4 News** (S) 12.05 **A New Life in the Sun** (S)(R) 1.05 **Find It, Fix It, Flog It** (S)(R) 2 10 **Countdown** (S) 3 00 **Fifteen to One** (S) 4.00 **A Place in the Sun: Winter Sun** (S)(R) 5.00 **Couples Come Dine with Me** (S) 6.00 **The Simpsons** (S)(R) 6 30 **Hollyoaks** (S)

7.00 **Channel 4 News** (S)
7 55 **The Political Slot** George Eustice MP puts forward the Conservative Party's view on leaving the EU. (S)

8.00 **The Secret Life of the Zoo** At Chester Zoo young giraffe mum Tule gives birth. (S)

9.00 **Mutiny** The mee set out to explore a tropical island where they hunt for vital food and water with the help of a remote local tribe. (S)

10 00 **Catastrophe** Sharon returns to teaching, leaving Rob looking for a new job. (S)
10 35 **This Is Us** Toby interrupts Kate's weight-loss plans. (S)

11.30 **Gogglebox** Capturing the households' instant reactions to what they are watching on TV from the comfort of their own sofas. (S)(R)

12.30 **Ramsay's Kitchen Nightmares USA** (S)(R) 1.20 **KOTV Boxing Weekly** (S) 1 50 **Celebrity Wife Swap** Sport (S) 2 20 **Dogs: Their Secret Lives** (S)(R) 3 15 **Building the Dream** (S) 4.10 **Phil Spencer: Secret Agent** (S)(R) 5 10 **Fifteen to One** (S)(R)

Channel 5

6 00 **Milkshake!** 9 15 **The Wright Stuff** 11 15 **GPs: Behind Closed Doors** (S)(R) 12 10 **5 News Lunchtime** (S) 12 15 **Nightmare Tenants, Slum Landlords** (S)(R) 1 15 **Home and Away** (S) 1.45 **Neighbours** (S) 2 15 **NCIS: Los Angeles** (S)(R) 3.15 FILM **Deadly Pursuit (2015)** (PG) (S) 5.00 **5 News at 5** (S) 5 30 **Neighbours** (S)(R) 6 00 **Home and Away** (S)(R) 6.30 **5 News Tonight** (S)

T 00 **Fatal Fog: Winter Road Rescue** A recovery driver tries to retrieve a lorry from a ditch. Last in the series. (S) 5 News Update (S)

8 00 **Inside Windsor Castle** A look a 20 years in the life of the Queer and her family. Last in the series. (S) 5 News Update (S)

9 00 **Secrets of the National Trust with Alan Titchmarsh** The presenter examines the story of Thomas Legh, owner of Lyme in Cheshire. (S)

10 00 **Adolf & Eva: Love & War** Drama-documentary about Eva Braun. (S)(R)

12 05 **The Hunt for Hitler's Millions** (S)(R) 1 00 **SuperCasino** 3 10 **Climbing the Property Ladder** (S)(R) 4.00 **Now That's Funny!** (S)(R) 4.45 **House Doctor** (S)(R) 5 10 **Divine Designs** (S)(R) 5 35 **Wildlife SOS** (S)(R)

DIGITAL

ITV2 SKY 115 FV 6

8 00 You've Been Framed! Gold 8.20 Who's Doing the Dishes? 9.15 The Ellen DeGeneres Show 6.00 Emmerdale 8.30 Coronation Street 9 30 Psych 10.25 Scorpion 11.20 Who's Doing the Dishes? 12.25 Emmerdale 12.55 Coronation Street 2.00 The Ellen DeGeneres Show 2.50 The Jeremy Kyle Show 5.00 Judge Rinder 8 00 You've Been Framed! Gold 8.30 Two and a Half Men 9 00 Hell's Kitchen USA 10 00 Pleb 10.30 Family Guy 11.30 American Dad 12.30 Two and a Half Men 1.15 Release the Hounds: Famous & Freaked 2.20 Teleshopping 5.50 ITV2 Nightscreen

ITV3 SKY 119 FV 10

6.00 In Loving Memory 6.25 Heartbeat 7.20 Where the Heart Is 8.20 The Royal 5.25 Judge Judy 10.45 Inspector Morse 1.00 Heartbeat 2 05 The Royal 3.00 Where the Heart Is 4.10 You're Only Young Twice 4.40 Doctor at Large 5.20 On the Buses 5.55 Heartbeat 7 00 Murder She Wrote 6.00 Midsomer Murders 10.00 A Touch of Frost 12.00 Inspector Morse 2.10 ITV3 Nightscreen 2.30 Teleshopping

BBC4 SKY 118 FV 9

7 00 100 Days, Weather 7 30 Wild Nature 8.00 Tales from the Royal Wardrobe with Lucy Worsley 5.00 Planet Earth II 10 00 Killing for Love – Storyville 11.55 Indian Hill Railways 12.55 What is Performance: Powers of Popular Entertainment 1.55 Alexander Armstrong's Real Ripping Yarns 2.55 Planet Earth II 3.55 Close

E4 SKY 136 FV 28

8 00 Rudi(sh) Tube Shorts 6.10 Made in Chelsea 7.00 Game of Clones 7 30 Hollyoaks 8.00 Rules of Engagement 5.00 Baby Daddy 10.00 Charmed 12 00 How I Met Your Mother 1.00 The Goldbergs 2.00 The Big Bang Theory 3.00 Baby Daddy 4.00 How I Met Your Mother 5.00 The Goldbergs 8.00 The Big Bang Theory 7 00 Hollyoaks 7 30 Game of Clones 9.00 The Goldbergs 9.30 Black-ish 6.00 Tattoo Fixers 10.00 Celebs Go Dating 11.05 Naked Attraction 12.10 The Big Bang Theory 1.10 Celebs Go Dating 2.10 First Dates 3.05 Tattoo Fixers 3.55 The Goldbergs 4.20 Black-ish 4.40 Channel

MORE4 SKY 138 FV 14

9.55 Car SOS 6.55 Come Dine with Me 12.35 A Place in the Sun: Winter Sun 2.43 Time Team 4.55 Great Canal Journeys 5.55 Car SOS 6.55 The Supervet 7.55 Grand Designs 8.00 Building the Dream 10 00 Obsessive Compulsive Cleaners 11.15 9 Out of 10 Cats Does Countdown 12.10 Big Fat Gypsy Wedding 1.15 Build eg the Dream 2.20 Obsessive Compulsive Cleaners 3.20 8 Out of 10 Cats: Best Bits 3.45 Close

FILM4 SKY 315 FV 15

11.00 Harvey (1950) (U) 1.10 Sink the Bismarck! (1960) (U) 3.10 The Gunfighter (1950) (U) 4.40 Carry On Regardless (1961) (U) Slapstick comedy starring Sid James. 6.40 We Won't Grow Old (15) Comedy drama starring Paul Giamatti. 9 00 Mission: Impossible – Ghost Protocol (2011) (12) The secret agent team is falsely implicated in a bombing, and pursues the real terrorist around the globe. Action adventure sequel starring Tom Cruise and Jeremy Renner. 11.33 Striker (2013) (18) Thriller starring Michael Waslikowski. 1.35 Night Moves (2013) (15) 3.00 Close

DAVE SKY 111 FV 12

8.10 American Pickers 9 00 Storage Hunters 10.00 American Pickers 12.00 Top Gear 2.00 QI 3.20 Would I Lie to You? 4.00 Top Gear 5.00 American Pickers 6.00 Scrappers 6.30 Bin There, Dump That 9 00 QI XL 10.00 Alan Davies: As Yet Untitled 11.00 Mock the Week 12.20 QI 1.00 The Last Man on Earth 2.00 Suits 9.00 Parks and Recreation 4.00 Close

DRAMA SKY 158 FV 20

7.10 The Bill 8.00 Born 5 00 Bergerac 10.00 All Creatures Great and Small 11.00 The Bill 1.00 As Time Goes By 1.40 Some Mothers Do 'Ave 'Em 2.20 Birds of a Feather 3.00 Born 4.00 Bergerac 5.00 All Creatures Great and Small 8 00 Some Mothers Do 'Ave 'Em 8.40 Last of the Summer Wine 9 20 As Time Goes By 9.00 The Inspector Lynley Mysteries 10.00 New Tricks 11.20 Sharpe 1.10 Boon 2.20 South Riding 3.25 Birds of a Feather 4.00 Home Shopping

SKY1 SKY 106

6.00 Hawaii Five-0 8.00 Police 101/7 5.00 Monkey Life 10.00 Nothing to Declare 11.00 A Town Called Eureka 12.00 NCIS: Los Angeles 1 00 Hawaii Five-0 2 00 NCIS: Los Angeles 4.00 Futurama 4 30 Modern Family 5.30 Futurama 6.30 The Simpsons 6.00 Supergirl 8 00 The Flash 10.00 Hawaii Five-0 11.00 A Ambulance 12.00 The Force: Manchester 1.00 Road Wars 2 00 Stag: Search, Seize 3 00 Hawaii Five-0 4.00 Futurama 4.30 #SHOA Animal Rescue 5.30 Futurama

SKY ATLANTIC SKY 108

8.00 Bath Town 8.00 The West Wing 10.00 House 11.00 Without a Trace 1.00 Blue Bloods 2.00 Unreal Secrets 3.00 The West Wing 5.00 House 8.00 Without a Trace 8.00 Blue Bloods 9.00 Billions 10 10 Crashing 10.45 The Circus: Inside the Greatest Political Show on Earth 12.45 Billions 1.55 Blue Bloods 2.55 The Wire 3.30 More Monsters with David Attenborough 4.05 Fish Town

W SKY 109

8.10 Wild Things with Dominic Monaghan 7 00 MasterChef USA 8.00 My Dream Home 9.00 Extreme Makeover: Home Edition 10 00 The Bill 11.00 Tipping Point 1.00 Motorway Cops 2.00 MasterChef USA 3.00 Who Do You Think You Are? USA 4.00 My Dream Home 8.00 Extreme Makeover: Home Edition 9.00 Tipping Point 7 00 Supermoney 8.00 MasterChef USA 9.00 Grimm 10.00 EastEnders 10.40 Absolutely Fabulous 11.20 Nev's Indian Call Centre 12.20 Rondo Rescue 12.50 EastEnders 1.30 Almost Human 3 00 Home Shopping

GOLD SKY 110

6.00 Only Fools the Grave 8.40 The Fattest Empire 10.00 Sorry! 10.40 Last of the Summer Wine 12.40 My Family 1.20 Keeping Up Appearances 2.00 The Fattest Empire 4.00 Last of the Summer Wine 6.00 Keeping Up Appearances 7.20 Family Fortunes 9.00 Only Fools and Horses 10 00 Bewitched 11.30 Police Squad! 12.00 Peep Show 12.35 Not Going Out 1.00 Shooting Stars 3.30 Little Britain 4.00 Home Shopping

SKY SPORTS 1 SKY 401

6 00 Football Gold 7.00 WWE Smackdown Hits 8.00 Monday Night Football Pre-Match 5 00 Monday Night Football 5 30 Soccer AM. The Best Bits 10 00 Football Gold 11.00 Monday Night Football 3 00 Spanish Football Gold 3.30 Football Gold 4 00 Monday Night Football Pre-Match 5.00 Monday Night Football 5.30 Premier League 100 Club 6.00 Premier League Review 7 00 Scottish Football Closure Up T.15 Football League Gold 7.30 G Little Soccer Special 10.00 La Liga World 10.30 Premier League 100 Club 11.00 Premier League Review 12.00 La Liga World 12.30 Premier League 100 Club 2.00 Premier League Review 3.00 Sky Sports Racing Gold 3.30 Darts Gold 4.00 Premier League 100 Club 5.30 Spanish Football Gold

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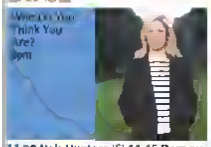
Wednesday March 8th

BBC1



DAYTIME

11 00 Helt Hunters (S) **11 45 Dom ou the Spot** (S) **12 15 Bargalu Hunt** (S)(R) **1.00 BBC News at One: Weather** (S) **1.30 BBC Regnoual News and Weather** (S) **1.45 Doctors** (S) **2 15 The Doctor Blolne Mysteries** (S)(R) **3 15 Escape to the Country** (S)(R) **3.45 Money for Nothuq** (S) **4.30 Flog It!** (S) **5 15 Pointless** (S) **6.00 BBC News at Six; Weather** (S) **P 30 BBC Regional News and Weather** (S)

7 **7.00 The One Show** Matt Baker presents the live magazine show featuring topical reports from around the UK and big-name studio guests. (S) BBC News (S)

8 **8.00 Who Do You Think You Are?** Sophie Raworth traces her family tree. Last in the series. (S)

9 **9.00 The Real Marigold Hotel** Amanda and Rustie meet a bride-to-be who invites the whole group to her Hindu wedding. (S)

10 **10.00 BBC News at Ten** (S)
10.30 BBC Regional News; (S) National Lottery Update (S)
10.45 Peter Kay's Car Share Kayleigh is half-drunk after a wild party the night before (S)(R)

11 **11.15 A Question of Sport** With Scott Quinnuj Leon Osman. Annabel Croft and Nicolas Calsaerts. (S)
11.45 Beti and David: Lost for Words (S)

AFTER 12 **12 50 Weather for the Week Ahead** (S) **12 55** BBC News (S)

BBC2

6.00 The World s Most Photographed (S)(R) **P 30 Heir Hunters** (S)(R) **7 15 Money for Nothing** (S)(R) **8.00 Sign Zone: Sicily: Wonder of the Mediterranean** (S)(R) **9 00 Victoria Derbyshire** (S) **11.00 BBC Newsroom Live** (S) **11 30 Budget – BBC** (S) **3 30 Chanuel Retrel** (S)(R) **4.15 Madagascat** (S)(R) **5 15 Bargain Hunt** (S)(R) **6.00 Eggheads** (S) **6.30 The Hairy Bikers' Comfort Food** (S)(R)

7 **7 00 Antiques Road Trip** Antiques experts Philip Serrell and Catherine Southon journey from the West Midlands for their first auction in Salisbury (S)

8 **8.00 The House That £100K Built** Jason and his Flurish wife Rikka attempt to bu ld an ambitieus modern home predominandy using glass and steel. (S)

9 **9.00 Incredible Medicine: Dr Weston s Casebook** Surgeon Gabriel Westou investigates the most complex and mysterious part of the human body: the brain (S)

10 **10 00 Mock the Week** With Rob Beckett. Ed Gamble. Milton Jones. Romesh Ranganathan and Tiff Stevenson (S)(R)
10 30 Newsnight (S)

11 **11 10 Weather** (S)
11 15 Meet the Lords (S)(R)

ITV

6.00 Good Morning Britain (S) **9.30** Lottaine (S) **9 25 The Jeremy Kyle Show** (S)(R) **10 30 This Morning** (S) **12 20 The Chancellor's Budget 2017: Au ITV News Special** (S) **1.55 ITV Regional News,** Weather (S) **2.00 Judge Rinder** (S) **3 00 The Home Game** (S) **3 55 ITV Regional Weather** (S) **4.00 Tiggnus Pomt** (S) **5.00 The Chase** (S) **P 00 ITV Regional News** (S) **6.30 ITV Evening News** Weather (S)

7 **7.00 Emmerdale** Rebecca takes desperate measures to get Chrissie and Lawrence talking. **7.30 Coronation Street** Ken is furious with Adam. (S)

8 **8.00 Little Big Shots** Dawu French hosts the latest episode of the variety show. (S)

9 **9.00 Bunidorra** Kenneth starts up a mini-cab business and Joyce is asked to go to a conference in Barcelona, but panics when she finds out she has to deliver a speech in Spanish. (S)

10 **10 00 The Nightly Show with John Bishop** Topical monologue, studio games and celebrity guests. (S)
10 30 ITV News' Weather (S)

11 **11 00 ITV Regional News,** Weather (S) **11 15 UEFA Champions League Highlights** (S)

Channel 4

3 05 Frasier (S)(R) **10 05 Undercover Boss USA** (S)(R) **11 00 Ramsay's Kitchen Nightmares USA** (S)(R) **12:00 Channel 4 News** (S) **12.05 A New Life in the Sun** (S)(R) **1.05 Find It, Fix It, Flog It** (S)(R) **2 10 Countdowu** (S) **3 00 Fifteen to One** (S) **4.00 A Place in the Sun: Wintet Sun** (S)(R) **5.00 Couples Come Dine with Me** (S) **6.00 The Simpsons** (S)(R) **6 30 Holiyaks** (S)

7 **7.00 Channel 4 News** (S)

8 **8.00 Hidden Restaurants with Michel Roux Jr** New series. The chef tours Britain in search of secret eateries and food mavericks. (S)

9 **9.00 The Royal House of Windsor** This episode reveals how Prince Philip was the Windsors' most radical modernizer (S)

10 **10 00 A Killing in My Family** Documentary focusing on eight families from England and Wales who have lost a family member through murder or manslaughter. (S)

11 **11.05 24 Hours in A&E** A 34-year-old man's airlifted to St George's after crashing into another rider during a charity bike ride. (S)(R)

12 **12.10 Mutiny** (S)(R) **1.10** Mutiny (S)(R) **2.05 FILM: The Change-Up (2011)** (15) Comedy starring Jason Bateman and Ryan Reynolds. (S) **4.00 Phil Spencer: Secret Agent** (S)(R) **4.55 Jamie's Comfort Food: Bites** (S)(R) **5 05** Fifteen to One (S)(R)

Channel 5

6 00 Milkshake! **9 15 The Wright Stuff** **11 15 GPs: Behind Closed Doors** (S)(R) **12.10 5 News Lunchtime** (S) **12 15 The Great British Benefits Handout** (S)(R) **1 15 Home and Away** (S) **1 45 Neighbours** (S) **2 20 NCIS** (S)(R) **3.20 FILM: Two Wrongs (2013)** (PG) The film starring Gillan Zinaer (S) **5 00 5 News at 5** (S) **5.30 Neighbours** (S)(R) **6.00 Home and Away** (S)(R) **6.30 5 News Tonight** (S)

7 **7 00 Killer Landslides** Exploring natural disasters and some of the biggest land slips ever recorded. (S)(R) 5 News (S)

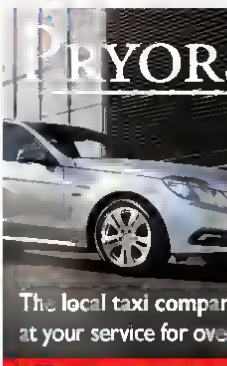
8 **8 00 GPs: Behind Closed Doors** A four-year-old boy with a cancerous tumour visits the surgery suffering from eat pain (S) 5 News Update (S)

9 **8 00 Climbing the Property Ladder** Two friends and ex-marines buy and renovate two houses in London (S)

10 **10 00 Can't Pay? We'll Take It Away** Paul Bohll and Phil Short must deal with a negligent tenant who fled upon their arrival. (S)(R)

11 **11.05 Nightmare Tenants, Slum Landlords** (S)(R)

12 **12 05 Benefits Britain: Life on the Dole** (S)(R) **1 00 SuperCas-no 3 10 Celebrity Sex Pod** (S)(R) **4.00 Now That's Funny!** (S)(R) **4.45 House Docto** (S)(R) **5 10 Divine Designs** (S)(R) **5 35 Wildlife SOS** (S)(R)



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DIGITAL

ITV2 SKY: 118 FV: 6

6.00 You've Been Framed! Gold **6.25** Who's Doing the Dishes? **7.15** The Ellen DeGeneres Show **8.00** Emmerdale **8.30** You've Been Framed! Gold **8.35** Psych **10.25** Scorpion **11.20** Who s Do ng the D shes? **12.25** Emmerdale **12.50** You ve Been Framed! Gold A-Z of Animals **2.00** The Ellen DeGeneres Show **2.50** The Jeremy Kyle Show **5.00** Judge Rinder **6.00** You ve Been Framed! Gold **9.00** Two and a Half Men **9 30** FILM Sweeney Todd: The Demon Barber of Fleet Street (2008) (18) **12.20** FILM Dr Dolittle **12.20** FILM Sweeney Todd: The Demon Barber of Fleet Street (2008) (18) **11.20** Family Guy **12.25** American Dad! **1.20** Two and a Half Men **1.45** Totally Bonkers Guinness World Records **2.15** Telesh ng **3.00** ITV2 Nuttscom

ITV3 SKY: 119 FV: 10

6.00 You re Only Young Twice **6.20** Heartbeat **7.25** Where the Heart Is **8.30** The Royal **9.30** Judge Judy **10.55** Inspector Morse **1.05** Heartbeat **2 10** The Royal **3.10** Where the Heart Is **4 10** You re Only Young Twice **4.00** Doctor at Large **5.20** On the Buses **6.55** Heartbeat **7.00** Murder She Wrote **8.00** Lewis **10.00** A Touch of Frost **12.05** Wyd ffe **1.10** The Knock **2.30** Telesh ping

BBC4 SKY: 116 FV: 9

7.00 100 Days: Weather **7.30** Real History of Britain **8.00** Jeff Wheln nta n Rolled the Stone **9 00** The Men Who Shot Tutankhamun **10.00** W ld Ch na **11.00** Imagine... Tom Mon sen Remembers **12.05** Brita n in Focus. A Photographic History **1.05** Horrot Europa with Mark Gatiss **2.35** The Man Who Shot Tutankhamun **3.30** Close

E4 SKY: 136 FV: 28

6.00 Rude(ish) Tube Shorts **6.20** Made in Chelsea **7.00** Game of Clones **7.30** Hollyoaks **8.00** Rules of Engagement **8 00** Baby Daddy **10 00** Charmed **12.00** How I Met Your Mother **1.00** The Goldbergs **2.00** The B g Bang Theory **3 00** Baby Daddy **4.00** How I Met Your Mother **5.00** The Goldbergs **6.00** The B g Bang Theory **7.00** Hollyoaks **7.30** Game of Clones **8.00** The B g Bang Theory **9.00** Timelese **10.00** Celebs Go Dating **11.00** Supernatural **12.00** The B g Bang Theory **1.00** Celebs Go Dating **2.00** First Dates **2.55** Supernatural **3.40** Timelese **4.25** Rules of Engagement **4.48** Charmed

MORE4 SKY: 138 FV: 14

8.55 Car SOS **9.50** Como Dino with Me **12.55** A Place in the Sun: Winter Sun **2 45** Time Team **4.55** Grand Canal Journeys **5.50** Car SOS **8 55** The Supervet **7 55** Grand Designs **5.00** FILM: The Family (2013) (15) **11.15** 8 Out of 10 Cats Does Countdown **1.20** Flamsay o Kitchen Nightmares USA **2.20** 8 Out of 10 Cats Does Countdown **3.25** Food Unwrapped **3.50** Close

FILM4 SKY: 315 FV: 15

11.00 Wh te Feather (1955) (U) **1.05** The Ram Rebel (1996) (U) **3.00** Earth vs the Flying Saucers (1956) (U) **4.45** Escape from the Planet of the Apes (1971) (PG) **6.45** Grease 2 (1982) (PG) **8 50** Sex & Fur ous 5 (2011) (12) **11.35** Man on Fire (2004) (18) Action thriller, starring Denzel Washington. **2.20** Anton Corbijn Ins de Out (2012) (15) **4.00** Close

DAVE SKY: 111 FV: 12

7.10 Ice Road Truckers **8.00** Horne Shopping **8.10** American Pickers **9.00** Storage Hunters **10 00** American Pickers **12.00** Top Gear **2.00** Q: **3.20** Would I Lie to You? **4.00** Top Gear **7.00** American Pickers **8.00** Jay Lono s Garage **9.00** Have I Got n Ew More News for You **10.00** Unspun with Matt Forde **11.00** Mock the Week **12.20** Q: **2.00** Unspun with Matt Forde **2.50** Alan Davies: As Yet Untitled **3.00** Parks and Recreation **4.00** Close

DRAMA SKY: 158 FV: 20

7.10 The Pl **8.00** Room **9.00** Bergerac **10 00** All Creatures G eat and Small **11.00** The P ll **1.00** As Time Goes By **1.40** Some Mothers Do Ave Fm **2.20** B rds of a Feather **3 00** Room **4.00** Bergerac **5.00** All Creatures Great and Small **6.00** Some Mothers Do Ave Fm **6.40** Last of the Summer Wine **7.20** As Time Goes By **8.00** Mabel & Pascoe **10.00** New Tricks **11.20** Shores **1.20** Room **2.20** South Ri ding **3.25** Birds of a Feather **4.00** Home Shopping

SKY1 SKY: 106

8 00 Hawar F ve-O **8.00** Pol ce 10/7 **9 00** Animal Reusn **10 00** Noth ng to Declare **11.00** A Town Called Eureka **12.00** NCIS: Los Angeles **1.00** Hawar Five-O **3.00** NCIS: Los Angeles **4.00** Futurama **4.30** Modern Family **5.30** Futurama **6.30** The Simpsons **8.00** MacGyver **9 00** The Blacklist **10.00** NCIS: Los Angeles **11.00** The Force: Manchester **1 00** Fowl Wars **2.00** Hawar Five-O **3 00** RSPCA Animal Rescue **3.30** Police 10/7 **4.00** Animal House **5.30** Futurama

SKY ATLANTIC SKY: 108

8.00 The West Wing **10.00** House **11.00** Without a Trace **1.00** Blue Bloods **2.00** Urban Secrets **3 00** The West Wing **5.00** House **6.00** Without a Trace **6.00** Blue Bloods **10.00** The Kettering Incident **12.25** The Wire **1.00** Fortitude **2.00** Veep **4.00** Fish Town

W SKY: 109

6.10 Wild Things with Dominic Monaghan **7 00** MasterChef USA **8 00** My Dream Home **9 00** Extreme Makeover: Home Edition **10.00** The Fl **11.00** Tipping Point **1.00** Traffic Cops **2.00** MasterChef USA **3 00** Wh Do You Th nk You Are? **USA 4 00** My D ream Home **5.0** Extreme Makeover: Home Edition **6.00** T pping Point **7.00** Supe nanny **8.00** MasterChef USA **9.00** Cops Rock **10.00** Louis Theroux s LA Stories **11.20** Absolutely Fabulous **12.00** Nev r Indian Call Centre **1 00** Bondi Rescue **1.30** Almost Human **3 00** Home Shopp ng

GOLD SKY: 110

7.00 Cheers **8.00** One Foot n the Grave **9.00** The B ttas Fmp ro **10 00** Sorry! **10.40** Last of the Summe Wine **12.40** My Family **1.20** Keep ng Up Appearances **2.40** The Brittas Emp re **4.00** Last of the Summer Win **6.00** My Family **6.40** Keep ng Up Appearances **7.20** Only Fools and Horses **8.00** Boomers **8.40** Marley s Ghosts **9.20** The Rebel **10.00** Not Going Out **11.20** Little Brita n **12.00** Peep Show **12.40** Getting On **2.00** Shooting Stars **4.00** Home Shopp ng

SKY SPORTS 1 SKY: 401

6.00 Football Gold **7.00** WWE Experience **8.00** Premie League Legends **9.00** Prem er League 100 Club **10.00** Prem er League Years **12.00** P rmi r League Rev ew **1.00** Great Sporting Moments **2.00** Premier League Legends **3.00** Spen sh Football Gold **3.30** Football League Gold **4.00** Prem er League Review **5.00** Premie League 100 Club **6.00** Premier League Review **7.00** Premier League World **7.30** Sky Sports Boxing Gold **8.00** Prem er League Rev ew **9 00** Prem er League Legends **10.00** Prem r League Rev ew **11 30** Premier League 100 Club **12.00** P rmier League World **12.30** Prem er League Legends **1.00** Sky Sports Boxing Gold **1.30** Darts Gold **2.00** Premier League Years **4.00** Prem er League 100 Club **8.30** Spanish Football Gold

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Business

Contact Alex Iszatt with your business news and stories at alex@theoxfordpaper.co.uk

Law firm donates merchandise to charities following merger with London based company

Royds Withy King makes a difference to lives in Ghana

Oxford-based Royds Withy King donated its Withy King branded merchandise, including clothing, blankets, umbrellas pens, paper and mugs to a number of charities following its merger with London-based law firm Royds.

Beneficiaries included ATE which works with over 150 families and supports two communities in the remote town of Lawra in North West Ghana, near the border with Burkina Faso.

Nicola Cutler an associate in the Dispute Resolution team at Royds Withy King, who helped to co-ordinate the donations, said, "Charitable giving and supporting the communities we serve are an integral part of who we are as a business but it's also very rewarding to be able to support charities in other parts of the world when we can.

"ATE works tirelessly to improve the lives of people in the poorest parts of Ghana where educational attendance is extremely low as many children spend more time searching for food in the bush or working to make money for their families instead of going to school

"We were delighted to be able to work with ATE to deliver Withy King branded clothing and blankets to the town of Lawra where the charity has set up programmes to support, educate and feed over 930 children."

> "It's very rewarding to be able to support charities in other parts of the world when we can"
> Nicola Cutler, Royds Withy King

ATE s founder, primary school teacher Sarah Gardner, said: "We are hugely grateful to Royds Withy King for their donation which has brought smiles to the faces of so many people. Some of these items are being used as part of a six-week creative arts workshop for disabled children and have really helped to improve the quality of their learning experience.

"With so many families living on one meal a day and many only able to eat on four days out of every seven, we are appealing for financial support for our latest project to provide one hot meal a day to those children attending our school.

"Any help the business community can offer will make a massive difference to the children attending the schools we support."

From left, Members of Royds Withy King's Charities Group Emily Curtis, Lucy Hughes and Guy Brunton with some of the merchandise donated following the firm s merger
A young student explores his artistic potential in Lawra, Ghana

Work begins on new Skills Centre

Three years after the very first applications were put forward, work has now begun on a new Advanced Skills Centre– a state-of-the-art facility that promises to bring new and exciting opportunities to current and future Higher Education students of Abingdon & Witney College.

The multi-million pound centre being built at the Abingdon campus on the site of what was formerly the unused caretaker's bungalow has been funded by the Local Enterprise Partnership as part of the Oxfordshire Growth Deal. It will address the current skills gap in the local area, targeting key STEM sectors including electronics, engineering, telecoms and IT.

Innovation and creativity will flourish within the modern design and engineering workshops, equipped with the latest technology whilst the spacious breakout areas and lounges will give students that university-feel whilst on campus.

Michael Chiyasa, Head of Estates and Capital Development at the College, said: "Everyone here is very excited that work on the Advanced Skills Centre is under way.

"Investment into the College facilities over the past few years has seen our campuses grow tremendously and we can now offer our students more course and career options than ever before."

"What was initially a plan to address the local skill shortages in high priority sectors – engineering, technology IT—has now transformed into a building project that has been fully designed and is ready to go," he continued. "We look forward to working with Beard Construction over the coming months and watching this important project come to life."

Construction is due to be complete in November with the Centre ready for opening at the beginning of January 2018.

The new skills centre is due to open in January 2018

£12bn growth forecast despite strengthening Brexit uncertainty

UK Powerhouse is an extensive business study produced by Irwin Mitchell and leading economic think-tank Cebr.

Incorporating a quarterly Powerhouse Tracker—a unique city-by-city forecast of the economic strength devised by Cebr—the study predicts that by 2026 the gap between London and the rest of the UK will get even wider.

All South East cities included in the City Growth Tracker report (Brighton, Southampton, Portsmouth, Milton Keynes and Oxford) saw their economies grow by at least 2% in the 12 months to Q3 2016.

Oxford and Milton Keynes were both in the top 3 for fastest economic growth in Q3 2016 and are expected to continue to be so at the end of 2017.

The combined economic value of the UK's largest cities will be £11 7bn greater by the end of 2017 than it was in the three months after the EU referendum result, according to a new study by law firm Irwin Mitchell.

RICS demands support for South East rural economies

According to the latest RICS / RAU Rural Land Market Survey, demand for farmland in the South East has been declining for the last 18 months

Alongside the decline in demand, the amount of rural land available for sale remains tight with respondents on balance reporting little change on average across the South East for the second consecutive report.

The lack of demand for rural land is impacting prices. Farmland prices stood at £8 613 per acre in H2 2016 – this is down 5% albeit prices did pick up slightly during the second half of the year

The slowing of the market is also predicted to lead to a commercial farmland prices over the next twelve months with a net balance of 25% of respondents expecting values to decline

RICS has laid out the priority areas for rural surveyors and land agents ahead of the EU negotiations and the huge role that farming and land management will have in a post-Brexit economy The forthcoming move away from the Common Agriculture Policy gives an opportunity to reset the British agriculture and environmental policy framework. RICS today includes calls for-

• Government to guarantee funding of targeted direct financial support beyond 2020 where it is required and provide an availability guarantee of labour

• To enhance funding immediately for UK applied agricultural and horticultural research and agri-tech development

• Government to "rural proof" all national polices, recognise the highly diverse nature of rural land-based businesses and ensure rural development funding is available to support and develop the establishment and growth of rural businesses post Brexit

Ed Smith MRICS of Carter Jonas LLP in Oxford said, "Locality and quality have continued to be the principle drivers in obtaining strongest land values over the year, and this has been evidenced by the significant geographical variations we have seen. Demand for such land remains high although we perhaps anticipate a slight reduction in supply in the coming year as uncertainty about the future political landscape grows."

RICS Head of Policy, Jeremy Blackburn said: "Our survey shows that demand is continuing to slow for land, with very localised markets playing a key role at the same time lower commodity prices and higher costs are biting Brexit is then an overarching sense of uncertainty Government's guarantee of payments out till 2020 gives land based businesses certainty, but also gives the sector the chance to work with Ministers to craft this new system.

Government need to modernise the systems of land classification/capability for agriculture and review permitted development rights to enable more conservation related activities reflecting the ever increasing demands on UK land for a myriad of uses"

Tamara Hooper, RICS Policy Manager for the South said. "The vital contribution of the English rural economy to England's future economic success must not be overlooked, especially as lower commodity prices and higher costs continue to impact on output values. England's landscape and environment needs to be protected and enhanced and its ability to deliver a range of public goods must be recognised and rewarded.

Government must provide policy and financial support for Environmental Stewardship measures to enhance landscape quality and biodiversity in general, and for upland areas in particular"

Temporary vacancies across the South East are rising

A new study has shown that the South East is bucking trends by hiring more temporary workers than other regions.

According to research from the Association of Professional Staffing Companies (APSCo) the data, revealed that despite an uphft in temporary roles permanent vacancies experienced a decrease, declining 9% year on year to January Demand for temporary professionals rose significantly across a number of sectors including IT and construction which recorded uplifts of 28% and 18% respectively

Commenting on the data, Rina Durban, Membership Relations Manager for the South East at APSCo, said. "After months of increased optimism across the South East, professional job availability rose once again year on year to January Despite commentators predicting instability in the employment market as the UK prepares to invoke Article 50 hiring sentiment has remained broadly stable in the months since the referendum. APSCo's findings sit in line with the national average with recent figures from the Office for National Statistics revealing that overall employment reached 74 4% in the three months to December 2016 – the highest since comparable records began."

"Temporary professionals are being increasingly sought after in the IT sector with demand rising 28% year on year to January As investment into established tech hubs across the South East continues to grow, demand for professionals both temporary and permanent is likely to grow Reading and Bracknell, Oxford and Southampton, already have digital densities of 23%, 19% and 18% respectively Demand also increased in the South East's construction sector in fact according to a report from the Construction Industry Training Board (CITB) the South East will need to recruit 3 940 workers annually for the next four years to keep up with demand."

Bicester mortgage broker appointed to Help to Buy panel of financial advisers

Bicester based mortgage broker IMS Independent Mortgage Solutions has been appointed to the Help to Buy South panel of recommended financial advisers

IMS Independent Mortgage Solutions is the only mortgage broker in Bicester and one of three in Oxfordshire to be appointed The firm had to go through an application and approval process in order to join the panel.

Commenting Michelle Nizzi, Director, IMS Independent Mortgage Solutions says: "It is great to be appointed to the Help to Buy panel of recommended independent financial advisers for the South of England. To be the only broker in Bicester and one of three in Oxfordshire is fantastic. We look forward to assisting more people using the Help to Buy scheme to gain mortgage finance and buy a home"

Help to Buy is a government backed scheme that helps people get on or move up the housing ladder. The Help to Buy Equity Loan scheme is available to both first time buyers and those that have bought a property before If you are looking to buy a new build home and have a 5% deposit you'll be able to access the scheme You will need to be able to take out a mortgage for 75% of the value of the property and the remaining 20% will be funded by the government

To find out if you are eligible for the Help to Buy scheme or to arrange an appointment with a mortgage adviser, contact IMS Independent Mortgage Solutions on 01869 248339 or email info@imsinternet.co.uk

Chapman Robinson & Moore Accountants joins others to become a more responsible business

Chapman Robinson & Moore Accountants has joined other local companies such as Unipart, Royds Withy King, DAF Trucks and Allen Associates as a member of influential responsible business group Reciprocate.

On joining, the company has made a number of impact pledges including the support of their teams voluntary contribution and support of local community organisations

Hosted by Oxfordshire Community Foundation, Reciprocate was launched in March 2016 to enable companies to become more effective and strategic in the way they support their local community It aims to address the fact that many companies locally want to give something back to their community but aren't sure where to start or how to turn their ad-hoc CSR policies into something more meaningful. Reciprocate member companies believe that by working together, sharing ideas and collaborating on projects, they can realise their good intentions through the power of many

Chapman Robinson & Moore joined Reciprocate after attending an event at Said business school, and has committed to joining together with the 40 other members to address some of the social problems affecting Oxfordshire On joining, each member company agrees to an impact pledge identifying specific actions that will enable them to become more effective in the way they engage with their community

Mike Foster of Chapman Robinson & Moore says. "We are delighted to be members of Reciprocate and continue our commitment as a responsible business As a firm we encourage our team to volunteer their time and knowledge in the support of local community organisations"

Jayne Woodley Chief Executive at Oxfordshire Community Foundation, said "We are delighted to welcome Chapman Robinson & Moore to Reciprocate Reciprocate is all about the community foundation being able to share our knowledge of some of the unacceptable social challenges in the county What we really want to do is get businesses together and make it easy for them to bring a little bit of passion and purpose to their corporate social responsibility"

Excite-ment after £1.7m gym refurb

Following a £1.7m investment from Vale of White Horse District Council and Better the White Horse Leisure and Tennis Centre now features a substantial 290sqm extension to the gym, newly refurbished changing rooms, the latest Technogym Excite equipment, and a new outside area for young children using the creche

White Horse Leisure and Tennis Centre is used by 500 000 visitors a year The additional space and new equipment will mean up to 50 more people will be able to use the gym at any one time

Contact Alex Iszatt with your business news at alex@theoxfordpaper.co.uk

From Oxford to Bath to a home in Wiltshire for historic iron press

A historical Albion printing press has been gifted to Bath Spa University and will take pride of place at the University's Corsham Court campus in Corsham, Wiltshire.

The iconic iron press is hand-operated and was originally designed by Richard Whittaker Cope in London in 1820. With its simple toggle-action mechanism, Albion presses were generally used for commercial book printing until the middle of the 19th century.

The press donated to Bath Spa was manufactured between 1840-45 by Hopkinson & Cope, and was generously donated by Michael Turner, formerly Head of Conservation at the Bodleian Library at the University of Oxford. The gift was secured by Professor Ian Gadd, whose PhD on the English book trade was supervised by Michael.

The printing press was unveiled at a special launch event attended by prestigious poet JH Prynne who entertained guests with a reading from his upcoming book of poems. Other speakers included world-renowned artist, Bruce McLean, poet, John James and Bridget Heal, who runs QoD Press and is a former student of the Bath Academy of Art. Guests were then treated to a demonstration of the printing press before they had an opportunity to operate it themselves.

There was also a chance to view an exhibition, curated by Michael Pennie, resident artist at Corsham, and Dr Katie Rickard, Subject Librarian at Bath Spa University.

A colourful display of books and prints were also on display, including unique and rare examples from the Early Printed Books handling collection, as well as beautiful examples of Albion press printing by various artists and print makers, some made especially for the event.

Ian Gadd, Professor in English Literature at Bath Spa University, gave a talk on the history and importance of making books. He said, "We are very grateful to Michael Turner for his generous donation of a 19th century printing press to Bath Spa University.

"Printing always makes an occasion of a text, and his gift enabled a joyous celebration of poetry, art, and print. The afternoon brought together poets and writers, artists and designers, printers and typographers, scholars and readers to view a wonderful exhibition of beautifully printed books, to hear new poems from the great J.H. Prynne, to learn about the fizz of creative collaboration—and of course to print on the Michael Turner Albion Press."

The press, which has been named the Michael Turner Albion Press, will bring together Bath Spa University staff and students through teaching, demonstrations, practical workshops, student and staff projects, and other creative and scholarly events.

It will offer students of art, design, literature, history, media, communications, cultural studies, publishing, education and others the opportunity to learn not only about printing technology, but also about the press as a social and cultural agent.

This is not the first printing press to be gifted to Bath Spa. The University is also the proud custodian of a rare and unique set of Chinese lead letterpress and trays, thought to be the only set of its kind in Europe, located at the Sion Hill campus in Bath.

The Albion Press which has been donated to Bath Spa University

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01491 570500

Superfast broadband boost for businesses

More than 70,000 homes and businesses across the county are now able to access superfast fibre broadband.

Thanks to a multi million pound Better Broadband for Oxfordshire programme, which was lead by Oxfordshire County Council and BT now more than 40 per cent of households and businesses able to upgrade to new technology

Matt Hancock, Minister of State for Digital and Culture said: "It's fantastic that the Better Broadband for Oxfordshire scheme has reached this milestone and another 70 000 homes and businesses in the county can now get superfast broadband speeds. Nine out of ten UK premises now have the superfast option, and Oxfordshire's high take-up rate means that we will be able to extend the local rollout even further."

Three of Oxfordshire's oldest villages – Cuttisford, Cuddeston and Holton – are among the latest communities where fibre broadband has gone live for the first time recently, as well as in Claydon. More parts of Longcot are now able to get fibre too thanks to Better Broadband for Oxfordshire which is part of the Government's Broadband Delivery UK (BDUK) programme.

Longcot-based farmer Anne Gow, who runs Farmer Gow's Activity Farm, is one of the small and medium enterprises (SMEs) already reaping the benefits of upgrading to fibre broadband.

She said: "The impact on my farm has been quite amazing. We improved our website and added an online shop to it. As a result, our online sales for firewood in October alone were almost more than for the whole of 2014.

"But it's not just boosting online sales, it's also playing an important part in attracting people to the farm. Many of my bookings now come through the website, including from as far away as New Zealand and Hong Kong. People can also see our range of products on the website and then pick them up when they come to visit."

Councillor Nick Carter, Oxfordshire County Council's cabinet member for Local Government, Business & Customer Services said: "Making superfast fibre broadband available to more than 70,000 households and businesses is a terrific achievement for the Better Broadband for Oxfordshire programme.

"We recognise the challenge becomes even greater as we move into the very rural parts of the county. This often means the distances covered by the engineering teams laying the new fibre optic cable are much greater than in earlier parts of the programme. But we're confident of reaching our target of rolling out to 95 per cent of county premises, which will be achieved using a mixture of technologies.

"Meanwhile the efficiency savings achieved in delivering the first phase of the rollout, is providing the opportunity for further reinvestment aimed at delivering coverage to more than our targeted 95 per cent. Further details of this will be confirmed in the spring."

Stacey King, BT's regional partnership director for Oxfordshire and the South East, said: "As we continue to extend the reach of Better Broadband for Oxfordshire, it's great to see a corresponding increase in the number of people opting for an upgrade. More than 40 per cent of those households and businesses who are able to access fibre broadband as a result of the roll out have chosen to do so, and the number continues to rise.

"Every day we're hearing how fibre broadband is changing people's lives for the better. Whether it's families needing to connect more than one device to the internet at the same time, people wanting to work from home or run a small business like Farmer Gow's Activity Farm – everything is easier and better with fibre."

Councillor Carter added: "As all this hard work continues, we're also in the final stages of drawing up options of how we plan to reach the remaining four per cent or so of premises not yet covered by public or private sector upgrades. This could include co-funding partnerships between the county council and residents where it would be too costly to fund upgrade work through the programme alone. We will continue to provide updates on these and other plans and the progress of the roll out via the project website: http://www.betterbroadbandoxfordshire.org.uk"

Anna Gow who runs Farmer Gow's Activity Farm says her business hava improved in many ways

"Hicaeperibus at Ossit voluptam nienis millest ut e voluptam res et qui si reiur abo. Us, voluptam sitatem"

Mr Taylor of Taylor Newspapers

Help to market Brakspear's pubs in what could be dream job

If your dream job involves helping to promote Henley's finest pubs and beers then you could be the next marketing assistant for Brakspear.

The role for the brewer and pub operator involves all aspects of marketing, from producing menus, banners and other materials for Brakspear pubs, helping pub landlords to implement promotions, promoting the Bell Street Brewery, managing production of the Brakspear pub magazine and assisting with events for individual pubs.

Marketing manager Emma Sweet said: "Every day is different for the Brakspear marketing team, so the marketing assistant would need to be someone who likes variety and can adapt when we're asked to help a pub to launch a new menu, or to introduce a new beer from the Bell Street Brewery, for example.

There's a lot of contact with pub landlords, as well as others outside the company, including our food and drink suppliers, designers and printers.

"We're a small department, so it's a great opportunity for the right person to learn and improve their marketing skills in a fast-moving and fun environment."

The job is based at Brakspear's head office but involves local travel to meet with Brakspear landlords. Candidates must have excellent communication and IT skills, and ideally have a degree in Marketing or Business Studies.

Interested candidates should send a CV and covering letter explaining why they think why they are right for this role, to gtill@brakspear.co.uk. Applications close on Monday, 13 March.

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Newly-launched show homes offer the perfect investment opportunity at Longford Park site

Canny investors in Oxfordshire looking for a sure thing this year could achieve a six per cent annual return by taking advantage of a homebuilder s lease back scheme on its newly opened showhomes in Banbury

Barratt Homes is offering investors the chance to purchase the Lincoln and the equally impressive Thornbury both of which are four bedroom detached properties with single detached garages and feature the latest in stylish interior design from professional designers Blocc Interiors of Birmingham.

The homebuilder will then rent the houses from the buyers for a minimum of 12 months giving purchasers peace of mind that their property will be taken care of.

The Thornbury showhome plot 619 is priced at £389 950 and will give investors a return of £23 397 over the course of a year or £1950 per month The Lincoln showhome plot 909 is priced slightly higher at £394 950, providing an investor with a return of £23,697 over a year, or £1,975 of monthly income.

Suzanne Kerley, Creative Manager at Blocc Interiors said, "We ve gone for a modern, contemporary look for both homes aimed at young professional couples with children."

Graydon Worthing, Sales Director at Barratt Homes West Midlands said, "The Thornbury and the Lincoln are both superb homes and are also the perfect investment opportunity for buyers looking for a healthy return Investors have the added bonus of not having to worry about problem tenants as we will keep the property in pristine condition as a showhome

"All our showhomes are dressed by professional designers such as Blocc Interiors to show homebuyers how best to utilise space and incorporate current styles

"We would encourage anyone interested in making a sound investment to visit Longford Park and speak to our friendly Sales Advisers who will be more than happy to talk to interested buyers about our sale and leaseback scheme "

Stylish and modern living for growing families at G W Park

Homeowners in Oxfordshire looking for modern and stylish living need look no further than David Wilson Homes' Didcot development Great Western Park.

The sought-after development situated on Blackthorn Road, currently has three bedroom townhouses that meet the needs of a range of different homebuyers

Residents can benefit from three storey townhouse living as they offer a great sense of community and provide enough room for growing family members to have their own space.

They allow older children and teenagers more independence whilst boasting large dining and living areas which are perfect for spending quality time together

Great Western Park has an array of local amenities on its doorstep to suit everyone such as shops and restaurants as well as educational, sport and leisure facilities

The development is ideally suited for working professionals also with nearby Didcot Parkway station offering great commuter links to Oxford, Reading and London within the hour

Sharon Smith, Sales Manager at David Wilson Homes Southern said: "These expertly-crafted townhouses have been built with every family member in mind, giving them the space they need when they need it whilst also having large open plan kitchen and dining areas perfect for socialising

"The interiors can easily be changed to reflect each homebuyer's tastes, meaning there really is something for everyone here.

"For anyone who is interested in any of the townhouses available, we'd advise you to visit our friendly Sales Advisers onsite as soon as you can to avoid disappointment as this development has nearly sold out "

Great Western Park offers fantastic transport links to the M4 and M40 which provide gateways to multiple UK cities.

The remaining three bedroom townhouses are currently available to buy with prices starting from £370 000.

'Generation Rent (Forever)' – 15,890 Oxford tenants have no intention of ever buying a property to call home

Bill Cooper, co-author of The Oxford Property Blog and managing director of Martin and Co, Oxford

How good were the good old days of the 1970s and 1980s when young people could afford to buy their own home, and chose to do so?

Well, not that great – 24 per cent inflation 17 per cent interest rates three day working week, 13 per cent unemployment power cuts

So why aren t the 20 and 30 something s buying in the same numbers 30 or 40 years on? After all, inflation is below two per cent, interest rates are at an all-time low unemployment is below five per cent and the lights stay lit 24/7

Many people blame the credit crunch and global recession of 2009, which had an enormous impact on the Oxford housing market Confronting a problematic mortgage market the requirement by lenders for bigger deposits reduced job security particularly for young adults and declining disposable income 18 to 24-year olds found it challenging to assemble the monetary means to get onto the Oxford property ladder

However, I would say there has been something else at play other than the issue of raising a deposit– having sufficient income with rising property prices in Oxford

Whilst these are important factors and unquestionably barriers to home ownership I also believe there has been a generational change in attitudes towards home ownership in Oxford, and in fact the rest of the country

Back in 2011, the Halifax did a survey of thousands of tenants and 19 per cent of tenants said they had no plans to buy a home for themselves A recent almost identical survey of tenants carried out by The Deposit Protection Service revealed in late 2016 revealed that figure had risen to 38 4 per cent with many no longer equating home ownership with success and believing renting is better suited to their lifestyle.

I believe renting is a fundamental part of the housing sector and a meaningful proportion of the younger adult members of the Oxford population choose to be tenants as it better suits their plans and lifestyle

Local Government in Oxford land owners and landlords need to create an adaptable Oxford residential property market that allows for the diverse choices of these Oxford 20 and 30 year olds to be met

Whilst Government help to buy schemes have boosted first home ownership for those who choose it, they have remained peripheral for many affluent young adults who have chosen to rent to ensure that they remain geographically flexible to develop and promote their careers

This means if we applied the same percentages to the current 41,381 Oxford tenants living in 15 980 private rental properties 15 890 tenants have no plans to ever buy a property – good news for the landlords of those 9,139 properties

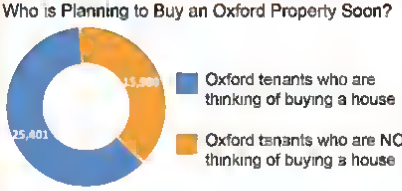
Interestingly in the same report 62 per cent of tenants said they didn t expect to buy within the next year But does that mean the other third will be buying in Oxford in the next 12 months?

Some will, but most won't in fact, the Royal Institution of Chartered Surveyors (RICS) predicts that, by 2025 that the number of people renting will increase not drop Yes, many tenants might hope to buy but the reality will be different for the reasons set out above

The RICS predicts the number of tenants looking to rent will increase by 1 9 million households in the UK by 2025 as rising house prices continue to make home ownership increasingly less affordable for younger generations or relatively expensive compared to other spending priorities.

If we applied this rise to Oxford, we will in fact need an additional 9 949 private rental properties over the next eight years (or 959 a year) meaning the number of private rented properties in Oxford is projected to rise to an eye watering 22 929 households

For more insight into the Oxford Property Market – visit the Oxford Property Blog at OxfordProperty-Blog co.uk.


Oxford Tenants -
Who is Planning to Buy an Oxford Property Soon?
15,890
25,491
Oxford tenants who are thinking of buying a house
Oxford tenants who are NOT thinking of buying a house

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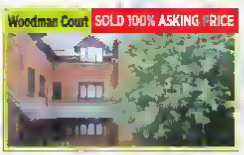

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Feature Property

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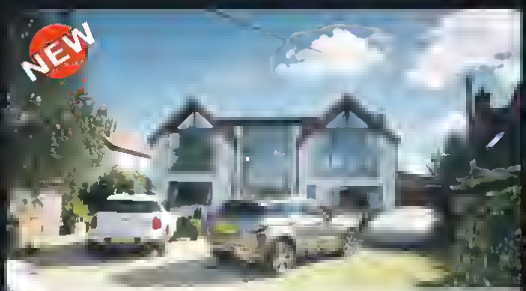

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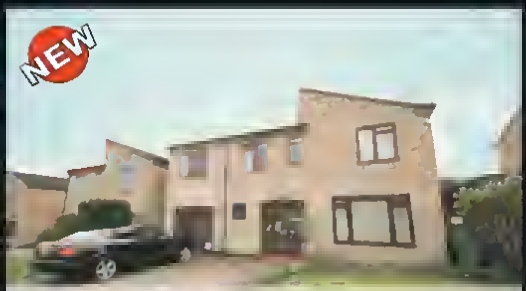

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Artists impression

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Motors

A change is coming

Ford is leading its biggest customer care exercise of the decade to prepare for changes in road tax due in under six weeks' time.

From April 1, Vehicle Excise Duty (VED) will first be calculated from a car's CO2 emissions. The majority of cars will move to a standard rate of £140 annually from the second licence. Cars with zero emissions will be exempt from new, while others priced over £40,000 will be charged an additional £310 a year on top of the standard rate, for the following five years.

As market leader with the most customers to guide through the transition, Ford began advising its car buyers last year on the changes. The customer liaison necessary by Ford HQ and dealer staff, is at a level not seen since the government's scrappage scheme in 2009.

Ford's most sought after models such as Mustang, RS and Edge have longer leadtimes, meaning that those buyers were made aware first of the March 31 deadline to register cars against lower outgoing VED bands.

All become more expensive to tax from April – apart from coupé Ford Mustang V8s which become almost £200 a year cheaper over six years. Right-hand drive 5.0-litre Fastbacks costing well under the new system's premium rate £40,000 threshold, become £995 more tax efficient in this period.

The zero VED rate currently applies to 83 per cent of new Ford Fiestas – Britain's best selling car – thanks to emissions under 131g CO2/km emissions. February and March's introduction of the new 67 plate are set to prompt a surge in Fiesta sales ahead of the new annual VED levy of at least £140 on every model in the range.

From April 1 free road tax will apply to zero-emission vehicles, including the Ford Focus Battery Electric Vehicle. With a 140-mile range and 30-minute fast charging, the Focus BEV is part of Ford's £3.5 billion investment in electric vehicles in the five years to 2020.

Andy Barratt, Ford of Britain chairman and managing director said: "After last month's biggest January vehicle sales volume for Ford since 1990 these imminent VED changes are driving further sales peaks. I anticipate a bumper March especially as buyers move fast to beat the tax man."

Start charging your engines

Electric vehicle owners are starting to have free smart chargers installed as a result of their participation in the Electric Nation project.

The latest smart chargers will future-proof their electric vehicle (EV) home charging, and they will play an important role in a research project to ensure that the UK's local electricity networks can cope with the ever-growing numbers of electric cars.

Sales of electric vehicles in the UK are rising and there's an increasing range of models to choose from, with larger batteries and faster charging times – all of which are helping to reduce emissions and to lower running costs for owners.

The UK electricity grid has sufficient capacity to deliver power to electric vehicles, however if clusters of EVs develop in local areas and they're all charged at peak times, then some local electricity networks may need reinforcing.

Electric Nation is trialling a smart charging solution which could interact between domestic charge points and local electricity networks to allow the numbers of electric vehicles in the UK to increase, whilst avoiding the cost and disruption involved in upgrading local electricity infrastructure.

The findings of the trial will help electricity network operators manage the effect of the additional load on local networks caused by charging EVs.

One of the first Electric Nation participants, Clive Harding, who lives near Worcester, has now had a smart charger installed for his Nissan LEAF. He joined Electric Nation as he was interested in the technology behind the project. Clive says: "I now have a smart charger fitted that is faster than a standard charger, and every time I charge my car the data will help to ensure that the UK's local electricity networks can cope with the predicted increase in the number of electric vehicles."

Electric Nation is a Western Power Distribution (WPD) and Network Innovation Allowance funded project. WPD's collaboration partners in the project are EA Technology, DriveElectric, Lucy Electric GridKey and TRL.

The project is seeking to recruit 500-700 people buying or leasing new electric vehicles (of all makes and models, pure electric and plug-in hybrids) to take part in the largest trial of its kind. Trial participants will get a free* smart charger installed.

Mark Dale, Innovation and Low Carbon Networks Engineer Western Power Distribution adds: "Historically the automotive sector and the energy sector have not worked together. However that needs to change due to the increased demand on local electricity networks from electric vehicles.

"The Electric Nation project shows that Western Power Distribution is taking the issue of the impact of EVs on electricity networks seriously by trialling a solution to potential capacity challenges in the form of smart charging and demand control."

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This gas is compulsory for new cars from 2013 all be it has been around since 2010, although some manufacturers are still refusing to use this, notably Mercedes who are not happy with the flammable nature of the gas, which in turn means not many companies offer the re-gassing service for cars using r1234yf But due to the amount of cars we sell we have needed to be able have this service onsite so we can now offer this service to our customers.

A common question is why the old, r134a gas found in most cars today, is being replaced?

It's driven by environmental concerns as the new gas is more environmentally friendly.

So, for ALL your re-gas and service needs please contact our Wheatley Car Centre Service Department, tel. 01865 874046 opt 2 • www.wheatleycarcentre.co.uk

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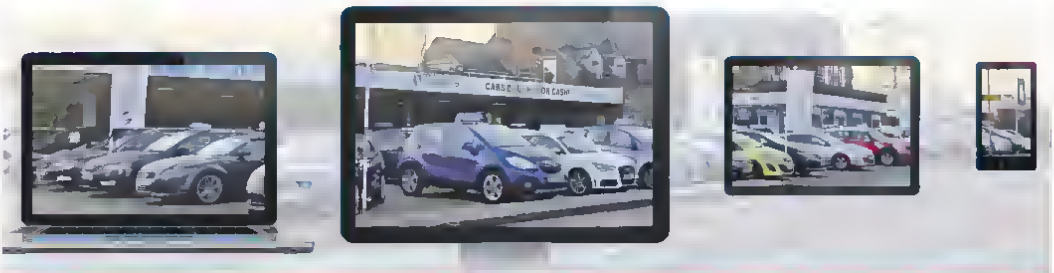

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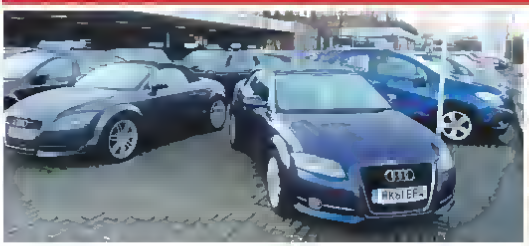

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SPORT

Another missed cut for Pepperell in South Africa

Golf

ABINGDON golfer Eddie Pepperell is still waiting to make his first cut of the season after another disappointing result at the Joburg Open in South Africa.

He finished the tournament in a tie for 130th, after bad weather and flooding on Saturday saw the event reduced to just 54 holes.

In a very competitive field, Pepperell ended one under par for his two rounds, posting scores of 69 and 73.

The 26-year-old made a solid start to the tournament, with four birdies and two bogeys in his opening round putting him two under.

However his second round was much more topsy-turvy with an eagle and two bogeys spoiled somewhat by five bogeys.

That left him an ace under par with four under the cut off point needed to make the final round's play.

So far this season Pepperell hasn't been able to break into the top-100 of the four tournaments he has played in, although his round one score of 69 at the Joburg Open was his first under 70 this year.

South African player Darren Fichardt was the overall winner on 15 under par, one shot ahead of England's Paul Waring and Welshman Stuart Manley.

Golf club tees off green credentials

Golf

BEST known as one of Oxfordshire's finest golf clubs, Frilford Heath now has another award to its name: Outstanding Environmental Project of the Year 2017.

The award, which is one of the categories under the 2017 Golf Environment Awards (GEA), was announced at the Hotel Du Vin, in Harrogate, in a ceremony hosted by the Sports Turf Research Institute (STRI) Group in January.

The course lies within Frilford Heath Ponds and Fens's Site of Special Scientific Interest (SSSI).

A unique Oxfordshire habitat, Frilford Heath Golf Club amazed the judging panel with their fen restoration works at Boundary House Fen.

Neglected for many years, their efforts have seen the return of a number of fen indicator species including bog pimpernel, which is only found at a handful of sites in Oxfordshire.

In partnership with Natural England, and with the help of Abingdon Green Gym volunteers, the green-keeping team have worked to enhance this nationally important habitat for the future of the SSSI.

Speaking about the award, company chairman Alistair Booth said: "We are delighted to receive recognition for our work with partners by winning this award.

"The fen restoration is just one of a series of activities undertaken at the golf course to enhance the rare habitat."

Oxfordshire's F1 teams get their first chance to try

Massa pounds round as Stroll spins off

Felipe Massa on track on day one of the test
Picture: Williams Martini Racing

F1 - Williams

Adam Finn: Reporter

WILLIAMS had a mixed start to pre-season testing as Felipe Massa produced some quick times on day one while Lance Stroll spun off after just 12 laps on day two.

Massa pounded round the Spanish track of Catalonya on the first day of this week's test on Monday, notching up an impressive 103 laps – the second highest amount of any driver.

His time of 1.22.076 was the third fastest of the day within three tenths of the best time set by Lewis Hamilton in the Mercedes.

Testing is notoriously unreliable in gauging how the cars are performing in comparison to each other, but both the team and Massa were happy after giving the FW40 its first proper run.

Massa said: "The first day of the test is always one where you hope everything on the car works well and that it's reliable, and with 103 laps on the board I'd say that wasn't bad at all.

"It's early to say where we are whilst we're still in this learning stage, but I'm really enjoying driving.

"Overall it was a great first day which is really positive for the whole team. We completed more than 100 laps and I really hope we learn new things day by day and prepare ourselves as best as we can for the first race in Australia."

However it was a tougher day on Tuesday for Massa's rookie team mate Stroll as an early spin into the gravel trap ended his running prematurely.

The 18-year-old Canadian was six laps into his second run during the morning and was caught out by low grip, sending his Williams barrelling backwards through the gravel.

He was able to recover to the pit lane, but the damage was such that the Grove-based team had to pull down the shutters early.

Rob Smedley, Williams' head of performance engineering, said: "Lance was on lap six of his second run when he had a spin.

"The grip was particularly low and so he spun and went through the gravel backwards.

"Even though the accident was entirely innocuous we've unfortunately had quite a bit of accident damage.

"We will be able to recover the programme in the coming days."

Stroll was back out on track yesterday to try and make up some last ground, with day three of the test continuing as The Oxford Paper went to press.

But despite his troubled start Stroll was optimistic about how things were going.

He said on day two: "It is still early days and I have only done a handful of laps.

"I am just getting to grips with the FW40 and there is still a lot of time ahead of us.

"It was good to finally get behind the wheel to just get a feel for it.

"I need to do a lot more running before I know exactly where I am and where the car is at, and I will have a much better picture once we have more laps under our belts.

"But it was good to break the ice and I am looking forward to some more running."

This week's test ends today, with the second test running from Tuesday to Friday next week, ahead of the first race of the season in Australia on March 26.

Smith gearing up for start of new season

MotoGP

OXFORD MotoGP racer Bradley Smith has been showing off his new bike for the coming season as Red Bull KTM enter their first MotoGP campaign.

After representing Tech3 at both Moto2 and MotoGP since 2011, Smith, alongside his Yamaha teammate Pol Espargaro, have joined new team Red Bull KTM Factory Racing for their debut 2017 season.

And on Monday last week, the pair helped officially unveil their new KTM RC16 bikes at the new KTM Motorsports building in Munderfing, Austria.

It was rolled out at the end of October 2015 at the Red Bull Ring in Spielberg, Austria, and since then the team has conducted more than 50 test days at various GP circuits around the world.

And Smith can't wait to start chasing points with it.

The 26-year old said: "This is something that you have always wished for and that you've worked for throughout your career.

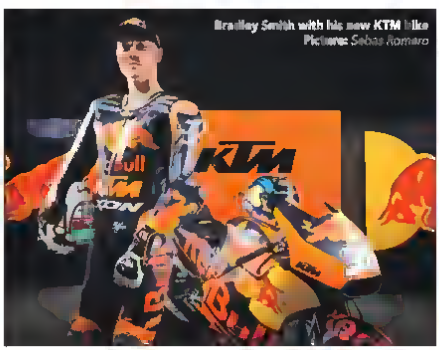
"Finally when you get the opportunity, there's the pressure that goes with it, but I certainly embrace the opportunity I have.

"Pol and I and all the team will be working incredibly hard.

"We've been busy with the winter tests, and this is just the beginning.

"I'm excited to see what 2017 brings."

Smith also confirmed that he is back to full fitness after injuring his leg last season, with the first GP of the new season taking place in Qatar on March 26.



Bradley Smith with his new KTM bike
Picture: Sebas Romero

out their cars as testing gets under way

Solid start for Renault

F1 - Renault

Adam Flinn Reporter

RENAULT drivers Nico Hulkenberg and Jolyon Palmer each completed a half century of laps as they shared duties on the first two days of this week's pre-season test

Hulkenberg got behind the wheel of the brand new RS17 on Monday and chalked up 57 laps as the Enstone-based team ironed out the kinks

The running was relatively trouble-free, although the team said they spent a bit longer in the garage than planned as modifications were made to the front brake ducts

Hulkenberg, who has joined Renault for 2017, said: "It was an exciting first day with a new team and completely different type of Formula One car

"It feels very different out on track with a lot of new aspects to discover as we're at the start of a steep learning curve.

"It wasn't the most trouble-free day but it's been a good start in my new home."

Day two on Tuesday produced similar results as Palmer managed to complete 53 laps after a late start to his running.

Renault weren't able to complete any laps in the morning as they were delayed waiting for parts

However once they got going after lunch, there were only minor interruptions as Palmer completed a full programme

"We had a productive afternoon with 53 laps," said Palmer

"I've really enjoyed driving the car it's completely different from last year and takes a little bit of getting used to but it's actually a lot more enjoyable to drive

"It's just a shame not to have ran in the morning but we learnt a lot regardless."

Palmer and Hulkenberg were due to share running yesterday as The Oxford Paper went to press, with the test concluding today

The second test runs from Tuesday to Friday next week.

Remi Taffin, Renault's engine technical director said: "Everything we've seen from the power unit perspective has been positive, and we're looking forward to getting some big ger mileages under our belts in the coming days."

Magnussen happy with first days in new Haas

F1 - Haas

KEVIN Magnussen made a promising start to his Haas F1 career after giving the Banbury-based team's car its first run-out in the first pre-season test on Monday and Tuesday

Day one saw him post the fourth quickest time of the session, while he completed a mammoth 118 laps on day two

Magnussen, who has moved to Haas from Renault for this year, was one of the first drivers out on track on Monday and managed to complete a respectable 51 laps.

His time of 1.22.694 was good enough for fourth out of the 11 runners, just over a second behind the benchmark set by Lewis Hamilton in the Mercedes

But the team would have been more satisfied with the amount of laps they notched up on Tuesday with Magnussen completing the most out of any driver

Once again he was fourth quickest with a 1.22.204, again around a second slower than the leading time set by Ferrari's Kimi Raikkonen.

"I got the most laps of anyone, so that sums up our day pretty well, with lots of running," said Magnussen.

"That's what it's all about here at winter testing. We want to put as many miles on the car as possible, to find all of these little problems that can creep up during the season, and catch them as early as possible

"I'm very happy with the feeling I have in the car and in working with the team, it's been good to get back in a car again."

Romain Grosjean took over from Magnussen for day three yesterday, and is due to continue in the car today as the first test concludes

Youngsters tackle team spirit

Rugby - under 11s

CHIPPING Norton Rugby Club Under 11s might have missed out on appearing at the Aviva Premiership Rugby Final at Twickenham in May but starlet Tom Wilson still insists he experienced a memorable weekend at a rugby festival

Wilson and Chipping Norton under-11s had been hoping to head to Twickenham on May 27 to meet an England 2003 Rugby World Cup winner and join in a Land Rover Premiership Rugby Cup Parade at half time - but it wasn't to be, despite a strong performance at the Gloucester Rugby-organised festival

Wilson and his team were one of more than 30 teams competing at the Land Rover Premiership Rugby Cup a nationwide series for under 11 and under 12 teams, in Cheltenham on February 19.

"We passed quite a lot, we communicated well, we rucked over very well to get the ball and passed it out to our wingers to score the tries," said 11-year-old Wilson.

"I play rugby for fun and enjoy playing a game that is just wonderful. I do it because it widens my range of friendships, so I can make friends with people who aren't at the same school as me

"I've developed my friendships today and we worked well as a team during the games."

Land Rover is a proud supporter at grassroots rugby and has been a partner of the Land Rover Premiership Rugby Cup for nearly a decade. Land Rover's 'We Deal In Real' campaign continues to champion grassroots rugby through Premiership Rugby and the Land Rover Premiership Rugby Cup.

New chairman for Thame

Cricket

THE chairman and vice-chairman have swapped positions in a shake up at the top for Thame Town Cricket Club

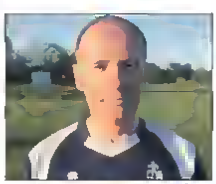
The club announced the decision for Matt Swain (pictured) to replace Angus Lachlan as club chairman following its AGM on February 10.

Swain was unanimously elected for the top job after Lachlan announced he was standing down after a decade as chairman.

Lachlan said. "I have been privileged to hold the position of chairman for 10 years succeeding acting chairman Rob Brooks following the untimely death of previous chairman John Fulkes in 2004.

"I have enjoyed my time immensely as the club has gone through huge changes in the last 18 years.

"We have grown the membership and club's finances year on year culminating in the planning of our new clubhouse development which Matt,



myself and the rest of the committee are taking forward."

New chairman Swain confirmed that a tender package for the clubhouse development would be ready in April.

On the day-to-day club matters he added "We are lucky to have a stable and dedicated club committee to run our expanding activities.

"My priorities as chairman will be to continue to grow club membership and develop our close relationships with Thame's community, the town council, Lord Williams School and the town's primary schools."

'Learning experience' for Brize Norton skier

Alpine skiing

BRIZE Norton skier Jack Cunningham admits he will put the 2017 English Alpine Championships down as something of a learning curve after a mixed bag of results on the slopes

Cunningham, 14, joined 400 of the country's most talented skiers at the Italian resort of Bormio to battle it out for the coveted English titles.

The championships celebrated their 10th year in Bormio with Cunningham, who lives on the RAF base competing in the under-16 category

The week did not get off to the best of starts as the Cheltenham College pupil failed to finish the first run of the Slalom race.

But he bounced back in the Giant Slalom clocking the sixth best time before finishing 14th in the Super-G

That was enough to see him finish as the 16th best British under-16 skier overall, with Cunningham keen to take the positives out of the week.

He said. "My week has been up and down. The Super G was okay but I didn't ski it well. My GS and Slalom were okay but could have been better"

Cunningham was not the only skier from the area in action last week with Oxford's Adrian Yung also competing in the under 14 category

The 12-year-old Magdalen College School pupil was 20th in the slalom first up 12th in the Giant Slalom and then 19th in the Super G to finish as the 17th best British skier overall.

Full results are available at snowsportengland.org.uk, while you can find your nearest slope offering Go Ski Go Board sessions at goskigoboard.org.uk.

Jack Cunningham on the slopes in Bormio

Didcot go off the rails again

Didcot Town

DIDCOT Town are still without their first league win of 2017 after they went down 2-1 at AFC Totton on Saturday

Their hosts, who sit four places below The Railwaymen, started the brighter of the two and were rewarded with a penalty for handball in the 12th minute.

Totton striker Nathaniel Sherborne stepped up initially missing from the spot but following up from the rebound to fire the home side in front.

Totton continued to threaten but George Jeacock made it 1-1 with a low shot from distance that goalkeeper Charlie Seattle was unable to keep out.

George Jeacock in action for Didcot Picture: *Roger Neal*

The sides went into the break all square. Just after the hour mark Charlie Gibson fired home past Didcot keeper Leigh Berwell to give Totton a 2-1 lead. Didcot pushed for an equaliser with Callum McNish and Ben Whitehead going close but they were unable to prevent the visitors slipping to an eighth game without a win.

Tricky Ricky uses his head

Banbury United

BANBURY United left it until the very last moment to clinch a dramatic 1-0 victory against St Ives at the Plant Hire Community Stadium.

Ricky Johnson nodded home in the 90th minute to keep Mike Ford's men sixth in the table.

But they remain eight points adrift of a play-off place on account of having played more than their Southern League Premier Division rivals.

United enjoyed the better of the early proceedings, retaining the most possession and having Conor McDonagh through on goal only to be denied twice by Tim Trebes.

The sides went into the interval all square but Banbury were arguably the better team.

They continued to dominate in the second half, but against the run of play St Ives were awarded a penalty when George Nash brought down Danny Kelly in the box.

However, Puritans keeper Jack Harding saved the resulting kick to prevent them from going behind to the men from Cambridgeshire.

It took until the 90th minute for the deadlock to be broken when Johnson popped up to head in.

New women's manager Cook will turn up heat in training

George Walch, *Reporter*

OXFORD United Women have announced Andy Cook as their new manager.

Kari Mulgate, who had been in temporary charge, will continue as head coach following former manager Les Taylor's departure in December.

The Women's Super League Two club have restructured their coaching team.

Taylor and coach Jonny Edmunds left their positions to focus on previous roles with the boys' academy.

United now have a permanent manager after two matches of the new season—both defeats in the FA Cup and

the Sprung Series—with Cook, who has previously coached at Arsenal and Durham, taking charge ahead of Sunday's 1-1 draw at Brighton.

He will work across the club's WSL and education programme, alongside women's general manager Ruth Senior.

Cook, pictured left, said: "I am absolutely delighted to be offered this role. Ruth and the club have given me a great opportunity to work in the WSL and develop a team and club at Oxford.

"Having met the players, staff and the chairman, everyone is looking forward to what can be achieved and the plans in place for the coming season.

"The long term vision of the club is really exciting. The opportunity to link education and football is something I believe in and we can develop and maintain high standards here at Oxford. I can't wait to get started.

"Having seen the FA Cup tie and then the first league game against Everton we all know we have a lot of work to do. Coming in full time allows me to assess and develop every part of the team and gives Oxford the best chance to start winning games."

Cook said he is looking to strengthen the side over the Spring Series ahead of the new winter WSL league.

He added: "We want to add quality and provide competition for places and raise the intensity in training.

"The long term goal is to continue to develop our own. I will be hoping that every player and staff member is ready to fight and work to better the club every day."

Oxford Gane a point after dream debut strike by Evie

OUWFC

UNITED picked up their first point of the WSL Spring Series after fighting out a 1-1 home draw against Brighton.

Having lost at home in their opener to Everton the yellows were keen to kickstart their campaign.

They made their intentions clear in the first five minutes as captain Lauren Haynes managed to find space before her shot drifted wide of the post.

Striker Ini Umotong thought she had put the U's 1-0 up in the 10th minute after a terrific delivery from a corner but the referee had already blown for a foul.

Umotong was also denied minutes later after being through on goal but was brought down by Albion defender Charlotte Young, who was given a rather lenient yellow card.

Midway through the first half Brighton enjoyed a spell of possession but the away side stood firm with some resolute defending.

Oxford's strong defence was undone in the 32nd minute as Bronwen Thomas struck past United keeper Demi Lambourne to make it 1-0 to the seasiders.

In the 38th minute another chance fell to Umotong but she blasted over the bar.

The yellows started off the second half brightly and were very much in control of the ball. Again Umotong burst forward but was brought down, with the referee waving play on.

Twenty five minutes from the end, Evie Gane made a dream debut by equalising for Oxford.

Oxford Women celebrate Evie Gane's equaliser against the Seasiders

United lose game of Ardley any chances

Ardley United

ARDLEY United succumbed to their first league defeat in five games as they went down 1-0 at home to Lydney Town on Saturday.

In a game of few chances, the first half was one to forget—littered with poor play and a whistle that blew at every challenge.

It took until the 34th minute for any real threat of a goal when a quick Lydney throw saw Lewis Bamford in behind the home defence but as he looked to shoot a blue shirt got across to block and the chance was gone.

Seconds after the restart the home side started brightly as a Jack Ross pass found Leam Howards but he mishooked his shot.

Ardley continued to dominate, enjoying plenty of possession.

But Lydney's solid defending was

rewarded with a penalty 11 minutes from time.

Declan Morley Lyne fired home from the spot to make it 1-0.

Earlier on, Ardley felt they should have been awarded a penalty when Cruise went down in the box but the referee judged it to be just outside.

Ardley remain sixth in the table and they visit league leaders Brackwell next weekend.

Tuesday's Supplementary Cup game with Letcombe was postponed.

Canor McAlany fires in tha best of his three goals at Chesterfield on Saturday as tha U's stormed to s 4 0 win
Picture: *Darrell Fisher*

Dream away trip for play-off chasing U's

Chesterfield 0
Oxford United 4
Hall 17, McAleny 35, 60, 69

Continued from back paga

Shortly afterwards, former Championship heavyweight Sylvan Ebanks-Blake was unlucky with a snap shot on the turn that flew straight over the bar

Just before the break, Liam Sercombe moved forward at pace and then found McAleny who only joined Oxford last month.

He turned on the style with brilliant technique to smash home a bouncing ball into the top left corner to give them a comfortable 2-0 lead.

Oxford continued to dominate at the Proact Stadium way into the second half but Chesterfield, desperate for points at the bottom of the table, started to throw men forward. By the 60th minute, 24-year old McAleny scored his second as the Chesterfield back four failed to close him down. At 3-0 there was no coming back for the home side

Less than 10 minutes later Martinez added his name to the list of Oxford United hat trick heroes as he coolly planted the ball home, assisted by Sercombe.

It could have been worse for Chesterfield Maguire and Martinez both had one on one chances before the end but, regardless, 900 away fans went back to Oxford proud after a triumphant victory

This weekend United are back at the Kassam taking an Bristol Rovers

United bid farewell to 'terrific servant'

LOYAL coach Richard Blackmore has left Oxford United s coaching set-up after nearly twa decades at the club.

The long-serving Blackmore, pictured right, stepped down last week after 17 years with the U's

He left the club immediately from his most recent role as general manager at the academy

United said he "has been a terrific servant of the club" and "will be much missed by everyone behind the scenes"

Over the years Blackmore has held a variety of roles at United, from coach to women s manager.

He told the club website. "I have loved my time at the club and it has been a massive part of my life for so long but I feel the time is right to move on and find a new challenge.

"I am privileged to have met so many fantastic people along the way and am particularly proud of the work we have done to develop the women's team and the pathway for talented young footballers to make their way all the way to the first team.

"I'd like to thank everyone for their help and friendship over the years and wish the club well for the future."

U's chairman Darryl Eales paid his own tribute, saying: "Richard has worked extremely hard behind the scenes and we are going to miss him.

"On behalf of everyone at the club we thank him for everything he has done and wish him well in whatever he chooses to do next.

"He remains a true friend of the club and is welcome back anytime."

Sky to show Wanderers clash

THE Sky Sports cameras will roll up to the Kassam later this month as Oxford United s Sky Bet League 1 home game against Bolton Wanderers has been selected for TV

There is no change to the date with the game still being played on Tuesday, March 21, or to kick-off, which remains at 7.45pm.

Michael Appleton s side returned from Bolton in October with maximum points following an impressive 2-0 win.

Chris Maguire and the now-injured Wes Thomas found the back of the net that day

The game is the second time the Sky cameras have visited the U s this season, after October's 3-1 defeat to AFC Wimbledon

Tickets are also now on sale for United s trip to Oldham on Tuesday, March 14

Get tickets for both games at oufctickets.co.uk or 01865 337533

Will Checkatrade tie lead to Wembley?

OXFORD United were in cup action last night as they pursued a second Wembley appearance in as many years

Last year s finalists in the Johnstone's Paint Trophy travelled to Luton Town in the revamped and renamed Checkatrade Trophy semi-final for the right to return to Wembley on April 2

But to do so, United, who lost to current Championship side Barnsley 3-2 on the hallowed Wembley turf last year have to negotiate a tricky tie at Kenilworth Road

League Two highflyers Luton, who have lost just once in 16 matches and are fifth in the league, have former U's Jonny Mullins and Danny Hylton on their books

A Wembley visit with League One outfit Coventry awaits the victors

Late equaliser gives City well-fought draw

Oxford City

OXFORD City rescued a point in stoppage time to earn themselves a hard-fought draw against promotion chasers Dartford.

The game started slowly with neither side going forward until the 12th minute when Jefferson Louis collected a cross and drove down the right hand side before his attempted cross cannoned off the back of his marker and himself to go behind for a goal kick.

The Hoops were forced to make a change before the half hour mark, with Wilson Carvalho replacing the injured Reece Fleet, who's 160th game celebrations were cut short.

After a 13 minute interruption due to the injury Dartford s best chance of the first half came when Andy Pugh was allowed time and space in the penalty to fire a shot at goal.

The away side were celebrating as they thought they had taken the lead, only for the tantalising shot to hit the side netting.

It was goalless at half time

Dartford were the better of the two sides in the second half showing their promotion credentials when a fine half across the face of goal eluded the attackers legs

The boys from Kent finally took the lead in the 66th minute after Ryan Hayes curled his shot beyond Craig Hill to make it 1-0

City left it late as supersub Ezra Forde equalised in stoppage time to make sure of a memorable debut and secure a point.

SkyBet League 1		GP	GD	PTS
1	Sheffield United	34	26	66
2	Scunthorpe	34	24	61
3	Fleetwood Town	34	18	61
4	Bolton Wanderers	33	17	56
5	Bradford City	35	12	56
6	Millwall	34	8	55
7	Southend United	34	10	53
8	Peterborough United	35	2	50
9	Oxford United	32	9	49
10	Rochdale	32	2	48
11	Bristol Rovers	35	2	46
12	AFC Wimbledon	34	2	46
13	Walsall	34	-3	46
14	Milton Keynes Dons	34	1	43
15	Charlton Athletic	34	4	42
16	Shrewsbury Town	35	11	41
17	Northampton Town	35	-8	40
18	Bury	35	-9	40
19	Gillingham	35	11	38
20	Oldham Athletic	35	-11	39
21	Swindon Town	35	14	36
22	Portvale	32	17	34
23	Chesterfield	34	-25	28
24	Coventry	34	24	25

THE OXFORD PAPER
Sport

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■ Football ■ F1 ■ MotoGP ■ Golf ■ Cricket
■ Alpine skiing ■ Under 11s rugby

Josh Ruffels played his first game for United for a while against Chesterfield just days before signing a new contract Picture: *Darrell Fisher*

U's in-Spired by 4-0 victory

George Scotland *Reporter*

OXFORD United moved within four points of the League One play-offs after thrashing Chesterfield 4-0 on the road on Saturday.

On-loan Everton striker Conor McAleny scored two unbelievable goals before completing a hat-trick in the second half as the City of Dreaming Spires showed their class over the relegation threatened Spirettes.

The Yellows like much of their performances this season, showed great energy from the start with wingers Chris Maguire and Rob Hall terrorising the Chesterfield defence.

And it was Hall who fired Oxford in front after West Ham loanee Toni Martinez made a smart run before storming into the box to square the ball for his team mate who scored with his first touch.

Chesterfield had only really had two good chances in the first 45 when Simon Eastwood made a good save to keep out Kristian Dennis's effort.

Continues on page 79

New contract for Ruffels

AFTER the great result at the weekend there was more good news for United with midfielder Josh Ruffels signing a new contract until June 2018.

The 23-year-old whose contract was due to expire this year has made 19 appearances for Oxford so far, scoring one goal.

The midfielder has been described by head coach Michael Appleton as a trusted member of the squad but has only made one league appearance since October featuring in the 4-0 thrashing away to Chesterfield on Saturday.

Appleton praised Ruffels in December as a 'diamond' and is glad to have kept him for two more years recently saying he was an integral part of the squad.

Despite his limited starts for the club this season the former Coventry City trainee never gave serious consideration to turning down Oxford.

He said "I've been really happy here. My game time has been limited and the thought of going out on loan was in my mind but I think I've made the right decision now."

Before signing a new contract, the former Kidlington schoolboy had been at the club four years joining in June 2013 on a free transfer.

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